

NATIONAL / PROVINCIAL / SENIOR COMPETITIVE Spring Break Training Schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March 22nd	March 23rd	March 24th	March 25th	March 26th	March 27th	March 28th
Winter Provincial Champs	OFF - No Training	OFF - No Training	Provincial Camp Depart National, Provincial, SC Kinsmen DSM SCM 3:30pm - 5:30pm	Provincial, SC, Regional Kinsmen DSM SCM 5:45am - 7:30am National, Provincial, SC Kinsmen DSM SCM 3:30pm - 5:30pm	National, Provincial, SC Peter Hemmingway LCM 3:30pm - 5:30pm	National Camp Depart National, Provincial, SC Peter Hemmingway LCM 6:00am - 8:00am
March 29th	March 30th	March 31st	April 1st	April 2nd	April 3rd	April 4th
	National, Provincial, SC Kinsmen DSM LCM 7:30am - 9:30am National, Provincial, SC Kinsmen DSM LCM 5:00pm - 7:00pm	National, Provincial, SC Kinsmen DSM SCM 6:00am - 8:00am LIFT 8:00am - 9:00am	National, Provincial, SC Kinsmen DSM SCM 7:30am - 9:30am National, Provincial, SC Kinsmen DSM SCM 4:00pm - 6:00pm	National, Provincial, SC LIFT 2:30pm - 3:30pm Kinsmen DSM SCM 4:00pm - 6:00pm	Provincial Camp Return National, Provincial, SC Kinsmen TP LCM 11:30am - 1:30pm National, Provincial, SC Kinsmen TP LCM 4:30pm - 7:00pm	National, Provincial, SC Peter Hemmingway LCM 6:00am - 8:00am
April 5th	April 6th	April 7th	April 8th	April 9th	April 10th	April 11th
	National Camp Return National, Provincial, SC Kinsmen DSM LCM 12:00pm - 2:00pm					
PLEASE ARRIVE 15 MINUTES PRIOR TO SCHEDULED PRACTICES FOR ACTIVATION						