



## 2025-26 Swimmer Registration Information

### *Welcome from the Head Coach*

To all current Patriots members and prospective new Members:

The following information outlines the Calgary Patriots Swim Club philosophy, training and group structure. The Patriots is a family-oriented, non-profit club that provides a competitive swim program to challenge individual swimmers of any level, while adhering to physiological principles.

This last year was an excellent year of growth for the Patriots. The swimmers developed their goal setting and workout habits, and we had some exceptional performances in the process. All squads showed excellent progress and we look to continue that this upcoming season. This year will involve developing individualized schedules and will challenge the swimmers with unique training and competition opportunities. The Patriots will continue to offer a distinct program within the City of Calgary, at a reasonable fee for each squad. The program will continue to put the individual at the forefront as we develop the complete athlete.

The Patriots focuses on developing all swimmers at every level. We are looking to have a steady improvement curve through all stages of the sport. A strong technical focus and good athletic foundations are consistent elements of the Patriots program.

Registration for the 2025-26 season will be completed online on our website ([www.calgarypatriots.com](http://www.calgarypatriots.com)). Registration for returning members will begin on **July 2, 2025**, while new members can register starting **July 14, 2025**. This package also contains important reference material that needs to be reviewed and saved. This includes: training squad descriptions, training schedules, mandatory volunteer requirements and copies of waivers. If you are having trouble with the registration system, please let me or our Office Manager know.

Please review this package carefully and I look forward to working with you in the new swimming year.

Sincerely,  
Kevin Coulman ChPc, B.Sc. (Kin)  
Head Coach  
Calgary Patriots Swim Club

## Personal Information Protection Policy

When you become a Member\* of the Calgary Patriots Swim Club we will collect your name, address, telephone number, email, emergency contact information and credit card information. We also collect the names, age and gender of swimmers registered with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a Member in a program.
- Send out membership information.
- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as required by law. For example, we may use Members' information to register Members in swim meets with Swim Alberta and Swim Canada.

The full Calgary Patriots Swim Club Personal Information Protection Policy can be found [here](#).

By agreeing to Waiver 4 of the online registration, you will agree to this Policy.

**If you have any questions about the collection of your personal information, contact the Office Manager of the Calgary Patriots Swim Club:**

Office Manager  
Calgary Patriots Swim Club  
2225 Macleod Trail South  
Calgary, Alberta T2G 5B6  
Email: [office@calgarypatriots.com](mailto:office@calgarypatriots.com)

**\* Member categories, as defined in the Club's Bylaws, are the following:**

- Athlete Member** – Any individual who is a participant or athlete registered with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations (or, if the individual is under the age of 18, who has had a parent or guardian agree to abide by the Club's Bylaws, policies, procedures, rules and regulations on behalf of the individual).
- Affiliate Member** – Any individual, who is a volunteer or official, who is registered directly with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.
- Honourary Member** – Any individual approved by Special Resolution of the Board who has contributed greatly to the development or promotion of the Club and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.

# Calgary Patriots Swim Club Member Information

The following information is intended to inform you about:

1. The Patriots' training squads and associated practice schedules.
2. Squad and registration fees and related payment options.
3. Casino volunteer buyout and bingo credits.
4. Equipment and gear orders.
5. The tentative meet schedule for the upcoming season; and
6. Online registration waivers (to be signed off during registration).

## 1. TRAINING SQUADS & PRACTICE SCHEDULES (Coaching placement subject to change)

### **White Squad – Coaches: Elsie Whitney (White 1) & Alex Pellettier (White 2)**

White Squad is the Patriots' introduction into competitive swimming. It is aimed at inexperienced swimmers aged 8 to 10 and places emphasis on the development of competitive swimming skills. Fun and enjoyment in the water is a vital part of this program. Competitions (Fundamental Circuit Meets) are generally local, are held approximately every four (4) weeks, with limited opportunity to travel. The Calgary Patriots Swim Club is not a learn to swim program. Individuals looking for a learn to swim program are encouraged to register with Calgary P-Too.

### **Grey Squad – Coach: Chad Michie**

Grey Squad is the Patriots' second level of competitive swimming. It is aimed at swimmers aged 9 to 11. Emphasis at this level is still placed on the development of competitive skills and enjoyment of the sport. Competitions are held approximately every four (4) weeks with local meets and meets around Alberta.

### **Black Squad – Coach: Lauren Siarkowski**

Black Squad is the Patriots' advanced age group program aimed at swimmers aged 10 to 12. The emphasis in this squad is geared toward the competitive aspect of the sport with weight placed on the achievement of provincial qualifying times. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Alberta.

