OSC 12 & Under Series 2026-27
Meet Information Package Meet # 1 in Series
Kinsmen Sports Centre, 9100 Walterdale Hill
Edmonton, AB Canada
SANCTION #66594

SERIES INFORMATION:

Welcome to the OSC 12 & Under Series for the 2026-2027 season hosted by the Olympian Swim Club! This is a 4-meet series full of fun racing for swimmers. Our mission is to give young novice swimmers a chance to enjoy competitive swimming while striving to improve at each meet throughout the year.

Swimmers who have achieved a Swim Alberta Provincial Trials time standard are ineligible for this meet. Dates for the meets in the series and important deadlines are as follows:

	Meet Date	Entry Deadline	Scratch Deadline	Entry Fee Deadline
#1	Sunday November 1, 2026	Monday October 19, 2026	Monday, October 26, 2026	All meet entry fees must be paid by 1:15pm on the day of the meet.
#2	Sunday January 10, 2027	Monday December 28, 2026	Monday January 4, 2027	
#3	Sunday, April 11, 2027	Monday March 29, 2027	Monday April 5, 2027	
#4	Sunday May 16, 2027	Monday May 3, 2027	Monday May 10, 2027	

CONTACTS: *FOR MEET # 1 OF THE SERIES*

Meet Manager for #1, Sunday November 1, 2026 Caitlin Whitson, catewhitson@gmail.com,
OSC Office Administrator: Cassandra Wong office@olympianswimclub.com
Officials Coordinator: Kristen Demers, officials@olympianswimclub.com
Entries: Gabriel Yeung, entries@olympianswimclub.com
Referee: Alana Shrubsole-Cockwill, ashrubsole@hotmail.com

Olympian Swim Club
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Phone: 780-455-8457 | Email: office@olympianswimclub.com | Web: www.olympianswimclub.com

SCHEDULE:

Warm-up	1:00 pm to 1:40 pm
Start	1:45 pm
Finish	Approx. 6:00pm (subject to change based on entries)

FACILITY:

Kinsmen Aquatic Centre

One 8 lane 25m pool for competition
Two 8 lane 25m pools for warm-up
Two 25m lanes for warming-up/cooling-down throughout the meet
Free parking available; spaces are limited
Free day-use lockers available (bring your own lock or check at the facility desk
Upper deck bleacher seating for spectators; spectators are NOT permitted on deck
Vending machines onsite

ENTRIES:

OSC will accept a minimum of 100, and a maximum of 320 swimmers. Swimmers must be registered with Swimming Canada. The Meet Manager reserves the right to limit entries.

All events will be swum as open and mixed gender. Swimmers may enter a maximum of 3 events. Only ONE of these is permitted to be a 100m OR 200m. The 200m events are limited to swimmers who have achieved the OSC 12 & Under Novice Series Time Standard (see page 7). For example, to swim the 200m backstroke, athletes must have the standard in the 100m backstroke for their age. The age-up date for each session is the date each meet runs.

Seeding is by age groups and slowest to fastest. The 100m & 200m events will be swum 12 & under.

All entries must be submitted and validated through REMS, the Swimming Canada online system (https://www.swimming.ca/).

Scratches and questions regarding entries can be sent to entries@olympianswimclub.com.

Deck entries will be accepted in exceptional circumstances only. They will not be permitted in events where an additional heat would be created. The entry fee for a swimmer not already entered in the meet is $60.

All entries must be submitted through the Swimming Canada online system. Swimmer Deck Entries may be permitted by Meet Management. Deck entries must include proof that the swimmer is fully registered with Swimming Canada.

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Swim Test Requirement: All swimmers aged 8 & under are required to successfully complete a swim test prior to competing. Swimmers who have not completed the swim test will not be permitted to compete in the meet.

ENTRY FEES:

$45 per swimmer for each meet in the series.

Entry fees are non-refundable after the scratch deadline except with a medical note.

Entry fees are to be paid via e-transfer (finance@olympianswimclub.com) or cheque payable to “Olympian Swim Club” prior to 1:15pm on the day of the meet. Please include the club’s name in the payment notes.

RULES:

The meet will be conducted under published World Aquatics and/or World Para Swimming rules and regulations supplemented by published and approved Swimming Canada and Swim Alberta rules and regulations. In addition, this meet package shall outline all changes to and specific application of the published rules. Swim Alberta policies and procedures, where appropriate will also apply.

Competition and Diving Readiness Standards Entry for the competition is limited to participants who have passed Swim Alberta’s Competition Swim Test. During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

All Clubs entering this competition are required to submit a Club Verification Form stating that all swimmers entered in this competition have completed Swim Alberta’s Competition Swim Test. Entries will not be accepted from Clubs who fail to provide this form.

Results will be posted on Swimming Canada’s website following the conclusion of the meet.

WARM-UP PROCEDURES:

Swimming Canada warm-up competition safety procedures will be in effect at this meet. Complete details can be found HERE.

The Meet Manager will assign warm up lanes to teams to be used for the first 25 minutes of warm-up (1:00 - 1:25 pm).

Lanes 1, 2, 3, 6, 7, & 8 will be cleared and used for dive lanes for the last 15 minutes of the warm-up (1:25 -1:40 pm). Lanes 4 & 5 may be used for the last 15 minutes of the warm-up by any team (1:25 -1:40 pm).

Warm-up will end 5 minutes prior to the start of the meet (1:40 pm).

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DIVING RULES:

50m, 100m & 200m events - Starts will be conducted from Starting Platforms (blocks) as per World Aquatics Faculty Rule 16.1.4, 16.1.8 and Swimming Canada's Swimming Rule 4.1.

