



OSC BLUE & WHITE
SUNDAY, JUNE 22, 2025
Kinsmen Sports Centre, 9100 Walterdale Hill
Edmonton, AB Canada
Sanction #: 56160

MEET INFORMATION

OSC BLUE & WHITE is a 1 day timed finals intersquad swim meet that is open to OSC swimmers only.

- All eligible (JD, JOW, OW, JAG, Provincial, Senior Competitive, National) OSC swimmers are highly encouraged to register and attend. This is a great opportunity to celebrate our swimming community and close out the 2024-2025 season.
- In addition to being a fun way to end the season OSC BLUE & WHITE will also serve as a “last chance” meet for swimmers aiming for provincial trials or championship times.

Meet Date & Schedule	Entry Deadline	Scratch Deadline	Entry Fee Deadline
Sunday, June 22, 2025 Warm-up: 1:00-1:40pm Start: 1:45pm	Monday, June 9, 2025	Monday, June 16, 2025	All meet entry fees must be paid by 1:15pm on the day of the meet

CONTACTS

Meet Manager: Shane Downey, shane@olympianswimclub.com

Club Contact: Shane Downey, shane@olympianswimclub.com

Officials Coordinator: Sue Cabigon, officials@olympianswimclub.com

Entries: Tammy Niina, entries@olympianswimclub.com

Referees: Sue Buhler, suebuhler1968@gmail.com & Donna Cole, robanddonna@shaw.ca

FACILITY

One 8 lane 25m pool for competition

Two 8 lane 25m pools for warm-up

Three 25m lanes for warming-up/cooling-down throughout the meet

Free parking but limited

Free day use lockers

Upper deck bleacher seating for spectators; **spectators are NOT permitted on deck**



ENTRIES

OSC will accept a minimum of 100, and a maximum of 225 swimmers. Swimmers must be registered with Swimming Canada. The Meet Manager reserves the right to limit entries. All entries must be emailed to the Entries Coordinator.

The age-up date for each session is the date the meet runs. All events will be swum as **open** and **mixed gender**.

Swimmers may enter a **maximum of 3 events** provided only one of the three (3) events is a 200m, 800m, or 1500m. Swimmers may enter a **maximum of 2 events if both events are a 200m, 800m, and/or 1500m**

The 800m & 1500m are time trial events and are by invitation only. There will be a combined maximum of 8 entries (for example, 5 swimmers in the 1500m & 3 swimmers in the 800m). Coaches must confirm with the OSC Assistant Head Coach if a swimmer in their training group can participate in the 800m or 1500m.

Deck entries may be accepted in exceptional circumstances only and are at the discretion of the Meet Manager. They will not be permitted in events where an additional heat would be created. The entry fee for a swimmer not already entered in the meet is \$60.

Official split requests may be permitted in exceptional circumstances only and are at the discretion of the Meet Manager.

Relay teams (A, B, C...) should be submitted with entries. Swimmer names for relay teams are due to the Administration Desk 90 minutes prior to the anticipated start of the first relay based on the session report. Relay team scratches are also due at this time.

ENTRY FEES

\$40 per swimmer for the meet.

Entry fees are non-refundable after the scratch deadline (June 16, 2025) except with a medical note.

Entry fees are to be paid via etransfer (finance@olympianswimclub.com) or cheque payable to "Olympian Swim Club" prior to 1:15pm on the day of the meet.

RULES

The meet will be conducted under published World Aquatics rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate, will also apply.

Results will be posted on Swimming Canada's website following the conclusion of the meet.

WARM-UP PROCEDURES

Swimming Canada warm-up competition safety procedures will be in effect at this meet.

Warm-up is from 1:00pm-1:40pm

Lanes 1, 2, 3, 7, & 8 will be cleared and used for dive lanes for the last 15 minutes of the warm-up (1:25-1:40).

Lanes 4, 5, & 6 will remain available for warm-up for the last 15 minutes of warm-up (no diving at any time)

Warm-up will end 5 minutes prior to the start of the meet (1:40pm).



DIVING RULES

50m, 100m, 200m, 800m, 1500m events: Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Facility Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.

25m events: Starts will be conducted from the deck as per Canadian Facility Rule C16.1.4.1 and Swimming Canada's Swimming Rule 4.1.1.

In-water starts will be conducted as per Swimming Canada's Swimming Rule 4.1.2.

During competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved. Backstroke ledges will **NOT** be used at the meet.

SCRATCHES

No refunds for scratched events after the Scratch Deadline except with medical verification.

The Swim Alberta Scratch rule will be in effect for this competition. Late scratches are to be submitted to the Clerk of the Course by 1:00pm. Refunds will not be issued for late scratches.

SAFE SPORT

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

SWIMWEAR AT COMPETITIONS

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta.

It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

PHOTOGRAPHY/VIDEOGRAPHY

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency.

Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found at <https://www.swimming.ca/event-resources/>.

POOL DECK AND LOCKER ROOM ACCESS FOR ATHLETES, COACHES, AND OFFICIALS

Kinsmen Sports Centre requires all swimmers, coaches and officials to remove soiled outside footwear before walking on the pool deck. Locker rooms are open to the public.

Only meet officials, meet volunteers, swimmers, and coaches are permitted on the pool deck. Spectators must view from the upper viewing area.



ORDER OF EVENTS

- 1 - 800m Mixed Open Freestyle (will swim with 1500m)
- 2 - 1500m Mixed Open Freestyle (will swim with 800m)

- 3 - 25m Butterfly Mixed Open
- 4 - 50m Butterfly Mixed Open
- 5 - 100m Butterfly Mixed Open
- 6 - 200m Butterfly Mixed Open

- 7 - 50m Backstroke Mixed Open
- 8 - 100m Backstroke Mixed Open
- 9 - 200m Backstroke Mixed Open

- 10 - 25m Breaststroke Mixed Open
- 11 - 50m Breaststroke Mixed Open
- 12 - 100m Breaststroke Mixed Open
- 13 - 200m Breaststroke Mixed Open

- 14 - 50m Freestyle Mixed Open
- 15 - 100m Freestyle Mixed Open
- 16 - 200m Freestyle Mixed Open

- 17 - 100m IM Mixed Open
- 18 - 200m IM Mixed Open

- 19 - 200m (4 X 50m) Freestyle Mixed Open Relay

Olympian Swim Club
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