



Swimmer of the Month

February

Dedication

The February Swimmer of the Month is awarded to the swimmer in each group who best exemplified the value of **Dedication**, fully participating in workouts and racing opportunities.

Dedication is a cornerstone of the OSC club philosophy. It takes effort and dedication to improve your swimming; without it, there can be very little skill development and success.

Swimmers that show up to practice consistently have more opportunities to improve; they also tend to show higher rates of improvement. The workouts are the first step in being able to go up to the blocks and give it your all. The competitive schedule is designed to give each swimmer the opportunity to see progress.

- Dedication means that swimmers are showing up to as many practices as possible
- It is important to not only show up each day but give it your all
- Taking advantage of every opportunity can boost your confidence at your next meet

Congratulations to all of the swimmers winning Swimmer of the Month for February!



National

Sebastien Valera



Provincial

Jatiana Cockwill



Senior Competitive

Zeenah Khazaal



Regional

Evan Brake



BJRC Junior Age Group

Anisha Minhas



Fountain Park Junior Age Group

Mila Andriuk



U of A Junior Age Group

Kai Rymer



BJRC Olympic Way

Chloe Yu



Fountain Park Olympic Way

Mara Silvoza



U of A Olympic Way

Phoebe Yeung



BJRC Junior Olympic Way 1

Hanna Xu



BJRC Junior Olympic Way 2

Aeratynn Magega



Fountain Park Junior Olympic Way 1

Lizzie Neilson



Fountain Park Junior Olympic Way 2

Ataric Lavallee



MacEwan Junior Olympic Way

Arianna Theal



U of A Junior Olympic Way

Brooklyn Philipenko



Fountain Park Age Group Development

Gracyn Chomyshen



MacEwan Age Group Development

Elizabeth Cha



U of A Age Group Development

Quintus Sam Fung