### **Red Squad – Coach: Brent Bester**

The Red Squad is the next step in age group swimming and is designed for swimmers aged 11 to 13. This Squad aims to guide swimmers through their final years of age group swimming and develop the skills necessary to succeed in senior swimming. Dryland training is introduced at this level. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

### **Bronze Squad – Coach: Jamie Connors**

The Bronze Squad is the Patriots' final step in age group swimming and is designed for swimmers aged 12 to 14. In this squad, we elevate the training intensity and environment with the goal of achieving an Alberta Champs qualification. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

## **TRAINING SQUADS - CONTINUED**

### **Silver Squad – Coach: Marit Anderson**

The Silver Squad is the Patriots' first introduction to "senior" level training with our newly introduced Steel Squad. At this level, the training becomes more intense while still maintaining a large emphasis on the continued development of swimming and life skills. The focus is to develop swimmers to be more complete athletes and to be individuals fully involved with the process of improvement.

### **Steel Squad – Coach: TBD**

The Steel Squad is a new adjacent squad to Silver and is another of the Patriots' first introduction to "senior" level training. This squad places a continued emphasis on swimming development and life skills, supporting those who aspire to advance to Gold Squad. At this level, the training builds off of Bronze Squad while still maintaining a large emphasis on the continued development of swimming and life skills. The focus is to help swimmers become more complete athletes by offering a flexible schedule that allows them to take an active role in their own improvement.

### **Gold Squad – Coach: Kevin Coulman**

The Gold Squad is the Patriots' elite training program. At this level the emphasis is placed on performance and the attainment of Western and National qualifying times. Emphasis is placed on the refinement of both the physical and life skills necessary to compete at an elite level and understanding the process of training.

# **TENTATIVE TRAINING SCHEDULE FOR 2025 – September to December (due to pool closures)**

<b>Squad</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Gold</b>			<b>MNP</b> 6:00-7:30am			<b>MNP</b> 8:30-9:30am
	<b>MNP</b> 2:30-4:00pm or 4:00-5:15pm	<b>MNP</b> 2:30-4:15pm or 4:15-6:00pm	<b>MNP</b> 2:30-4:00pm or 4:00-5:15pm	<b>MNP</b> 2:30-4:15pm or 4:15-6:00pm	<b>MNP</b> 2:00-4:00pm or 4:00-6:00pm	
<b>Gold Dryland</b>	<b>MNP</b> 5:30-6:00pm		<b>MNP</b> 5:30-6:00pm			<b>MNP</b> 7:30-8:30am
<b>Silver</b>				<b>MNP</b> 6:00-7:30am		<b>MNP</b> 8:30-9:30am
	<b>MNP</b> 5:15-6:30pm	<b>MRU</b> 4:00-5:30pm	<b>MNP</b> 5:15-6:30pm		<b>MNP</b> 2:00-4:00pm or 4:00-6:00pm	
<b>Silver Dryland</b>	<b>MNP</b> 4:45-5:15pm		<b>MNP</b> 4:45-5:15pm			<b>MNP</b> 7:30-8:30am
<b>Steel</b>		<b>MRU</b> 6:00-7:30am (Pick 1 Tue)*		<b>MRU</b> 6:00-7:30am (Pick 1 Thur)*	<b>MRU</b> 6:00-7:30am	<b>MNP</b> 9:30-10:30am
	<b>MRU</b> 6:00-7:00pm	<b>MRU</b> 4:00-5:30pm (Pick 1 Tue)*	<b>MRU</b> 6:00-7:00pm	<b>MRU</b> 4:00-5:30pm (Pick 1 Thur)*		
<b>Bronze</b>		<b>MRU</b> 6:00-7:30am			<b>MRU</b> 6:00-7:30am (Pick 1 Fri)*	<b>MNP</b> 9:30-10:30am
	<b>MRU</b> 6:00-7:00pm		<b>MRU</b> 6:00-7:00pm	<b>MRU</b> 4:00-5:30pm	<b>MRU</b> 4:30-6:00pm (Pick 1 Fri)*	
<b>Steel &amp; Bronze Dryland</b>	<b>Barracks Fitness</b> 5:00-5:45pm		<b>Barracks Fitness</b> 5:00-5:45pm			<b>MNP</b> 8:30-9:30am
<b>Red</b>	<b>MRU</b> 5:00-6:00pm	<b>MRU</b> 5:30-7:00pm	<b>MRU</b> 5:00-6:00pm	<b>MRU</b> 5:30-7:00pm	<b>MRU</b> 4:30-6:00pm	<b>MRU</b> 6:30-8:00am
<b>Black</b>	<b>MRU</b> 5:00-6:00pm	<b>MRU</b> 5:30-7:00pm (Pick 1 T/Th)*	<b>MRU</b> 5:00-6:00pm	<b>MRU</b> 5:30-7:00pm (Pick 1 T/Th)*	<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm	<b>MRU</b> 6:30-8:00am
<b>Grey</b>	<b>MRU</b> 4:00-5:00pm		<b>MRU</b> 4:00-5:00pm		<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm	<b>MRU</b> 6:30-8:00am
<b>White 1</b>		<b>Glenmore</b> 4:00-5:30pm		<b>Glenmore</b> 4:00-5:30pm	<b>Glenmore</b> 4:00-5:30pm	<b>MRU (optional)*</b> 6:30-8:00am
<b>White 2</b>	<b>MRU</b> 4:00-5:00pm		<b>MRU</b> 4:00-5:00pm		<b>Glenmore</b> 4:00-5:30pm	<b>MRU (optional)*</b> 6:30-8:00am

All times are in the water. Swimmers should be on deck 10-15 mins earlier than the listed time if the pool is available at that time. \*Option days must be pre-approved by the squad coach.

