



## **2023-24 Swimmer Registration Information**

### ***Welcome from the Head Coach***

To all current Patriots members and prospective new Members:

The following information outlines the Calgary Patriots Swim Club philosophy, training and group structure. The Patriots is a family-oriented, non-profit club that provides a competitive swim program to challenge individual swimmers of any level, while adhering to physiological principles.

This last year was an excellent year of growth for the Patriots. The swimmers developed their goal setting and workout habits, and we had some exceptional performances in the process. All squads showed excellent progress and we look to continue that this season. This year will involve developing individualized schedules and we will challenge the swimmers with unique training and competition opportunities. The Patriots will continue to offer a distinct program within the City of Calgary, at a reasonable fee for each squad. The program will still put the individual at the forefront as we develop the complete athlete.

The Patriots will focus on developing all swimmers at every level. We are looking to have a steady improvement curve through all stages of the sport. A strong technical focus and good athletic foundations are consistent elements of the Patriots program.

Registration for the 2023-24 season will be completed online using our new web platform, Pool Queue. Specific instructions regarding the registration process will be available shortly at [www.calgarypatriots.com](http://www.calgarypatriots.com). This package also contains important reference material that you should save such as squad descriptions, training schedules, mandatory volunteer requirements and copies of waivers. If you are having trouble with the registration system, please let myself or Tara Gilmour, our Office Manager, know.

Please look over this package carefully and I look forward to working with you in the new swimming year.

Sincerely,  
Kevin Coulman ChPc, B.Sc. (Kin)  
Head Coach  
Calgary Patriots Swim Club

## Personal Information Protection Policy

When you become a Member\* of the Calgary Patriots Swim Club we will collect your name, address, telephone number, email, emergency contact information and credit card information. We also collect the names, age and gender of swimmers registered with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a Member in a program.
- Send out membership information.
- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as authorized by law. For example, we may use Members' information to register Members in swim meets with Swim Alberta and Swim Canada.

The full Calgary Patriots Swim Club Personal Information Protection Policy can be found [here](#).

By agreeing to Waiver 4 of the online registration, you will agree to this Policy.

**If you have any questions about the collection of your personal information, contact the Office Manager of the Calgary Patriots Swim Club:**

Tara Gilmour  
Calgary Patriots Swim Club  
2225 Macleod Trail South  
Calgary, Alberta T2G 5B6  
Email: [office@calgariypatriots.com](mailto:office@calgariypatriots.com)  
Phone: 403-452-4663

**\* Member categories, as defined in the Club's Bylaws, are the following:**

- Athlete Member** – Any individual who is a participant or athlete registered with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations (or, if the individual is under the age of 18, who has had a parent or guardian agree to abide by the Club's Bylaws, policies, procedures, rules and regulations on behalf of the individual).
- Affiliate Member** – Any individual, who is a volunteer or official, who is registered directly with the Club, and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.
- Honourary Member** – Any individual approved by Special Resolution of the Board who has contributed greatly to the development or promotion of the Club and who has agreed to abide by the Club's Bylaws, policies, procedures, rules and regulations.

# Calgary Patriots Swim Club Member Information

The following information is intended to inform you about:

1. The Patriots' training squads and associated practice schedules.
2. Squad and registration fees and related payment options.
3. Casino volunteering buyout and bingo credits.
4. Equipment and gear orders.
5. The tentative meet schedule for the upcoming season; and
6. Online registration waivers (to be signed off during registration).

## 1. TRAINING SQUADS & PRACTICE SCHEDULES (Coaching placement subject to change.)

### **Green & White Squad – Coaches: TBA**

White & Green Squad are the Patriots' introduction into competitive swimming. They are aimed at young (8-10), inexperienced swimmers and place emphasis on the development of competitive swimming skills. Fun and enjoyment in the water is a vital part of this program. Competitions (Fundamental Circuit Meets) are generally local, are held approximately every four (4) weeks, with limited opportunity to travel.

### **Grey Squad – Coaches: TBA**

Grey Squad is the Patriots' third level of competitive swimming. It is aimed at swimmers aged 9 to 11. Emphasis at this level is still placed on the development of the competitive skills and enjoyment of the sport. Competitions are held approximately every four (4) weeks with local meets and meets around the Province.

