



Swimmer of the Month December

Improvement

The December Swimmer of the Month is awarded to the swimmer in each group who best exemplified the value of **Improvement**.

Improvement is what the sport of swimming is all about. Improvements in skills lead to big improvements in times, which lead to big improvements in confidence.

One of the most amazing parts about the sport of swimming is that there are so many different ways to get better on an everyday basis! Chasing improvement every day is so important to a coach:

- Swimmers need to have the attitude that they are coming to practice to improve
- They need to take every opportunity to improve their starts, turns, and finishes
- Their knowledge of the sport evolves with them, and they always want to learn!
- They understand that no skill will ever be perfect, but they always aim for better.

Improvement is more than just a skill, it's the value on which everything else is built. Even if you get last in your heat, if you get a best time then you will be the happiest swimmer in the pool. Congratulations to all of the swimmers winning Swimmer of the Month for December!



Nationals

Emmitt Kingston



Provincials

Leo Wang



Senior Competitive

Alexander Jenkins



Regionals

Ivy Maguire



BJRC Junior Age Group

Maicha Yee



Fountain Park Junior Age Group

Backham Dodd



U of A Junior Age Group

Emily Philipenko



BJRC Olympic Way

Alice Ternovetsky



Fountain Park Olympic Way

Aisting Alrich



U of A Olympic Way

Manessa Elmadany



BJRC Junior Olympic Way 1

Zoey Wang



BJRC Junior Olympic Way 2

Marlee Sorenson



Fountain Park Junior Olympic Way 1

Isaiah Bodet



Fountain Park Junior Olympic Way 2

Mariia Horobets



MacEwan Junior Olympic Way

Bennett Calpito



U of A Junior Olympic Way

Rylynn McGrath



Fountain Park Age Group Development

Stella Jabubik



MacEwan Age Group Development

Roman Myazin



U of A Age Group Development

Brooke Bawolin