## TENTATIVE TRAINING SCHEDULE FOR 2026 – January to June

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Gold	MNP 6:00-7:30am		MNP 6:00-7:30am			MNP 8:30-10:30am
	MNP 2:30-4:00pm or 4:00-5:30pm	MNP 2:30-4:15pm or 4:15-6:00pm	MNP 2:30-4:00pm or 4:00-5:30pm	MNP 2:30-4:30pm or 4:30-6:30pm	MNP 2:00-4:00pm or 4:00-6:00pm	
Silver	MNP 6:00-7:30am (Pick 1 AM)*		MNP 6:00-7:30am (Pick 1 AM)*	MNP 6:00-7:30am		MNP 8:30-10:30am
	MNP 4:00-5:30pm	MRU 4:00-5:30pm	MNP 4:00-5:30pm		MNP 2:00-4:00pm or 4:00-6:00pm	
Gold & Silver Dryland	MNP 5:15-6:00pm		MNP 5:15-6:00pm			MNP 7:30-8:30am
Steel		MRU 6:00-7:30am (Pick 1 Tue)*		MRU 6:00-7:30am (Pick 1 Thur)*	MRU 6:00-7:30am	MRU 6:30-8:00am
	MNP 5:30-7:00pm	MRU 4:00-5:30pm (Pick 1 Tue)*	MNP 5:30-7:00pm	MRU 4:00-5:30pm (Pick 1 Thur)*		
Bronze		MRU 6:00-7:30am			MRU 6:00-7:30am (Pick 1 Fri)*	MNP 8:30-10:30am
	MNP 5:30-7:00pm		MNP 5:30-7:00pm	MRU 4:00-5:30pm	MRU 4:30-6:00pm (Pick 1 Fri)*	
Steel & Bronze Dryland	MNP 4:45-5:15pm (Pick 1 M/W)*		MNP 4:45-5:15pm (Pick 1 M/W)*			
Red	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 5:30-7:00pm	MRU 4:30-6:00pm	MNP 8:30-10:30am
Black	MRU 5:30-7:00pm	MRU 5:30-7:00pm (Pick 1 T/Th)*	MRU 5:30-7:00pm	MRU 5:30-7:00pm (Pick 1 T/Th)*	MRU 3:00-4:30pm or 4:30-6:00pm	MRU 6:30-8:00am
Grey	MRU 4:00-5:30pm		MRU 4:00-5:30pm		MRU 3:00-4:30pm or 4:30-6:00pm	MRU 6:30-8:00am
White 1		Glenmore 4:00-5:30pm		Glenmore 4:00-5:30pm	Glenmore 4:00-5:30pm	
White 2	MRU 4:00-5:30pm		MRU 4:00-5:30pm		Glenmore 4:00-5:30pm	

All times are in the water. Swimmers should be on deck 10-15 mins earlier than the listed time if the pool is available at that time. \*Option days must be pre-approved by the squad coach.

## 2. 2025-26 FEES

### a. Squad and Registration Fees

Part 1. Monthly Squad Fees – September to June			
Gold Squad	\$326.00	Red Squad	\$276.00
Silver Squad	\$309.00	Black Squad	\$242.00
Steel Squad	\$309.00	Grey Squad	\$166.00
Bronze Squad	\$289.00	White Squad	\$134.00
Note: A 10% discount will be provided to all swimmers coaching with Calgary P-too.			

Part 2. Annual Registration and Membership Fee	
Annual Registration Fee per swimmer	\$270.00

Part 3. Casino Buyout Fee (optional)	
All squads: Fee per family (Not applicable to the 2025-26 season, see clause 3. a.)	<del>\$250.00*</del>

**\*Figure is subject to change.**

### b. Payment of Fees

All members will be billed squad fees on a monthly basis. At the time of registration, the \$270 Annual Registration and Membership Fee will be charged. The first monthly squad fee will be billed on September 1, 2025.

Please ensure you keep a current credit card on file so we can charge your account for monthly squad fees, meet fees, and any equipment purchases.

## 3. CASINO BUYOUT & BINGO CREDITS

Casino funding and bingo proceeds provide much-needed support for the Club and offer an excellent opportunity to connect with other Patriots' members. The Club's requirements regarding casino and bingo participation are as follows:

### a. Casino Shift Commitment (NOT APPLICABLE FOR THE 2025–26 SEASON):

To access casino funding, the Club requires members to work casino shifts over two days, every 18-24 months at a designated casino in the city. The next casino is expected to take place during the 2026–27 season. As a result, there will be no casino volunteer commitments or buyout fee for the 2025–26 season.

For seasons when a casino is scheduled, during registration, members may choose to either:

- work a casino shift (4-9 hours) over a designated two-day period, or
- pay a **\$250\*** annual buyout fee, billed in September.

