

# Olympian Swim Club Summer Camps



We're thrilled to have you here!

Our goal for the Olympian Swim Club (OSC) Summer Camps is to provide an opportunity for new and current swimmers to get back in the water, improve their swimming skills, and either continue or begin to develop a love of sport.

Our coaches will create a safe and welcoming atmosphere filled with positivity and foster a love for swimming and exercise. Time spent in the water will be centered around technique, skill development, and in-water games. Time spent out of the pool will include games and activities that strengthen balance and coordination.

In this document, you will find general information and frequently asked questions. Please direct any questions to our Program Coordinator at [minio@olympianswimclub.com](mailto:minio@olympianswimclub.com) or to the Head Age Group Coach at [ehsan@olympianswimclub.com](mailto:ehsan@olympianswimclub.com).

We look forward to seeing your swimmer this summer!

Sincerely,  
OSC Administrative and Coaching Staff

# Olympian Swim Club Summer Camps



## Times, Location & Structure

We will be offering four week-long camps at the Kinsmen Sports Centre this coming August, from 12:30pm to 6:00pm / 12:30pm to 6:30pm on Monday to Friday on the following dates:

- Week 1: August 4 - 7
- Week 2: August 10 - 14
- Week 3: August 17 - 21
- Week 4: August 24 - 28

There will be two types of camps: Mini O and Competitive, with the following schedules:

Mini O	
12:30pm - 12:45pm	Sign in
1:00pm - 2:00pm	Swim 1
2:00pm - 3:30pm	Dryland 1
3:30pm - 4:30pm	Swim 2
4:30pm - 6:00pm	Dryland 2
6:00pm - 6:15pm	Sign out
Competitive	
12:30pm - 12:45pm	Sign in
1:00pm - 2:00pm	Dryland 1
2:00pm - 3:30pm	Swim 1
3:30pm - 4:30pm	Dryland 2
4:30pm - 6:30pm	Swim 2
6:30pm - 6:45pm	Sign out

Sign in and sign out will be by the Kinsmen front doors - look for the OSC sandwich sign!

**Parents will be required to sign their children in and out each day, or designate another person to do so for them, but must provide valid, government issued ID.** Please let our Program Coordinator or Office know if you are unable to attend one day or need to drop off late.

Participants will enjoy a balance of in-water and dryland sessions, focusing on strength, balance, and skill development both in and out of the water. Most importantly, the emphasis will be on FUN.

Our goal is to help swimmers not only learn new skills but also develop a lasting love for being active.

All of our OSC coaches are certified with their NCCP Level 1, Community Coach certificate or I Can Swim certificate, and have taken their SafeSport certification. All volunteers will have their SafeSport certification.

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## Facility Information

Kinsmen Sports Centre:

Address: 9100 Walterdale Hill, Edmonton, AB T6E 2V3

*For parents/guardians wanting to stay at the facility, there is a large viewing area upstairs, as well as a cafeteria area.*

Perks about the Kinsmen Sport Centre:

- Free parking
- Close to downtown, central location for all families
- Lots of walking trails and outdoor activities (playground, spray park, outdoor pool)
- Various fitness facility options for parents to enjoy

## Eligibility

Swimmers must be minimum 5 years of age and must be comfortable swimming unsupported for at least 15 metres (ie. no floaties, lifejackets, or additional personnel) to participate in our Mini O camps. New swimmers will be assessed on the first day of camp, and returning swimmers will be assigned to the level they were most recently assessed at.

Swimmers between the ages of 12 and 14 may apply to schedule an assessment for the competitive camps. An assessment is required to participate in the competitive camps.

## Fees

Camp Type	Cost
Mini O	\$185 per week
Competitive	\$250 per week

Swimmers that have not participated in the 2025/26 season will also be charged an additional one-time fee of \$47.03 for Swim Alberta registration and insurance. **This registration fee will only apply to the 2026 summer camps.**

The cost of each camp covers the rented pool space, technical and fitness coaching, and dryland athletic development. Each child will also receive a summer camp t-shirt and OSC swim cap!

## Registration

Pre-registration for members registered in the 2025-26 season will open at 8:00am on Monday, June 1, 2026. General registration will open at 8:00am on Monday, June 8, 2026. All registration is to be completed through the OSC website.

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### Equipment

Here is a list of items your child should come with each day:

- Swimsuit(s)
- Towel(s)
- Goggles
- Hat
- Sunscreen
- Water bottle (can be refilled at the pool)
- Additional snacks (enough to last them the afternoon, snacks specific for any dietary concerns)
- Anything else your child may require for their individual needs

Parents are strongly encouraged to send their children with snacks to enjoy throughout the day and a refillable water bottle.

### Safety

As with any camp, you are leaving your child in our care and can trust that they will be safe with us. Here are the safety precautions we will be taking to put your mind at ease and ensure your child stays safe:

- Head counts (not letting children out of our sight, but still allowing the kids to have fun).
  - To ensure all children are safe and accounted for, the coaches will record a head count every 15 minutes. This will not interfere with any swimming, exercise, or play.
- Coaches will have parent info and emergency contact info on hand.
  - The Program Coordinator, Head Age Group Coach, and our coaches will have all emergency contact information should it be required.
- Coaches will be equipped with first aid kits.
- When on the pool deck, there will be lifeguards trained in CPR and First Aid.
- The camps will not be leaving the respective facility grounds (Kinsmen Sports Centre).
- The coaches will have their cell phones on them at all times to communicate with each other, if needed, and for emergency purposes only.

**Please note that coaches will not be allowed to administer any medication your child may require.**

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### Frequently Asked Questions (FAQ)

**Q: Do I (Parent/Guardian) have to stay at the facility while my child is at the camp?**

*A: No. When your child is at the camp, you can choose to stay and watch or leave. During camp time, they will be in the care of the OSC staff.*

**Q: Can I register my child for more than one camp?**

*A: Yes. Camp spots are on a first come first serve basis. Please reach out to the Program Coordinator at [mino@olympianswimclub.com](mailto:mino@olympianswimclub.com) or the OSC office at [office@olympianswimclub.com](mailto:office@olympianswimclub.com) if you are experiencing any issues doing do online*

**Q: How many spots are available each week?**

*A: We offer 60 spots for the Mini O camps and 24 spots for the Competitive camps weekly.*

**Q: What if my child completes the camp and passes all the skills for the next level?**

**Can they move up to the next level for the next session or season?**

*A: Yes! At the end of the week, coaches will be assessing swimmers to submit a recommendation for the next session/season.*

*If they have successfully performed all of the skills on the respective checklist, their coaches will recommend that they move on to the next level. Please note this may only happen for Mini O's level swimmers (not current JOW, AGD, OW, or JAG).*

*\* Competitive camp participants will require an additional assessment prior to registration in the competitive program.*

**Q: Do I need to pay facility admission for the camps?**

*A: No. Admission is not required, as the cost of bookings is covered by the registration fee.*

**Other questions?**

Please contact our Program Coordinator at [mino@olympianswimclub.com](mailto:mino@olympianswimclub.com) or our Head Age Group Coach at [ehsan@olympianswimclub.com](mailto:ehsan@olympianswimclub.com)