### **Black Squad – Coaches: TBA**

Black Squad is the Patriots' advanced age group program aimed at swimmers aged 10 to 12. The emphasis in this squad is geared toward the competitive aspect of the sport with weight placed on the achievement of provincial qualifying times. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Alberta.

### **Red Squad – Coach: TBA**

The Red Squad is the next step in age group swimming and is designed for swimmers aged 11-13. This Squad aims to guide swimmers through their final years of age group swimming and develop the skills necessary to succeed in senior swimming. Dryland training is introduced at this level. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

### **Bronze Squad – Coach: TBA**

The Bronze Squad is the Patriots' final step in age group swimming and is designed for swimmers aged 12-14. In this squad, we elevate the training intensity and environment with the goal of achieving an Alberta Champs time. Swim meets at this level are approximately every three to four weeks with opportunities to travel throughout Western Canada.

### **Silver Squad – Coach: TBA**

The Silver Squad is the Patriots' first introduction to "senior" level training. At this level, the training becomes more intense while still maintaining a large emphasis on the continued development of swimming and life skills. The focus is to develop swimmers to be more complete athletes and to be individuals fully involved with the process of improvement.

### **Gold Squad – Coach: TBA**

The Gold Squad is the Patriots' elite training program. At this level the emphasis is placed on performance and the attainment of Western and National qualifying times. Emphasis is placed on the refinement of both the physical and life skills necessary to compete at an elite level and understanding the process of training.

# TENTATIVE TRAINING SCHEDULE FOR 2023-2024 SEASON – SEPTEMBER TO JUNE

Squad	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Gold</b>	<b>MNP</b> 6:00-7:30am		<b>MNP</b> 6:00-7:30am			Saturday sessions will be scheduled as needed.	<b>Seton</b> 8:00-10:00am
	<b>MNP</b> 2:30-4:00pm or 4:00-5:30pm	<b>MNP</b> 2:30-4:00pm or 4:00-6:00pm	<b>MNP</b> 2:30-4:00pm or 4:00-5:30pm	<b>MNP</b> 2:30-4:00pm or 4:00-5:15pm	<b>MNP</b> 2:00-4:00pm		
<b>Silver</b>	<b>MNP</b> 6:00-7:30am <b>(Pick 1 AM)*</b>	<b>MNP</b> 6:00-7:30am <b>(Pick 1 Tue)*</b>	<b>MNP</b> 6:00-7:30am <b>(Pick 1 AM)*</b>			<b>MNP</b> 8:30-10:30am	Sunday sessions will be scheduled as needed.
	<b>MNP</b> 4:00-5:30pm	<b>MRU</b> 4:00-5:30pm <b>(Pick 1 Tue)*</b>	<b>MNP</b> 4:00-5:30pm	<b>MNP</b> 5:15-6:30pm	<b>MNP</b> 4:00-6:00pm		
<b>Gold &amp; Silver Dryland</b>	<b>MNP</b> 5:15-6:00pm		<b>MNP</b> 5:15-6:00pm	<b>MNP</b> 4:00-5:00pm	<b>MNP</b> 3:30-4:30pm <b>(Starts Jan)</b>	Swimmers will be scheduled in 1-3 sessions a week	
<b>Bronze</b>		<b>MRU</b> 6:00-7:30am <b>(Pick 1 Tue)*</b>			<b>MRU</b> 6:00-7:30am <b>(Pick 1 Fri)*</b>	<b>MNP</b> 8:30-10:30am	
	<b>MNP</b> 5:30-7:00pm	<b>MRU</b> 4:00-5:30pm <b>(Pick 1 Tue)*</b>	<b>MNP</b> 5:30-7:00pm	<b>MRU</b> 4:00-5:30pm	<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm <b>(Pick 1 Fri)*</b>		
<b>Red</b>					<b>MRU</b> 6:00-7:30am <b>(Pick 1 Fri)*</b>	<b>MNP</b> 8:30-10:30am	
	<b>MNP</b> 5:30-7:00pm	<b>MRU</b> 5:30-7:00pm	<b>MNP</b> 4:45-6:15pm <b>Dryland</b>	<b>MRU</b> 5:30-7:00pm	<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm <b>(Pick 1 Fri)*</b>		
<b>Black</b>						<b>MRU</b> 6:30-8:00am	
	<b>MRU</b> 5:30-7:00pm	<b>MRU</b> 5:30-7:00pm <b>(Pick 1)*</b>	<b>MRU</b> 5:30-7:00pm	<b>MRU</b> 5:30-7:00pm <b>(Pick 1)*</b>	<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm		
<b>Grey</b>						<b>MRU</b> 6:30-8:00am	
	<b>MRU</b> 4:00-5:30pm		<b>MRU</b> 4:00-5:30pm		<b>MRU</b> 3:00-4:30pm or 4:30-6:00pm		
<b>Green &amp; White 1</b>		<b>Glenmore</b> 4:00-5:30pm		<b>Glenmore</b> 4:00-5:30pm	<b>Glenmore</b> 4:00-5:30pm <b>(White)</b>		
<b>Green &amp; White 2</b>	<b>MRU</b> 4:00-5:30pm		<b>MRU</b> 4:00-5:30pm		<b>Glenmore</b> 4:00-5:30pm <b>(White)</b>		