Families who choose to work a casino shift but:

- fail to sign up when required,
- withdraw from a scheduled shift, or
- do not show up for a scheduled shift,

will have **\$400\*** penalty applied to their Patriots account, unless they find another individual to fulfill their commitment.

Families who elected to work a casino shift will be provided the opportunity to amend their election within 7 days of the dates for the casino being conveyed to the membership. Families who amend their election will be billed the **\$250\*** buyout fee to their Patriots account.

**\*Figures are subject to change.**

#### **b. Bingo Credits:**

The Club has an ongoing need for parents to work bingos at the Bingo Palace, located at 2604 35 Avenue NE, Calgary. ([www.thebingopalace.ca](http://www.thebingopalace.ca)). The funding from bingo proceeds helps subsidize costs for the Club.

While there is no requirement for families to work bingo shifts, in return for their time and support, a Member will receive an **\$75\* credit** per shift worked towards their Patriots account.

- Each bingo event involves 5 Members working 5-hour shifts, with shifts being available approximately 2 to 3 times per month.
- To help ensure more members have the opportunity to participate in bingo events, each family may register for a maximum of one shift per month. The Bingo Coordinator will monitor registrations and may lift this restriction if needed.
- Volunteers may register for roles such as chairperson, paymaster, bingo verifier, or seller. The Bingo Coordinator and/or Chair may adjust these assignments as needed.
- The 2025-26 bingo season dates will be shared with members via email over the summer and posted on the Club's website. Members will be able to sign up for bingo shifts through their Patriots account, just as they do for swim meets and other club events.
- Once you sign up for a bingo shift, be sure to add the date and time to your calendar. The Bingo Coordinator will send you a reminder email during the week of your scheduled bingo, but it is ultimately your responsibility to arrive on time for your assigned shift. If you are unable to attend, please notify the Bingo Coordinator as soon as possible to arrange a replacement.

If you're interested in participating, feel free to contact the Club's Bingo Coordinator, Nicole Goldmann, at [bingo@calgarypatriots.com](mailto:bingo@calgarypatriots.com).

**\*Figure is subject to change.**



#### 4. EQUIPMENT & GEAR ORDERS

On September 1st, the Patriots online Pro Shop will open for the 2025-2026 season, allowing Members to order a variety of Patriots-branded gear and clothing. **Personalized items, such as hoodies, caps, and parkas with swimmers' names, can only be ordered at the beginning of the season due to minimum order requirements.**

The following page provides a detailed list of equipment and gear available for purchase. Please consult your swimmer's coach at the start of the season to confirm the required equipment for their specific squad.

You can also purchase gear and equipment directly from [Team Aquatic Supplies](#); however, these items will not include the Patriots logo or customizations such as names. Team Aquatic discount cards, known as "Shark Cards," will be emailed to members at the beginning of the season and posted on the Club's website under the **Equipment** tab. Presenting this card at Team Aquatic Supplies will entitle members to a 20% discount.

If you have any questions, please contact the Club's Office Manager at [office@calgarypatriots.com](mailto:office@calgarypatriots.com).

## Equipment List

Item	Price*	
	With Patriots Logo	Personalized
Latex Swim Cap - Red	\$8.00	
Silicone Swim Cap - Red	\$12.00	\$18.00**
Short-Sleeved T-Shirt - Red Youth Sizes: S, M, L    Adult Sizes: S, M, L, XL <b>*Included with Registration for First Year Swimmers</b>	\$20.00	
Long-Sleeved T-Shirt - Red Youth Sizes: S, M, L    Adult Sizes: S, M, L, XL	\$27.00	
Girls Training Suit: Speedo Polyester Flyback Youth Sizes: 24/8, 26/10, 28/12 Adult Sizes: 26, 28, 30, 32, 34, 36, 38	\$65-\$75	
Boys Training Suit: Speedo Polyester Jammer Sizes: 22, 24, 26, 28, 30, 32, 34, 36, 38	\$50-\$63	
Hoodie - Red or Black ( <b>custom order</b> ) Youth Sizes: S, M, L, XL    Adult Sizes: S, M, L, XL	\$45.00	\$60.00**
Sweatpants - Grey Youth Sizes: S, M, L, XL    Adult Sizes: S, M, L	\$27.00	
Toque	\$20.00	
Ball Cap	\$20.00	
Speedo Backpack - Black	\$90.00	
Officials Polo Shirt - White or Red Women's Sizes: XS, S, M, L, XL Men's Sizes: S, M, L, XL, XXL	\$40.00	
Swim Parka ( <b>custom order</b> )		\$150**

\* Prices subject to change for the upcoming season.

\*\* Prices for personalized gear depend on the size of the order.

- Custom items like personalized caps, hoodies, sweatpants, jackets, and parkas, **can only be ordered at the beginning of the season.** The price for the custom gear is approximate and will depend on the size of the order placed.
- Some equipment, such as swim caps, t-shirts, long-sleeved shirts, toques, ball caps, and backpacks, can be ordered throughout the season.

