



Swimmer of the Month

March

Racing

The March Swimmer of the Month is awarded to the swimmer in each group who best exemplified the value of **Racing**, making the most of all available racing opportunities.

Racing is what the sport of competitive swimming is all about. When racers step up on the blocks, they swim courageously and risk it all for the chance to set a new personal best time.

The best swimmers find ways to race and push themselves in both practice and competition. In training, we race our teammates so that we can help each other become better day by day. When we step up on the blocks at a meet, we race ourselves and the clock to see what we can do. We have had, and will continue to have lots of exciting opportunities for racing this year!

- Racing means applying the competitive mindset to everything that you do
- Not just stepping up on the blocks when it counts, but giving it all every day
- The better that you are able to compete in practice, the better you will be at meets!

Congratulations to all of the swimmers winning Swimmer of the Month for March!



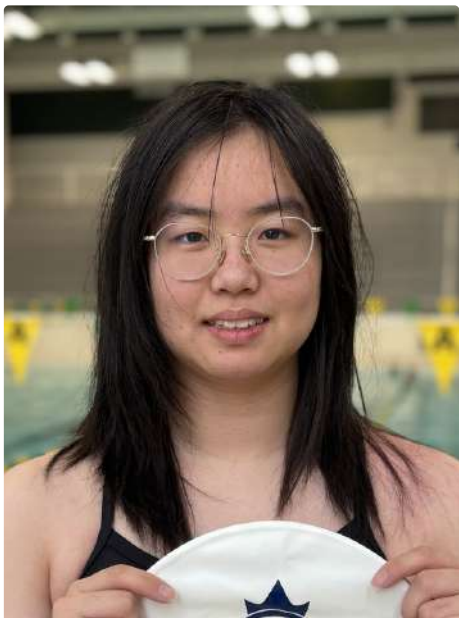
National

Joshua Bodet



Provincial

Tao So



Senior Competitive

Alice Liu



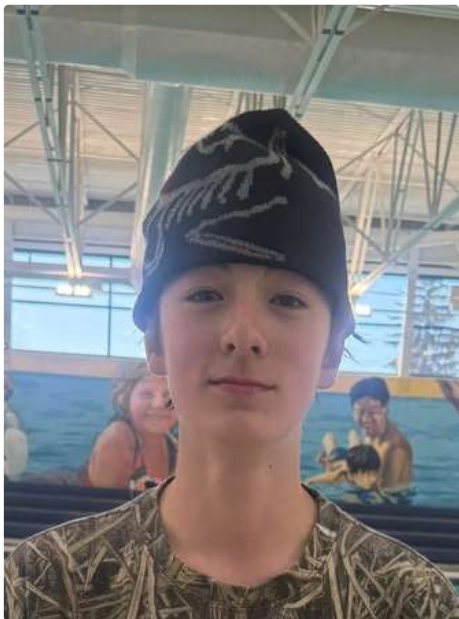
Regional

Owen Tchir



BJRC Junior Age Group

Lily Carmichael



Fountain Park Junior Age Group

Zenon Andriuk



U of A Junior Age Group

Jeremy Tchir



BJRC Olympic Way

Alice Giuffre



Fountain Park Olympic Way

Dexter Kingston



U of A Olympic Way

Isaac Li



BJRC Junior Olympic Way 1

Elliott Zylstra



BJRC Junior Olympic Way 2

Lily MacLean



Fountain Park Junior Olympic Way 1

Mila DeRock



Fountain Park Junior Olympic Way 2

Mila Fry



MacEwan Junior Olympic Way

Ayrik Zarei



U of A Junior Olympic Way

Nicholas Ahmad



Fountain Park Age Group Development

Kate Wood



MacEwan Age Group Development

Mattews Cha



U of A Age Group Development

Christopher Van Pighem