

Winter Provincial Championship March 19-22, 2026 Technical Bulletin

Welcome to Swim Alberta's 2026 Winter Provincial Championships. We are expecting roughly 600 swimmers, so we are looking forward to some great racing! Below is some important information we would like to share with you, please let us know if you have any questions or require further clarification on any points.

REGISTRATION & FACILITY ACCESS:

Registration will take place on Thursday morning, between 7:00 am and 8:00 am.

Each team will receive a package of bag tags for distribution to their swimmers, picked up by the Meet Manager office, under the large scoreboard. Swimmers are requested to use these tags to access the facility for every session.

All attendees: Main Entrance and through the Kinsmen Sports Centre Cafeteria to the pool viewing area.

Athletes, Coaches and Officials/Volunteers will access the pool deck using the staircase by the Kinette Room (towards Door 6).

PARKING & MAP:

- Facility Users & Accessible Parking: Available in the West Lot.
- Event Designated Parking: Available in the East Lot.
- Overflow Parking: Additional parking will be available as needed.
- Bus Parking: Dedicated bus parking areas will be clearly marked with signage. A parking attendant will be on-site to provide guidance and assistance as required.



COACHES MEETING:

The coaches' meeting will take place by the Meet Manager office, under the large scoreboard, on **Thursday March 19 at 7:15am.**

GENERAL POOL & WARM UP INFORMATION:

- All 50m events will start under the Large Scoreboard.
- All 100m+ events will start from the Deep Tank end.
- Lane 0 will be reserved for Para swimmers who require more space during the competition warm-up.

WARM UP INFORMATION (COMPETITION POOL)

<i>Date</i>	<i>Session</i>	<i>General Warm-Up</i>	<i>Backstroke Ledge (1 & 9) Dive Lanes (2 & 8) Pace Lane (7)</i>
<i>Thursday, March 19</i>	<i>Preliminaries</i>	<i>7:30 am– 7:55 am</i>	<i>7:55 am – 8:20 am</i>
<i>Thursday, March 19</i>	<i>Finals</i>	<i>3:30 pm – 3:55 pm</i>	<i>3:55 pm – 4:20 pm</i>
<i>Friday, March 20</i>	<i>Preliminaries</i>	<i>7:30 am– 7:55 am</i>	<i>7:55 am – 8:20 am</i>
<i>Friday, March 20</i>	<i>Finals</i>	<i>3:30 pm – 3:55 pm</i>	<i>3:55 pm – 4:20 pm</i>
<i>Saturday, March 21</i>	<i>Preliminaries</i>	<i>7:30 am– 7:55 am</i>	<i>7:55 am – 8:20 am</i>
<i>Saturday, March 21</i>	<i>Finals</i>	<i>3:30 pm – 3:50 pm</i>	<i>3:50 pm – 4:15 pm</i>
<i>Sunday, March 22</i>	<i>Preliminaries</i>	<i>7:30 am– 7:55 am</i>	<i>7:55 am – 8:20 am</i>
<i>Sunday, March 22</i>	<i>Finals</i>	<i>3:30 pm – 3:55 pm</i>	<i>3:55 pm – 4:20 pm</i>

WARM-UP LANES (TRAINING POOL)

Lanes in the training pool will be available during all warm-up and competition sessions, as per the schedule below:

- March 19 – 6 x 25m
- March 20-22 – 3 x 50m

DISTANCE EVNTS:

The 800 & 1500 freestyle will be senior seeded, timed finals and require positive check-in by the deadlines listed below.

<u>Day</u>	<u>Event</u>	<u>Check-in Deadline</u>
Thursday, July 24	800 Freestyle	8:30 am
Sunday, July 27	1500 Freestyle	8:30 am

Relays

Relay events are time finals and will be swum by category, seeded slow to fast. The deadlines for name submission and name changes are below.

Day	Event	Name Submission Deadline*	Name Change Deadline
March 19	4x200 Free	4:30 pm	5:30 pm
March 21	4x100 Free	4:30 pm	5:30 pm
March 22	4x100 Medley	4:30 pm	5:30 pm

**Relay names submitted through the entry file are considered confirmed. Any known changes should be submitted prior to the name submission deadline when possible.*

Finals Order

All finals will run in the following order for each gender, all female events and all male events.

- Open Final
- Age Group Final
- Para Final (where applicable)

Para Swimmer Awards

- Para awards for the heats and finals events (50 Free, 100 Free, 50/100 Back, 50/100 Breast, 50/100 Fly, 150/200 IM) will be presented during finals after the event has finished and scoring is confirmed, regardless of the number of swimmers entered.
- Time final Para medal winners (200/400 free) will be recognized prior to final on Friday (Time Final Awards schedule)

TIME FINAL AWARDS:

- Individual Timed Final awards will be presented prior to O Canada for the previous day's events.
 - 4:15 pm – Friday, March 20– 800 Free
 - 4:15 pm – Friday, March 20 – Time Final Para Awards (200/400 Freestyle)
 - 4:15 pm – Sunday, March 22
 - Relay Time Final awards can be picked up at the awards table. 4:15 pm – Friday, March 20– 4x200 Free Relay
 - 4:15 pm – Sunday, March 22 – 4x100 Free Relay
 - End of session – Sunday, March 22 – 100 Medley Relay
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- Age Group High Point Awards
 - End of Session- Sunday, March 22

- To be followed by swimmer of the meet and club awards

YOUTH RECOGNITION:

Swimmers aged 13-17* who have achieved a Youth Recognition time standard for their age at the time of performance, from September 1, 2025, will receive a T-Shirt and will be acknowledged prior to the start of Sunday finals. Swimmers can achieve the time standard during the competition.

