

# NATIONAL / PROVINCIAL / SENIOR COMPETITIVE Spring Break Training Schedule

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday  | Friday   | Saturday  |
|--|---|---|---|---|--|---|
| <b>March 22nd</b>  | <b>March 23rd</b>   | <b>March 24th</b>   | <b>March 25th</b>   | <b>March 26th</b>   | <b>March 27th</b>  | <b>March 28th</b>   |
| Winter Provincial Champs   | OFF - No Training   | OFF - No Training   | <p style="background-color: #e0e0e0;"><b>Provincial Camp Depart</b></p> <p><b>National, Provincial, SC</b><br/>Kinsmen DSM SCM<br/>3:30pm - 5:30pm</p>        | <p><b>Provincial, SC, Regional</b><br/>Kinsmen DSM SCM<br/>5:45am - 7:30am</p> <p><b>National, Provincial, SC</b><br/>Kinsmen DSM SCM<br/>3:30pm - 5:30pm</p> | <p><b>National, Provincial, SC</b><br/>Peter Hemmingway LCM<br/>3:30pm - 5:30pm</p>  | <p style="background-color: #e0e0e0;"><b>National Camp Depart</b></p> <p><b>National, Provincial, SC</b><br/>Peter Hemmingway LCM<br/>6:00am - 8:00am</p> |
| <b>March 29th</b>  | <b>March 30th</b>   | <b>March 31st</b>   | <b>April 1st</b>  | <b>April 2nd</b>  | <b>April 3rd</b>   | <b>April 4th</b>  |
|  | <p><b>National, Provincial, SC</b><br/>Kinsmen DSM LCM<br/>7:30am - 9:30am</p> <p><b>National, Provincial, SC</b><br/>Kinsmen DSM LCM<br/>5:00pm - 7:00pm</p> | <p><b>National, Provincial, SC</b><br/>Kinsmen DSM SCM<br/>7:00am - 9:00am</p> <p>LIFT<br/>9:30am - 10:30am</p> | <p><b>National, Provincial, SC</b><br/>Kinsmen DSM SCM<br/>7:30am - 9:30am</p> <p><b>National, Provincial, SC</b><br/>Kinsmen DSM SCM<br/>4:00pm - 6:00pm</p> | <p><b>National, Provincial, SC</b><br/>LIFT<br/>2:30pm - 3:30pm</p> <p>Kinsmen DSM SCM<br/>4:00pm - 6:00pm</p>  | <p style="background-color: #e0e0e0;"><b>Provincial Camp Return</b></p> <p><b>National, Provincial, SC</b><br/>Kinsmen TP LCM<br/>11:30am - 1:30pm</p> <p><b>National, Provincial, SC</b><br/>Kinsmen TP LCM<br/>4:30pm - 7:00pm</p> | <p><b>National, Provincial, SC</b><br/>Peter Hemmingway LCM<br/>6:00am - 8:00am</p>   |
| <b>April 5th</b>   | <b>April 6th</b>  | <b>April 7th</b>  | <b>April 8th</b>  | <b>April 9th</b>  | <b>April 10th</b>  | <b>April 11th</b>   |
|  | <p style="background-color: #e0e0e0;"><b>National Camp Return</b></p> <p><b>National, Provincial, SC</b><br/>Kinsmen DSM LCM<br/>12:00pm - 2:00pm</p>         |   |   |   |  |   |
| PLEASE ARRIVE 15 MINUTES PRIOR TO SCHEDULED PRACTICES FOR ACTIVATION |   |   |   |   |  |   |