All times are in the water. Swimmers should be on deck 10-15mins earlier than the listed time if the pool is available at that time.

\*Option days must be pre-approved by the squad coach.

## 2. 2023-2024 FEES

### a. Squad and Registration Fees

Part 1. Monthly Squad Fees – September to June			
Gold Squad	\$282.00	Black Squad	\$211.00
Silver Squad	\$261.00	Grey Squad	\$145.00
Bronze Squad	\$239.00	White Squad	\$117.00
Red Squad	\$239.00	Green Squad	\$100.00
July 2024 – Select squads (optional)			\$225.00
Note: A 10% discount will be provided to all swimmers coaching with Calgary P-too.			

Part 2. Annual Registration and Membership Fee	
Green, White & Grey: Annual Registration Fee per swimmer	\$240.00
Black to Gold: Annual Registration Fee per swimmer	\$260.00

Part 3. Casino Buyout Fee (optional)	
All squads: Fee per family	\$100.00

### b. Payment of Fees

All members will be billed squad fees monthly. Upon registration in July, you will be charged the Annual Registration and Membership fee (\$240 or \$260). If you choose to opt out of casino volunteering, you can do so at registration and the \$100 opt out fee will be billed at the beginning of September. The next payment for squad fees will be billed and due on September 1, 2023.

Please ensure that you keep a current credit card on file so we can charge your account for monthly squad fees, meet fees and any equipment purchases you make.

## 3. CASINO VOLUNTEER BUYOUT & BINGO CREDITS

The Patriots derive a significant source of funding to subsidize its program costs from casino and bingo funding. Such funding helps to maintain the Club's low fee structure relative to other swim programs in Calgary.

### a. Casino Volunteer Buyout

To access the casino funding, the Club requires volunteers to work casino shifts over two days, every 18-24 months at a designated casino in the city. Working a casino shift is a fun way to get to know other Patriots' members and is a meaningful way of providing much needed funding for the Club. All members will get a \$80 credit to their account for working a casino shift. **The next Calgary Patriots casino date is in January 2024.**

A \$100 annual buyout fee **per family** is available if members are unable to volunteer their time for the Calgary Patriots casino shifts. This buyout fee will be optional at the time of registration and will be billed in September. **By NOT choosing the buyout option, you are agreeing to be available should the Club require you as a volunteer at the next Calgary Patriots casino opportunity.**

## b. Bingo Credits

In addition to casino funding, the Club also participates in and receives funding from bingo proceeds which is supported by volunteers from the Club. For each bingo shift worked by a Patriots Member, a \$80 credit amount may be subject to change by the Club) is applied to that Member's Patriots account, reducing any amounts owing to the Club. **Bingo volunteering is not mandatory** but is made available to Members to help subsidize their costs incurred with the Club. Should you wish to volunteer for bingos during the year, please contact Nicole at [bingo@calgarypatriots.com](mailto:bingo@calgarypatriots.com).

