



Swimmer of the Month

March Swimmer of the Month - Racing

The March Swimmer of the Month was awarded to the swimmer in each group who best exemplified the value of **Racing**, making the most of all available racing opportunities.

Racing is what the sport of competitive swimming is all about. When racers step up on the blocks, they swim courageously and risk it all for the chance to set a new personal best time. The best swimmers find ways to race and push themselves in both practice and competition. In the training environment, we race our teammates so that we can help each other become better day in and day out. When we step up on the blocks at a meet, we race ourselves and the clock to see what we can do. We have lots of exciting opportunities for racing this year!

- Racing means applying the competitive mindset to everything that you do
- Not just stepping up on the blocks when it counts, but giving it all every day
- The better that you are able to compete in practice, the better you will be at meets!

Congratulations to all of the swimmers winning **Swimmer of the Month** for **March**!

High Performance

Torren Vandersteen





Swimmer of the Month

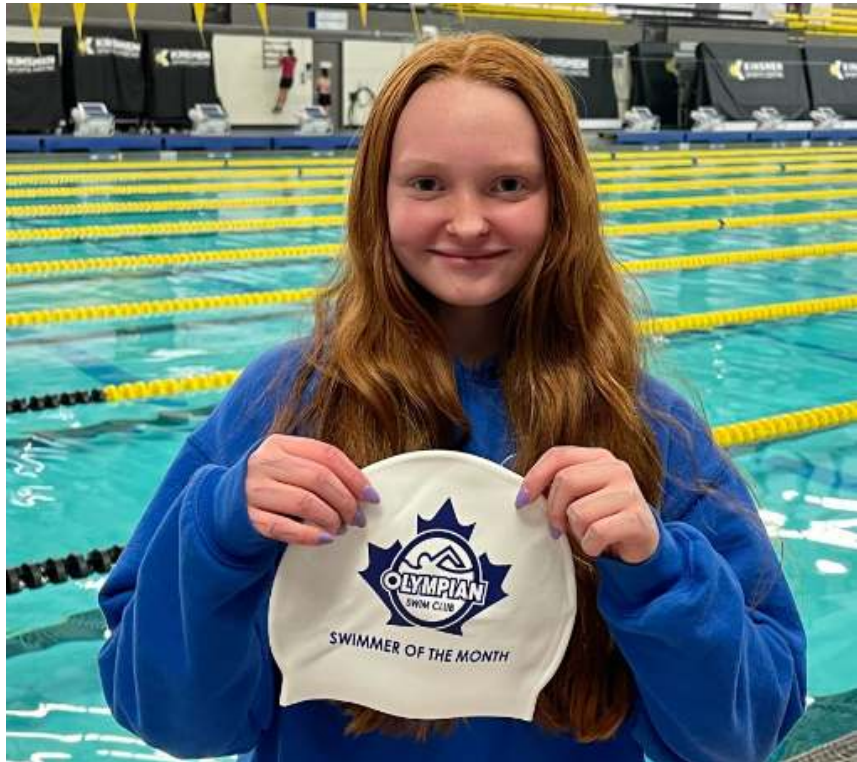
Performance

Breanna White



AGP

Tanner Pratt



FP/GMac JAG

Jamie de Kock



Swimmer of the Month

Terwillegar JAG

Makena Chung



UofA JAG

Veronika Glamuzina





Swimmer of the Month

FP/GMac OW

Gael Morin



Terwillegar OW

Ava Guo





Swimmer of the Month

UofA OW

Alexander Jenkins




FP/GMac JOW

Caleb Gunderson





Swimmer of the Month

<p><u>Terwillegar JOW</u></p>	<p>Chloe Chang</p>
<p><u>UofA JOW</u></p>	<p>Blair Sanderman</p>  A portrait of a young girl with brown hair, smiling, wearing a dark green long-sleeved shirt. The background is a blurred indoor swimming pool.
<p><u>FP/GMac JD</u></p>	<p>Sophia Parpinel</p>  A portrait of a young woman wearing a grey swim cap and goggles, giving two thumbs up. She is wearing a dark blue tank top with the "arena" logo. The background is an indoor swimming pool with other swimmers and yellow flags.



Swimmer of the Month

UofA JD

Grace LeBlanc