## 5. TENTATIVE MEET SCHEDULE 2025-2026 SEASON

This is a preliminary schedule as many clubs are still figuring out their meet schedule. The meet schedule will be updated regularly on the Club's website throughout the season.

Date	Event	Location	Squads
Sept. 8	Swimming Begins		All Squads
Sept. 14	Team BBQ	Edworthy Park	All with Parents
Sept. TBD	CSCA Regional Conference	TBD	Some Coaches
<b>Sept. 27</b>	<b>CP Team Champs* (tentative)</b>	<b>Seton</b>	<b>All Squads</b>
Oct. 18	UCSC Fall Start Up	U of C?	Steel, Silver & Gold
Oct. 18-19	Mountain Madness	Canmore	White & Grey
Oct. 24-26	LASC Fall Challenge	Lethbridge	Black & Red
Oct. 24-26	Jack Frost Meet	Seton	Bronze
Nov. 7-9	CASC Speed Meet	Seton	Red, Bronze, Steel, Silver & Gold (Qualifiers)
Nov. 14-16	Comet Cup	Cochrane	White, Grey, Black & Red
Nov. 21-23	KSC SC Icebreaker	Seton	Red, Bronze, Steel, Silver & Gold
Dec. 11-14	JP Fiset Invitational	Edmonton	Red, Bronze, Steel, Silver & Gold (Qualifiers)
Dec. 13-14	Comets Holiday Invitational	Cochrane	White & Grey
Dec. 17	Cascade Long Course Qualy	MNP	Silver & Gold (Qualifiers)
Dec.19-21	Sandy Ferris Age Group Challenge	MNP	Black, Red, Bronze, Steel & Silver
Dec. 19	Christmas Break Starts		All Squads
Dec. 29-Jan. 3	Christmas Training	TBD	Red & Above
Jan. 5	Training Resumes		All Squads
<b>Jan. 16-18</b>	<b>Pugsley's Plunge*</b>	<b>Seton</b>	<b>All Squads</b>
Jan. 23-25	Winter Festival South	TBD	12 & Under Qualifiers
Jan. 30-Feb. 1	Edmonton Open	Edmonton	Bronze, Steel, Silver & Gold (Qualifiers)
Feb. 6-8	Comets Winter Invitational	Cochrane	White, Grey & Black
Feb. 6-8	Maverick Madness	Seton	Red, Bronze & Steel
Feb. 20-21	Western TransMtn Festival	Seton	Steel, Silver & Gold (Qualifiers)
Mar. 6-8	Provincial Trials SC	TBD	Qualifiers
Mar. 13-15	Pronghorn Classic	Lethbridge	Grey & Black
Mar. 13-15	NCSA Spring Invitational	Seton	Red, Bronze, Silver, Steel & Gold
Mar. 14 or 15	Wild Hair	Calgary Area	White
Mar. 19-22	Provincials Champs	TBD	Qualifiers
Mar. 23-29	Spring Break		All Squads
Apr. 9-11	Canadian Open	Edmonton	Qualifiers
<b>Apr. 17-19</b>	<b>Chinook Invitational*</b>	<b>Seton</b>	<b>All Squads</b>
May 1-3	KSC LC Invitational	Seton	TBD
May 8-10	Mav LC Invitational	Seton	Black, Red & Bronze
May 8-10	Kelowna LC Invitational	Kelowna	Steel, Silver & Gold
May 8-10	Fast & Fierce Meet	Cochrane	White & Grey
May 15-17	Mel Zajac Jr. Invitational	Vancouver	Gold (Qualifiers)
May 29-31	CSI	MNP	Red, Bronze, Steel, Silver & Gold (Qualifiers)

\* Patriots Swim Club Hosted Meets

## TENTATIVE MEET SCHEDULE 2025-26 SEASON - CONTINUED

Date	Event	Location	Squads
<b>Jun. 6-7</b>	<b>Summer Classic*</b>	<b>Seton</b>	<b>All Squads</b>
Jun. 12-14	Summer Festival	TBD	12&U Qualifiers
Jun. TBD	Awards Banquet	Polish Centre	All Squads
Jun. 26-28	Summer Provincial Trials LC	TBD	Qualifiers
Jul. 2-5	ManSask Provincial Champs	Saskatoon	Qualifiers
Jul. 5-9	Canadian Swimming Trials	Montreal	Qualifiers
Jul. 23-26	Summer Provincial Championships	TBD	Qualifiers
Jul. TBD	Grand Prix du Québec	Montreal	TBD

\* Patriots Swim Club Hosted Meets

## 6. ONLINE REGISTRATION WAIVERS

### Waiver 1 – Registration Contract (Required)

#### Obligation to Pay Fees

The certainty of payment of fees to the Calgary Patriots Swim Club (the “Club”) by the Members of the Club is essential for budgeting purposes and for maintaining operations and financial stability of the Club. Squad fees for all Members are set under the assumption that all fees will be paid by the Members as assessed at registration. Agreeing to the registration contract holds Members to the obligation of paying squad fees. If Members withdraw from the Club during the swim season for any reason (including, but not limited to, injury that prevents swimming, family moves to another city, swimmer transfers to another club) without providing proper notice to the Club in accordance with the “Withdrawal Dates” prescribed in this registration contract below, **no refund of fees will be offered or payable by the Club**. All remaining credit card payments remain payable to the Club through this legally binding contract, should proper notice not be given to the Club.