## 4. EQUIPMENT & GEAR ORDERS

In the middle of August, the Patriots online pro shop will open up and Members will be able to order Patriots branded gear and clothing. Personalized gear (hoodies, caps and jackets with swimmers' names) can only be ordered at the beginning of the season due to minimum order sizes. The following page has an itemized list of equipment items and gear available for purchase. You can discuss mandatory equipment with your swimmer's coach at the start of the season as it varies depending on which squad your swimmer(s) belongs to.

If you are unsure of swimsuit size, please visit the Team Aquatic Supplies store (6115 3 St SE, Calgary) before placing your order. They will help fit your swimmer in the type of suits that the Club stocks.

During the swim season, Patriots-branded gear and clothing can be ordered through the Pro Shop. The cost of your order will be charged to your Patriots account, and you will be notified by the Office Manager when your items are ready for pickup and where you can receive them. The Club endeavors to keep all sizes in stock but cannot always guarantee that the size you need will be there. Exchanges are possible if tags are still attached.

You can also purchase equipment directly from Team Aquatic Supplies; however, it will not have the Patriots logo or any other customization for names, etc. Team Aquatic discount cards (called "Shark Cards") will be emailed to Members at the beginning of the season and posted on the website under the 'Equipment' tab. When presented at Team Aquatics, this card entitles Members to a 20% discount.

Please contact Tara Gilmour, Office Manager, with any questions you may have.

## Equipment List

Items	Price*	
	With Patriots Logo	Personalized
Girls Training Suit: Speedo Polyester Flyback <b>This suit is also the White &amp; Green Squad Racing Suit</b> Youth Sizes: 22/6, 24/8, 26/10, 28/12 Adult Sizes: 26, 28, 30, 32, 34, 36, 38	\$65.00	
Girls Racing Suit: Lycra Speedo Quantum Splice Super Proback Youth Sizes: 22/6, 24/8, 26/10, 28/12 Adult Sizes: 26, 28, 30, 32, 34, 36, 38	\$70.00	
Boys Training Suit: Speedo Polyester Jammer <b>This suit is also the White &amp; Green Squad Racing Suit</b> Sizes: 22, 24, 26, 28, 30, 32, 34, 36, 38	\$50.00	
Boys Racing Suit: Lycra Speedo Quantum Splice Male Jammer Sizes: 22, 24, 26, 28, 30, 32, 34, 36, 38	\$55.00	
Silicone Swim Cap – Red	\$12.00	Yes**
Latex Swim Cap – Red	\$7.00	
Hoodie - Red or Black (special order): Sizes: Youth: S, M, L, XL                      Adult: S, M, L, XL	\$45.00	Yes**
Short Sleeved T-Shirt - Red Sizes: Youth: S, M, L                              Adult: S, M, L, XL <b>*Included with Registration for First Year Swimmers</b>	\$20.00 or included with new swimmer registration	
Long Sleeved T-Shirt - Red Sizes: Adult: S, M, L, XL	\$24.00	
Team Jackets		Yes**
Backpack – Black with logo	\$85.00	
Officials Polo Shirt - White & Red Sizes: Woman: XS, S, M, L, XL              Men: S, M, L, XL, XXL	\$35.00	

\*Prices subject to change for the upcoming season.

\*\*Prices for personalized gear depend on the size of the order.

**5. TENTATIVE MEET SCHEDULE 2023-2024 SEASON** – This is a preliminary schedule as many clubs are still figuring their meet schedule. A meet schedule will be updated frequently online throughout the year.

