



**OSC 12 & Under Series**  
**Meet #2 – January 12, 2024**  
Kinsmen Sports Centre, 9100 Walterdale Hill  
Edmonton, AB Canada

**Technical Bulletin**

**MEET INFORMATION:**

Please read the meet package for all other information regarding this competition.

**FACILITY ACCESS:**

**Entry:**

Please use the main entrance and go through the cafeteria to the spectator's area. Coaches, Swimmers, Officials, and Volunteers will access the pool deck via the staircase beside the Kinette Room. Please **do not use the main turnstiles for entrance.**

**Parking:**

Parking is free, but limited.

**COACHES' MEETING:**

There will be no coaches meeting.

**WARMUP INFO:**

Per City of Edmonton regulations, a 25m swim test is mandatory for all swimmers under 8 years of age. The swim test will occur at the start of warm-up (**1:00 PM**) in Lane '0'/gutter lane of the **East Pool**, starting block end.

| Type                      | Time               | Lanes                           | Pool          |
|---------------------------|--------------------|---------------------------------|---------------|
| <b>General Warm-Up</b>    | 1:00 PM– 1:25 PM   | Per lane assignment (see pg. 3) | East and West |
| <b>Dive Lanes</b>         | 1:25 PM* - 1:40 PM | 1, 2, 3, 6, 7 & 8               | East and West |
| <b>Last 15min Warm-Up</b> | 1:25 PM – 1:40 PM  | 4, 5                            | East and West |

\* Subject to change if meet management deems it important to improve the overall running of the competition.

**Warm-up/down Lanes (West Pool):**

Three (3) warm-up/down lanes will be available for the duration of the competition in the West Pool.

**MARSHALLING:**

Marshalling is in place for this competition. Coaches should direct their swimmers to the marshalling area for their race(s).

**START END:**

- All 50m and longer races will start from the starting block end.
  - 25m races will start from the North End.
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### **SCRATCHES:**

Swim Alberta Scratch rule will be in effect for this competition.

Late scratches are to be submitted by **1:00 PM** through the [online scratch form](#). A QR code sign will also be available at the Administration Desk.

### **AWARDS:**

#### **'I Beat My Time' Ribbons:**

Best time ribbons ('I Beat My Time') will be awarded to swimmers who beat their entry time for the respective race.

#### **Bell Heats:**

Prizes for bell heats will be awarded throughout the competition.

### **OTHER IMPORTANT POINTS TO NOTE:**

- Results will be posted on Meet Mobile. Meet mobile results are unofficial and all final results will be published to Swimming Canada after the end of the meet.
- Heat sheets will be provided to coaches and officials, but there will NOT be any heat sheets available for sale. Finalized heat sheets will be posted on the Olympian Swim Club website - OSC Hosted Meets here: <https://www.olympianswimclub.com/menu/osc-10-under-series>
- Hospitality will be offered in the Aquatic Lecture Room for Officials, Volunteers, and coaches.
- Please remind all swimmers of the warm up rules, as they will be adhered to during each warm up session.
- Please remind your team to use the garbage bags and recycling receptacles provided. The facility requests that bleachers are cleared of all garbage by the end of the session. It would be greatly appreciated if you could assist us in this area.

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General Warm-Up Lane Assignments  
1:00 PM – 1:25 PM

**East Pool**

| Lane | Club(s)                            |
|------|------------------------------------|
| 0    | U8 swim test (1pm)                 |
| 1    | BARR (9)<br>LLBW (3)<br>SPB-AB (9) |
| 2    | OSC (18)                           |
| 3    | OSC (18)                           |
| 4    | OSC (18)                           |
| 5    | OSC (18)                           |
| 6    | OSC (18)                           |
| 7    | TRIT (21)                          |
| 8    | LRSC (21)                          |

**West Pool**

| Lane | Club(s)    |
|------|------------|
| 1    | SRAYS (19) |
| 2    | EKSC (19)  |
| 3    | EKSC (19)  |
| 4    | EKSC (19)  |
| 5    | EKSC (19)  |
| 6    | EKSC (20)  |
| 7    | EKSC (20)  |
| 8    | EKSC (20)  |