If any part of this obligation to pay is not clear to you, **do not agree to the contract**.

If you do not agree with your obligation to pay under any and all circumstances that might cause your swimmer to withdraw from the Club, **do not agree to the contract below**.

#### Failure to Keep Account Current

In accordance with the Club’s “Accounts Receivable Collections Policy”, failure to keep your account current may result in suspension of Patriots swim activities, including participation in competition meets. Current is defined as an account that is not outstanding for more than 60 days. If non-payment is recurring or accounts remain outstanding despite collection efforts by the Club, the Club’s Board of Directors reserves the right to have the Member withdrawn from the Club.

## Withdrawal Dates

Obligation of a Member to pay fees will be waived if written notice of intent to withdraw is received by the Club **on or before September 30<sup>th</sup>, 2025**. In this case, fees will still be due for the month of September and the Registration fee will not be refunded.

Obligation of a Member to pay “Long Course” fees will be waived if written notice of intent to withdraw is received by the Club **on or before December 31<sup>st</sup>, 2025**. In this case, fees will still be due for September to December, inclusive.

If notice to withdraw is received **on or after January 1<sup>st</sup>, 2026**, fees will still be due for January to June, inclusive.

## Volunteer Obligations

You have a requirement to volunteer at all of our Club hosted swim meets. You must also acquire and maintain training as a meet official. This is necessary to maintain enough trained officials to run a swim meet. Club hosted swim meets contribute a significant amount of revenue to support our swim program allowing the club to minimize monthly squad fees.

Officials training: Each swim family is expected to have a minimum of one member attend at least one officials' training clinic and obtain the deck evaluations necessary to become qualified in that role during the course of the 2025-2026 season. This is required to become certified in an official's role and enables you to progress through the Swim Canada Officiating Levels. The Calgary Patriots will provide opportunities each year for various officials' training clinics.

Volunteering as an official: In addition, each swim family is required to provide a volunteer for a minimum number of shifts (sessions), as outlined in the table below, at each of our Club hosted swim meets. These include Team Champs, Pugsley's Plunge, Chinook Invitational, Summer Classic, and any other Patriots hosted meets including provincial or national meets. **This applies regardless of whether your swimmer is attending the meet or not.**

### Volunteer obligations for Club hosted meets:

Meet (number of days)	Minimum # of volunteer shifts	Meets (subject to change)
1-day meet	1 shift (session) per family	Team Champs
2-day meet	2 shifts (sessions) per family	Summer Classic
3-day meet	3 shifts (sessions) per family	Pugsley's Plunge, Chinook Invitational

If a swim family does not register to volunteer at a Club hosted meet by the deadline communicated by the Club, a **\$400 fine** will be charged to their Patriots account. Similarly, if a family registers for fewer than the minimum required sessions, a **\$250 fine** will be applied. These fines apply to each meet hosted by the Club, regardless of whether your swimmer attends.

A **\$200 penalty** will be applied to their Patriots account if a volunteer shift is cancelled within 48 hours of the start of the meet and the family fails to find a qualified replacement to fulfill their duties.

A **\$200 penalty** will be applied to their Patriots account if a volunteer does not show up for their assigned shift and fails to find a qualified replacement to fulfill their duties.

If any part of this obligation to volunteer is not clear to you, **do not agree to the contract.**

## Registration Contract

In consideration of the Calgary Patriots Swim Club (the “Club”) agreeing to provide a position on a squad for the swimmers described above, I/we (the undersigned) have read and understand the Club’s regulations and agree to comply with them. Specifically, I/we agree to the following terms:

1. Accept financial responsibility for the full squad fees of the swimmers, described above, with the understanding that the fees are not refundable unless proper notice has been given to the Club and are owed in their entirety to the Club by the agreed schedule of payments.
2. Pay all charges owing, including equipment purchases, competition fees and travel costs once such costs have been billed to Members’ accounts.
3. Acquire and maintain training for officials’ positions.
4. Volunteer for the minimum number of sessions, as specified, at each of our Club hosted swim meets. Failure to do so will result in the specified fines being applied to the family’s Patriots account.
5. Work one shift at the next Calgary Patriots casino opportunity **OR** pay the annual \$250 family buyout fee. Failure of a family to fulfill their elected casino commitment will result in the specified fines being applied to the family’s Patriots account. **(NOT APPLICABLE TO THE 2025–26 SEASON).**

## Waiver 2 – Discipline Policies (required)

The Calgary Patriots Swim Club’s Board of Directors and coaches endeavor to provide a positive experience for all swimmers while they are involved in a Club-related activity.