Date	Event	Location	Squads
Sept. 11	Swimming Begins	Glenmore, MRU	Green, White, Grey & Black
Sept. 15	Swimming Begins	MRU, MNP, Seton	Red, Brz, Silver & Gold
Sept. 17	Team BBQ	Edworthy Park	All with Parents
Sept. 23-24	Swim AB Coaches Conference	TBD	Some Coaches
Sept. 30	CP Team Champs (Tentative)	MNP	All with Parents
Oct. 14	UCSC Fall Start Up	MNP	Brz, Silver & Gold
Oct. 14-15	Canmore Pentathlon	Canmore	Grey, Black & Red
Oct. 27	NCSA Fall Splash	Foothills	Green & White
Nov. ???	Jack Frost Meet	Seton	Green, White, Grey & Black
Nov. 3-5	CASC Speed Meet	MNP	Red, Brz, Silver & Gold (Qual)
Nov. 17-19	Comet Cup	Cochrane	Select Swimmers
Nov. 17-19	KSC SC Invitational	MNP	Red, Brz, Silver & Gold
Dec. 8-10	Sandy Ferris Age Group Challenge	MNP	Red, Brz, Silver & Gold
Dec. 8-10	Comets Holiday Invitational	Cochrane	Green, White, Grey & Black
Dec. 14-17	JP Fiset Invitational	Edmonton	Red, Brz, Silver & Gold (Qual)
Dec. 22	Christmas Break Starts		All Squads
Jan. 8	Training Resumes		All Squads
Jan. 19-21	Pugsley's Plunge Invitational	MNP	All Squads
Jan. 27-28	Winter Festival South	????	Qualifiers
Feb. ???	Maverick Madness	Seton	Green, White, Grey & Black
Feb. 9-11	KSC LC Invitational	MNP	Red, Brz, Silver & Gold
Feb. 24-25	Western TransMtn Festival	Seton	Red, Brz, Silver & Gold (Qual)
Mar. 1-3	Provincial Trials SC	MNP	Qualifiers
Mar. 7-10	Provincials Champs	Edmonton	Qualifiers
Mar. 15-17	Timmermans Memorial Meet	Seton	Grey, Black, Red, Brz, Silver & Gold
Mar. 16	Wild Hair Meet	Seton	White & Green
Mar. 21-24	Western Canadian Champs	Winnipeg	Qualifiers
Mar. 26-Apr. 4	Gold Squad Training Camp	Coronado	Gold
Mar. 27- Apr. 3	Practices Off		All Squads
Apr. 19-21	Chinook Invitational	Seton	All Squads
May ???	Kelowna Invitational	Kelowna	Silver & Gold (Qual)
May 10-12	Fast & Fierce Meet	Cochrane	All Squads
May 13-19	Olympic Trials	Montreal	Qualifiers
May ???	AMAC Spring Invitational	Medicine Hat	Black, Red & Brz
May 31- June 2	CSI	MNP	Silver & Gold (Qual)
June ???	Columbia Valley Invitational	Radium	Green, White & Grey
June ???	Freeze & Fry	Red Deer	Black, Red, Brz, Silver & Gold
June 15-16	Summer Festival South	???	Qualifiers
June 21-23	Steven Brown Memorial	MNP	Select Swimmers
June 29	Awards Banquet	Polish Center	All Squads
July 2	Summer Training Begins		Select Squads (Optional)
July 5-7	UCSC Finale	U of C	Summer Trainers
July ???	HLST Last Chance Meet	Helena, Montana	Red, Brz, Silver & Gold
July 25-28	Summer Provincials	???	Qualifiers
July 24-30	Canadian Swimming Champs	Toronto	Qualifiers



## 6. ONLINE REGISTRATION WAIVERS

### Waiver 1 – Registration Contract (Required)

#### Obligation to Pay Fees

The certainty of payment of fees to the Calgary Patriots Swim Club (the “Club”) by the Members of the Club is essential for budgeting purposes and for maintaining operations and financial stability of the Club. Squad fees for all Members are set under the assumption that all fees will be paid by the Members as assessed at registration. It is only through this system that the Club can offer minimal fund-raising requirements to its Members (ie: not a single mandatory bingo event!). Agreeing to the registration contract holds Members to the obligation of paying squad fees. If Members withdraw from the Club during the swim season for any reason (including, but not limited to, injury that prevents swimming, family moves to another city, swimmer transfers to another club) without providing proper notice to the Club in accordance with the “Withdrawal Dates” prescribed in this registration contract below, **no refund of fees will be offered or payable by the Club**. All remaining credit card payments remain payable to the Club through this legally binding contract, should proper notice not be given to the Club.

If any part of this obligation to pay is not clear to you, **do not agree to the contract**.