Youth Recognition time standards are published on the [Swim Alberta Time Standard Page](#).

All swimmers who are receiving the Youth Recognition Award will meet under the scoreboard at 4:10 pm on Sunday, March 22.

Coaches can scan the QR code to add swimmers on the Youth Recognition List.



**Festival Age Swimmers who have achieved a new time standard or are now 13 years of age qualify to receive a shirt. All remaining festival age swimmers should have received their shirt at the festival.*

OTHER IMPORTANT POINTS TO NOTE:

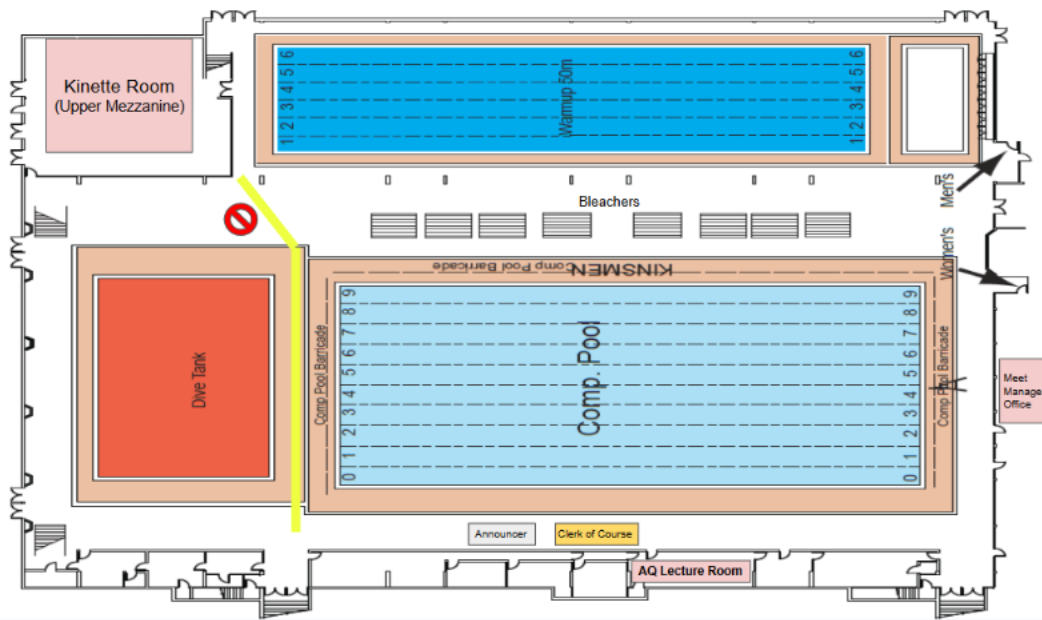
- Para Swimmers with lower classification numbers entered in the para events will race the shorter distance starting from the start end. (e.g. S1-S5 will race the 50m backstroke while S6-S14 race the 100m backstroke).
- On Sunday the facility does not open until 7:00 am.
- Results will be posted on Meet Mobile* and at the scoreboard end of the bleachers.

**Meet Mobile results are unofficial.*

- Heat sheets will be provided to coaches and officials. Heat sheets will be available on Meet Mobile.

- Please remind all swimmers of the warmup rules, as they will be adhered to during each warmup session.
- Hospitality will be run out of the Kinette Room for officials, volunteers, and coaches.
- Please remind your team to use the garbage bags and recycling receptacles provided. The facility requests that bleachers are cleared of all garbage by the end of each session. It would be greatly appreciated if you could assist us in this area.
- Please note that any swimmers added to the swim meet after the entry deadline are not represented on apparel sold by Esquire. This is due to the timing needed to produce the graphic.

MAP OF THE FACILITY:



SCRATCHES:

As per the Swim Alberta Scratch Rule All scratches must be submitted using the online scratch form.

FUNDRAISING:

50/50 OSC

BANNERS:

Clubs are permitted to display banners on both sides of the pool during the meet. All banners must be removed promptly at the conclusion of the event.

Finals Announcer – Swimmer Information Form Winter Provincial Championships

Please submit this form to Anna Naumova anaumova@swimalberta.ca Tank for use by the final's announcer. Information should be regarding items of significant interest for clubs or individual swimmers. The information will be used, if possible, based on the flow of finals and the outcome of the races.

Club:

Swimmer 1:
Highlights

Swimmer 2:
Highlights

Swimmer 3:
Highlights