**Please review the Discipline & Complaints Policy, Dispute Resolution Policy and Appeal Policy on our website before completing your registration. Links to these policies below:**

[Discipline and Complaints Policy](#)

[Dispute Resolution Policy](#)

[Appeal Policy](#)

**NO REFUNDS OF FEES WILL BE ISSUED IN THE EVENT OF A DISMISSAL.** The cost of repair and/or replacement of any damage or destruction, negligently or intentionally caused by a swimmer to property will be payable by the swimmer and the swimmer’s parent(s)/guardian(s).

By completing your registration, you agree to the three Discipline Policies listed above.

## Waiver 3 – Release and Indemnity (required)

We are the parents/guardians (“Parents”) of the child(ren) (“Child”) who are named in this registration. Our Child is a swimmer who participates in the competitive swimming program conducted by the Calgary Patriots Swim Club (“the Club”), an incorporated society under the laws of Alberta.

As Parents, we recognize that the competitive swimming program operated by the Club and in which our Child participates involves rigorous physical activity and we on our own behalf and on behalf of our Child accept all of the risks which are inherent in those activities.

In addition, we as Parents hereby acknowledge that we have been informed that either no insurance coverage or no adequate insurance coverage has been obtained by the Club or by any other party in relation to losses or damages that may be sustained by our Child or claims that might be made by our Child as a result of the Child's involvement in the activities of the Club.

In consideration of One Dollar (\$1.00) and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, and in consideration of our Child being allowed to participate, or to continue to participate, as a swimmer in the competitive swimming program of the Club, we as Parents of the Child, on our own behalf and on behalf of the Child and the Child's heirs, executors, administrators, successors and assigns, hereby agree as follows:

We the Parents and the Child hereby release and forever discharge:

1. The Club;

- The coaches and their assistants employed or retained by the Club;
- All other parents and guardians of other children who participate in the activities of the Club and all other persons connected with the Club who serve from time to time as volunteers or chaperones in connection with activities of the Club; and
- All other children who participate in the activities of the Club, and all of the persons' respective heirs, executors, administrators, successors and assigns (hereinafter called the "Releases") from all manner of actions, causes of action, suits, debts, statutory obligations, sum of money, demands and claims of every nature and kind whatsoever ("Claims") that either we Parents or our Child ever had, now have or which we shall or may have in the future in connection with the activities of the Club, save and except any Claims that are directly caused by the gross negligence or willful misconduct of the Club or any of its coaches. We acknowledge that by means of this document we intend to release our right and to the extent permissible by law, the right of our Child to make any claim against any of the Releases in connection with anything that may happen concerning or arising out of the activities of the Club as aforesaid.

2. We the Parents also hereby agree that we will at all times indemnify the Releases and agree to hold them harmless from and in respect of all claims, demands, suits or actions, or claims for contribution or indemnity, which may at any time be made or brought against the Releases or any of them by our Child or by anyone on behalf of our Child in connection with any matter or thing concerning or arising out of the activities of the Club save and except any Claims that are directly caused by the gross negligence or willful misconduct of the Club or any of its coaches.

3. We the Parents hereby confirm our intention that the Release and the Indemnity contained in this document are to apply in connection with all activities of the Club regardless of where they may occur including, without restricting the foregoing activities that may be conducted in the United States of America.

The Release and Indemnity is intended to remain in full force and effect so long as the Child participates in any activities of the Club so as to apply to all matters which may arise during that time.

## **Waiver 4 – Anti-Spam Consent & Collection of Personal Information (required)**

Canadian anti-spam legislation entered into force on July 1, 2017. The Calgary Patriots Swim Club conducts much of our business using email notices. Email notices may contain, but are not limited to, newsletters, notice of documents posted on the website, and requests for meet confirmation. Your consent to receive emails from the Club is necessary to join the Club.

When you become a Member of the Calgary Patriots Swim Club, we will collect your name, address, telephone number, email, emergency contact information, and credit card information. We also collect the names, age and gender for each swimmer registering with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a member in a program.
- Send out membership information.
- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as required by law. For example, we may use Members' information to register Members in swim meets, with Swim Alberta, and Swim Canada.

## **Waiver 5 – Photo/Video Release Agreement (required)**

We at the Calgary Patriots Swim Club like to use photo and video technology as a tool to help enhance the performance of our member swimmers and as a means to promote our activities and celebrate Club and individual achievements. We achieve this through various media and through approved assignees of the Calgary Patriots Swim Club to take photos and videos of members and member swimmers engaged in club activities. Examples of how these images may be used (but not limited exclusively) would include underwater performance video, images taken by our assigned Team Photographer for squad pictures and end of year banquet celebrations, events, social media, and website promotions.

By completing your registration, you confirm your consent to having you or your child's likeness used for such purposes under the terms of the By-Laws and Policies of the Calgary Patriots Swim Club.