If you do not agree with your obligation to pay under any and all circumstances that might cause your swimmer to withdraw from the Club, **do not agree to the contract below**.

#### Failure to Keep Account Current

In accordance with the Club’s “Accounts Receivable Collections Policy”, failure to keep your account current may result in suspension of Patriots swim activities, including participation in competition meets. Current is defined as an account that is not outstanding for more than 60 days. If non-payment is recurring or accounts remain outstanding despite collection efforts by the Club, the Club’s Board of Directors reserves the right to have the Member withdrawn from the Club.

#### Withdrawal Dates

Obligation of a Member to pay fees will be waived if written notice of intent to withdraw is received by the Club **on or before September 30<sup>th</sup>, 2023**. In this case, fees will still be due for the month of September and the Registration fee will not be refunded.

Obligation of a Member to pay “Long Course” fees will be waived if written notice of intent to withdraw is received by the Club **on or before December 31<sup>st</sup>, 2023**. In this case, fees will still be due for September to December, inclusive.

Obligation of a Member to pay “Long Course” fees will be waived if written notice of intent to withdraw is received by the Club **on or before March 31, 2024**. In this case, fees will still be due for January to March, inclusive.

If notice to withdraw is received **after April 1<sup>st</sup>, 2024**, fees will still be due for April to June, inclusive.

#### Obligation to Volunteer

You have a requirement to volunteer at our team hosted swim meets and to acquire and maintain training as a meet official. Each swim family is expected to have at least one member attend at least one officials’ training clinic, and shadow twice on deck at swim meets held during the course of the 2023-24 season. This is required

to become certified in an official's role and/or enables you to achieve the next Swim Canada Officiating Level. The Calgary Patriots will provide opportunities each year for various training clinics.

In addition, each swim family must provide a volunteer for a minimum of 2 shifts (sessions) when they have a swimmer participating in one of the Club's hosted meets (i.e. Pugsley's Plunge, Chinook Invitational, Team Champs). **If the volunteer does not register for at least two sessions at each Club hosted meet, by the registration deadline communicated by the Club, a fine of \$300 will be charged to their Patriots account.**

If any part of this obligation to volunteer is not clear to you, **do not agree to the contract.**

## **Contract**

In consideration of the Calgary Patriots Swim Club (the "Club") agreeing to provide a position on a squad for the swimmers described above, I/we (the undersigned) have read and understand the Club's regulations and agree to comply with them. Specifically, I/we agree to the following terms:

1. Accept financial responsibility for the full squad fees of the swimmers, described above, with the understanding that the fees are not refundable unless proper notice has been given to the Club and are owed in their entirety to the Club by the agreed schedule of payments.
2. Pay all charges owing, including equipment purchases, competition fees and travel costs once such costs have been billed to Members' accounts.
3. Acquire and maintain training for official's positions.
4. Volunteer for a minimum of 2 shifts (sessions) when our swimmer(s) is/are participating in one of the Club's hosted meets. Failure to do so may result in a fine of \$300.
5. To be available to volunteer at the next Calgary Patriots casino opportunity **OR** pay the annual \$100 family buyout fee.

## **Waiver 2 – Discipline Policies (required)**

The Calgary Patriots Swim Club's Board of Directors and coaches endeavor to provide a positive experience for all swimmers while they are involved in a Club-related activity.

**Please review the Discipline & Complaints Policy, Dispute Resolution Policy and Appeal Policy on our website before completing your registration. Links to these policies below:**

[Discipline and Complaints Policy](#)

[Dispute Resolution Policy](#)

[Appeal Policy](#)

**NO REFUNDS OF FEES WILL BE ISSUED IN THE EVENT OF A DISMISSAL.** The cost of repair and/or replacement of any damage or destruction, negligently or intentionally caused by a swimmer to property will be payable by the swimmer and the swimmer's parent(s)/guardian(s).

By completing your registration, you agree to the three Discipline Policies listed above.

## **Waiver 3 – Release and Indemnity (required)**

We are the parents/guardians (“Parents”) of the child(ren) (“Child”) who are named in this registration. Our Child is a swimmer who participates in the competitive swimming program conducted by the Calgary Patriots Swim Club (“the Club”), an incorporated society under the laws of Alberta.