25m events - Starts will be conducted from the deck or Bulkhead as per Canadian Facility Rule C16.1.4.1 and Swimming Canada's Swimming Rule 4.1.1.

In-water starts will be conducted as per Swimming Canada's Swimming Rule 4.1.2.

During the competition, swimmers should dive at the Dive Readiness Progression skill level they have achieved.

Backstroke ledges will **NOT** be used at the meet.

SCRATCHES:

The Swim Alberta Scratch rule will be in effect for this competition. Late scratches are to be submitted to the Clerk of the Course by 1:00pm. Refunds will not be issued for late scratches except with medical verification..

SAFE SPORT:

All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both "open" and "observable" to others.

SWIMWEAR AT COMPETITIONS:

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Alberta. It is not required to declare the choice of swimwear to the Referee if the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

PHOTOGRAPHY/VIDEOGRAPHY:

To minimize risk, all photographs and video taken at Swimming Canada and Swim Alberta sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

The full details on the Event Photography and Videography Procedure can be found HERE

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MISCONDUCT As of August 31, 2026 Swimming Canada Part II 2.3.2. The “misconduct” shall include but is not limited to (C.2.3.2.1):

- Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
- Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
- Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.

The Referee may disqualify a swimmer for such misconduct.

AWARDS & RECOGNITION:

Bell Heats: Select heats throughout the meet will be designated as Bell Heats. The winner of each Bell Heat will receive a prize, and the bell prize volunteer will ring the bell to signal the heat. Bell Heats are intended to encourage fun, spirited racing and sportsmanship.

“I Beat My Time” Ribbons: Swimmers who achieve a personal best time in any event will receive an “I Beat My Time” ribbon. Timekeepers will distribute these ribbons immediately following each race.

POOL DECK AND LOCKER ROOM ACCESS:

Kinsmen Sports Centre requires all participants, coaches and spectators to remove soiled outside footwear before walking on the pool deck. Locker rooms are open to the public. Only meet officials, swimmers and coaches are permitted on the pool deck. Spectators must view from the upper bleachers.

TEAM SEATING & BANNERS:

Teams will be located on the pool deck behind the coaches’ tables. It is expected that all teams will keep the team area clean and use the provided garbage and recycle bins. Team banners are welcome in designated areas.

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AGE GROUPS

7 & under
8 years
9 -10 years
11 -12 years

ORDER OF EVENTS

1 - 7 & under 25m Freestyle
2 - 8 years 50m Freestyle
3 - 9-10 years 50m Freestyle
4 - 11-12 years 50m Freestyle

5 - 7 & under 25m Butterfly
6 - 8 years 25m Butterfly
7 - 9-10 years 25m Butterfly
8 - 9-10 years 50m Butterfly
9 - 11-12 years 50m Butterfly

10 - 7 & under 25m Backstroke
11 - 8 years 50m Backstroke
12 - 9-10 years 50m Backstroke
13 - 11-12 years 50m Backstroke

14 - 7 & under 25m Breaststroke
15 - 8 years 25m Breaststroke
16 - 8 years 50m Breaststroke
17 - 9-10 years - 50m Breaststroke
18 - 11-12 years - 50m Breaststroke

19 - 12 & under 100m Freestyle
20 - 12 & under 100m Butterfly
21 - 12 & under 100m Backstroke
22 - 12 & under 100m Breaststroke
23 - 12 & under 100m Individual Medley

24 - 12 & under 200m Freestyle*
25 - 12 & under 200m Butterfly*
26 - 12 & under 200m Backstroke*
27 - 12 & under 200m Breaststroke*
28 - 12 & under 200m Individual Medley*
* Refer to OSC 12 & Under Novice Series 200m Entry Standards (pg. 7)

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GIRLS							BOYS				
8&U	***Age 9***	***Age 10***	***Age 11***	***Age 12***	***Event:***		***8&U***	***Age 9***	***Age 10***	***Age 11***	***Age 12***
1:45.30	1:43.30	1:41.30	1:39.30	1:37.30	**100 Free**	**SC**	1:39.60	1:37.60	1:35.60	1:33.60	1:31.60
1:47.30	1:45.30	1:43.50	1:41.50	1:39.50		**LC**	1:41.50	1:39.50	1:37.50	1:35.50	1:33.50
1:58.30	1:56.30	1:54.30	1:52.30	1:50.30	**100 Back**	**SC**	1:53.80	1:51.80	1:49.80	1:47.80	1:45.80
2:00.60	1:58.60	1:56.60	1:54.60	1:52.60		**LC**	1:56.00	1:54.00	1:52.00	1:50.00	1:48.00
2:15.20	2:13.20	2:11.20	2:09.20	2:07.20	**100 Breast**	**SC**	2:11.90	2:09.90	2:07.90	2:05.90	2:03.90
2:17.80	2:15.80	2:13.80	2:11.80	2:09.80		**LC**	2:14.50	2:12.50	2:10.50	2:08.50	2:06.50
2:22.10	2:20.10	2:18.10	2:16.10	2:14.10	**100 Fly**	**SC**	2:13.30	2:11.30	2:09.30	2:07.30	2:05.30
2:24.80	2:22.80	2:20.80	2:18.80	2:16.80		**LC**	2:15.90	2:13.90	2:11.90	2:09.90	2:07.90
2:01.60	1:59.60	1:57.60	1:55.60	1:53.60	**100 IM**	**SC**	1:56.10	1:54.10	1:52.10	1:50.10	1:48.10

***Swimmers must achieve the above standards to swim the same stroke in a 200m format only.**
***Swimmers do NOT need to meet these standards to enter the 100m event.**

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