## **Waiver 6 – Parents' Code of Conduct (required)**

### **Purpose**

1. The Parents' Code of Conduct expands upon the Calgary Patriots Swim Club ("Patriots" or the "Club") [Code of Conduct and Ethics](#) to outline the expected actions and behaviors for all parents as members of the Club. The Club is committed to providing an environment of respect that supports the pursuit of individual and team excellence. Being a member of the Patriots is a special privilege; with it comes responsibility. Irresponsible behavior can result in severe damage to the integrity of the Club.



## **Application**

2. The Patriots Parents' Code of Conduct outlines the club's expectations of each of our parents and potential disciplinary action which may ensue resulting from inappropriate behavior during any club-related function including as it relates to possible cyber/social media interaction between club members. This policy applies to all parents within Patriots as they act and represent the Club and set good examples of teamwork and sportsmanship for our swimmers.

## **Responsibilities, Guidelines, and Procedures**

3. One of the greatest benefits of participating in an organized swim program is the "life skills" your child will develop. These skills include time management, self-discipline, and sportsmanship. Remember that your child is the swimmer. Children need to establish their own goals and make their own progress toward their goals.
4. As a parent, you provide a stable, loving, and supportive environment. Show your interest by ensuring your child's attendance at practices and by coming to meets. Parents serve as role models and your child often emulates your attitude. Parents should keep in mind their sensitivity in dealing with issues that arise and understand that we are dealing with the support of our children/swimmers. We ask that you abide by the following code of conduct.
5. As a parent, the club has the expectation that you will meet your volunteer requirements at club-hosted swim meets. Every Patriots family is required to volunteer as an official for the minimum shifts stipulated per club-hosted meet. When everyone shares in this responsibility, we support our swimmers and ensure the success of our swim meets. A financial penalty will be levied upon those families that do not meet this expectation.
6. The Patriots Parent Code of Conduct outlines the club's expectations of each member and potential discipline resulting from inappropriate behavior during any Club function. This would include practices, events, club travel, meet attendance, or representation at any club-sanctioned event. In cases where conduct adversely affects the Club's reputation, parent conduct outside of Club events between members and swimmers may result in an infraction if someone files a formal grievance.
7. As the Club has a current "online" presence both through the internet and a variety of social media mediums, the club is mindful that all content displayed through online/social media must be of an appropriate and "family-friendly" nature. Cyberbullying is not tolerated and would be considered a major infraction of the Parent Code of Conduct.
8. Though not required, all parents are encouraged to take Safe Sport Training through the Coaching Association of Canada (CAC). Whether you are directly involved with athletes or play another role, the CAC's Safe Sport Training will give you the tools to recognize, prevent and address maltreatment in sport.

## **Code of Conduct**

8. All parents have the responsibility to:
  - a. Strive to be positive role models. Most importantly, always show good sportsmanship toward coaches, officials, opponents, and teammates. Provide positive comments that motivate and

encourage participants' continued effort. Parents shall always treat all individuals and property with courtesy and respect.

- b. Parents should respect that the on-deck area is for swimmers and coaches during training and/or competition unless they are acting as an official. The coach's focus during these times should be on his/her swimmers. Parents should continue to support their swimmers from the spectator-designated areas.
  - c. Ensure effective communication with your child's coach. Resolve any issues in private between the parent and coach. Never voice critical or negative comments in front of the swimmers or in front of other parents in the stands.
  - d. Let your coach do his/her job. Your child has a paid professional coach who has the responsibility of developing your swimmer's technical knowledge of our sport. Best results always come from letting your child's coach do the coaching. Parents should provide their support and encouragement and allow the coaches to provide technical and critical direction.
  - e. Parents shall ensure their swimmers bring to practices and swim meets the proper equipment and clothing as identified by their coaches.
  - f. Parents shall never provide or advocate the use of performance-enhancing drugs or banned substances.
  - g. If your swimmer is a minor then monitoring and responsibility of your swimmer's cyber actions (SMS text, web, social media, etc.) is the responsibility of the parent.
  - h. Be aware and follow all Club policies on the website.
  - i. Get involved. Be aware of volunteer commitments and be willing to fulfill them. We are all busy but if everyone shares equally in the commitments, the lighter the load will be.
  - j. Show appreciation to all competitors, coaches, officials, and volunteers while also respecting the decisions of officials and encouraging athletes to do the same. Parents shall refrain from any behavior or comments which are profane, insulting, harassing, hostile, sexist, racist, disrespectful, or otherwise offensive.
  - k. The Club has a [Discipline and Complaints Policy](#) in place for parents to discuss any concerns regarding their swimmer or the program. Your first point of contact regarding anything to do with the technical program (in the water, on the deck, or in the gym) should be your child's coach or the Head Coach.
  - l. Address any administrative concerns with the Club office.
9. If we all follow these simple rules, all swimmers will have a positive experience with the sport. Parents who are in violation of any part of the Parent Code of Conduct will be approached by a member of the Board of Directors to discuss inappropriate behavior and reconciliation. Failure to rectify the violation following the meeting with the member of the Board of Directors will result in a sanction applied to the member following a vote by the Board of Directors.

By completing your registration, you agree to adhere to the Parents' Code of Conduct as outlined above.