As Parents, we recognize that the competitive swimming program operated by the Club and in which our Child participates involves rigorous physical activity and we on our own behalf and on behalf of our Child accept all of the risks which are inherent in those activities.

In addition, we as Parents hereby acknowledge that we have been informed that either no insurance coverage or no adequate insurance coverage has been obtained by the Club or by any other party in relation to losses or damages that may be sustained by our Child or claims that might be made by our Child as a result of the Child’s involvement in the activities of the Club.

In consideration of One Dollar (\$1.00) and other good and valuable consideration, the receipt and sufficiency of which are hereby acknowledged, and in consideration of our Child being allowed to participate, or to continue to participate, as a swimmer in the competitive swimming program of the Club, we as Parents of the Child, on our own behalf and on behalf of the Child and the Child’s heirs, executors, administrators, successors and assigns, hereby agree as follows:

We the Parents and the Child hereby release and forever discharge:

1. The Club;
  - The coaches and their assistants employed or retained by the Club;
  - All other parents and guardians of other children who participate in the activities of the Club and all other persons connected with the Club who serve from time to time as volunteers or chaperones in connection with activities of the Club; and
  - All other children who participate in the activities of the Club, and all of the persons’ respective heirs, executors, administrators, successors and assigns (hereinafter called the “Releases”) from all manner of actions, causes of action, suits, debts, statutory obligations, sum of money, demands and claims of every nature and kind whatsoever (“Claims”) that either we Parents or our Child ever had, now have or which we shall or may have in the future in connection with the activities of the Club, save and except any Claims that are directly caused by the negligence of the Club or any of its coaches. We acknowledge that by means of this document we intend to release our right and to the extent permissible by law, the right of our Child to make any claim against any of the Releases in connection with anything that may happen concerning or arising out of the activities of the Club as aforesaid.
2. We the Parents also hereby agree that we will at all times indemnify the Releases and agree to hold them harmless from and in respect of all claims, demands, suits or actions, or claims for contribution or indemnity, which may at any time be made or brought against the Releases or any of them by our Child or by anyone on behalf of our Child in connection with any matter or thing concerning or arising out of the activities of the Club save and except any Claims that are directly caused by the negligence of the Club or any of its coaches.
3. We the Parents hereby confirm our intention that the Release and the Indemnity contained in this document are to apply in connection with all activities of the Club regardless of where they may occur including, without restricting the foregoing activities that may be conducted in the United States of America.

The Release and Indemnity is intended to remain in full force and effect so long as the Child participates in any activities of the Club so as to apply to all matters which may arise during that time.

#### **Waiver 4 – Anti-Spam Consent & Collection of Personal Information (required)**

Canadian anti-spam legislation entered into force on July 1, 2017. The Calgary Patriots Swim Club conducts much of our business using email notices. Email notices may contain, but are not limited to, newsletters, notice of documents posted on the website, and requests for meet confirmation. Your consent to receive emails from the Club is necessary to join the Club.

When you become a Member of the Calgary Patriots Swim Club, we will collect your name, address, telephone number, email, emergency contact information, and credit card information. We also collect the names, age and gender for each swimmer registering with the Club. We use this information to:

- Deliver coaching and swim services.
- Enroll a member in a program.
- Send out membership information.
- Register swimmers in swim meets; and
- Register swimmers with Swim Alberta and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as authorized by law. For example, we may use Member's information to register Members in swim meets, with Swim Alberta, and Swim Canada.

#### **Waiver 5 – Photo/Video Release Agreement (required)**

We at the Calgary Patriots Swim Club like to use photo and video technology as a tool to help enhance the performance of our member swimmers and as a means to promote our activities and celebrate Club and individual achievements. We achieve this through various media and through approved assignees of the Calgary Patriots Swim Club to take photos and videos of members and member swimmers engaged in club activities. Examples of how these images may be used (but not limited exclusively) would include underwater performance video, images taken by our assigned Team Photographer for squad pictures and end of year banquet celebrations, events, and web site promotions.

By completing your registration, you confirm your consent to having you or your child's likeness used for such purposes under the terms of the By-Laws and Policies of the Calgary Patriots Swim Club.