



2026 Yukon Championship Swim Meet

Hosted by the Whitehorse Glacier Bears Swim Club

May 1-3, 2026

Sanctioned by Swim BC: #62645

Land Acknowledgement: The Whitehorse Glacier Bears acknowledge, recognize, and respect that we live, work and swim within the traditional territory of Kwanlin Dün First Nation and the Ta'an Kwäch'än Council.

Venue: Whitehorse Lions Aquatic Centre
200 Hamilton Blvd.
Whitehorse, Yukon, Y1A 0A6
Food services on site

Pool: 8 lane – 25m pool (SCM)
Colorado Electronic Touch Pads & Scoreboard
2 lanes, 12.5 meter cool down area

Meet Manager:
meetmanager@whitehorseglacierbears.ca

Meet Referee: Robert (Mac) Macdonald (Level X)

Meet Type: Open Invitational

Meet Format: This swim meet is an open invitational competition with timed finals, prelim/finals, and relays. All events will be swum as open by gender, slowest to fastest except:

- 400 Free and 400 IM
 - 400m events restricted to ages 11 and older.
 - Top 32 entries will be accepted.
 - The top 8 entries with positive check-in for each gender, regardless of age, will swim at the end of Session 2: Friday Finals (for 400 Free) and Session 3: Saturday Finals (for 400 IM).
 - Slower heats will swim in Prelims session(s), all ages combined.
- 800 Freestyle
 - 800m freestyle will be restricted to ages 11 and older.
 - Top 24 entries will be accepted.
- Relays
 - All relays are timed finals. There are no qualifying times for relays.

Relays will be timed finals and will be swum open by gender, slowest to fastest.

Finals will include top 8 female and top 8 male by age groups listed above, for all events excluding timed final events.

Age Groups:

- 10 & under
- 11 - 12
- 13 - 14
- 15 - 17
- 18 & older

Eligibility:

- All swimmers must be registered with a Swim BC, Swimming Natation Canada (SNC) or other World Aquatics recognized club.
- Swimmer age is as of the first day of competition.
- There is no qualifying time requirement to enter this meet.

Meet Capacity: 400 athletes

Entries:

- Entry files must be uploaded to the event page on the SNC REMS by the entry deadline. Search for "Yukon Championships 2026" to find the meet in the listings.
- Entry deadline:
 - **THURSDAY, APRIL 9, 2026 by 5PM Yukon Standard Time (GMT-7)**
- Entries may only be submitted for swimmers whose registration is ACTIVE in the SNC REMS database.
- All Entry Files must contain the complete and accurate information including 9- digit swimmer ID #, name, correct date of birth and gender.
- Invalid entry times, unofficial splits and NT entries will not be accepted including relays. All entry times must be submitted as SCM times.
- Entry Limit:
 - 10 & under athletes:
 - 6 individual events, with a maximum of 2 entries per session
 - All other age groups:
 - 9 individual events, with a maximum of 3 entries per session
 - There are no limits to relay entries
- Deck Entries NOT allowed
- All fees must be paid prior to the start of the meet
- Late entries may be accepted at the discretion of meet management. If accepted, the entry fees will be doubled.
- Scratch deadline:
 - **MONDAY, APRIL 27, 2026 at 5PM Yukon Standard Time (GMT-7)**

- Scratches received prior to the scratch deadline will not incur Meet Fees.
- The following rules apply for all finalists plus alternates as listed on the official posting of prelims results.
 - For all final sessions, no-shows, step downs and unexcused incomplete swims will be considered “late scratches” and may be subject to the late scratch penalty of \$20. Fines are to be paid immediately.
 - For finals, the scratch deadline will be 30 minutes following the completion of the preliminary events (excluding time final events).
- For finals, email scratches will not be accepted.
- Refunds for scratches submitted after the specified deadline will only be issued upon receipt of a physician’s note by meet management prior to the start of the first day of competition. Refunds will be approved solely for withdrawals from the entire meet and not for individual event scratches.

Entry Fees:

- Visiting athletes:
 - \$13 per individual entry
 - \$15 per relay team entry
 - \$5 / swimmer Swim BC Competition Surcharge
- Whitehorse Glacier Bears Swim Club Members
 - \$5 / swimmer Swim BC Competition Surcharge
 - \$45 General Entry
- Cheques payable to Whitehorse Glacier Bears Swim Club in Canadian dollars.
- E-transfers to finance@whitehorseglacierbears.ca

Safe Sport:

- All interactions between an athlete and an individual who is in a position of trust should normally, and wherever possible, be in an environment or space that is both “open” and “observable” to others.
- Deck changes are explicitly prohibited.
- Whitehorse Lions Pool Washrooms and Change Rooms are to be used by swimmers only. All adults are required to use washrooms in the main Canada Games Center Concourse.

The Whitehorse Glacier Bears Swim Club and Swim Yukon believe that athletes, coaches, officials, support staff, and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment, and discrimination. All participants in this event are reminded that they are bound by Whitehorse Glacier Bears [Policies and Procedures](#), in particular, the [Code of Conduct and Ethics](#) policy.

General Meet Rules:

1. This meet will be conducted under [Swimming Canada Natation rules and regulations](#).
2. POOL DEPTH: Shallow End 1.1 m, Deep End 3.5m.
3. Swim BC warm-up procedures will be in effect and monitored by safety marshals.
4. Starts will be conducted from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4
5. The Starter shall report a swimmer to the Referee for misconduct taking place at the start of a race as per Swimming Canada Part II 2.3.2. The “misconduct” shall include but is not limited to (C.2.3.2.1):
 - a. Deliberate or negligent acts such as spitting, spouting of water, or blowing the nose in the pool or on the pool deck immediately prior to the start may be considered misconduct.
 - b. Deliberate kicking or striking of the starting platform, including the back plate prior to the start.
 - c. Unsafe or uncontrolled entry into the pool immediately prior to the start of a race. All swimmers must enter the pool with a controlled, feet-first entry.
 - d. The Referee may disqualify a swimmer for such misconduct.
6. All swimmers are allowed to race in swimwear of their choice at competitions sanctioned by Swim BC. There is no requirement to declare the choice of swimwear to the Referee if the fabric is a permeable open mesh textile and does not provide a technical advantage in terms of speed, buoyancy, or endurance.
7. SNC taping rules in effect. As a consequence of injury, it is permissible to tape not more than two fingers or toes together. Tape to the body is generally not permitted but may be reviewed by the meet referee prior to the start of the session.
8. This competition can provide the following accommodations for swimmers who are deaf or Hard of hearing:
 - a. Non-verbal instruction provided by a support person from the swimmer’s own club, who is registered in the REMS as ‘support staff’
 - b. Visual hand signals given by the starter/referee

Clubs must contact Meet Management by the Entry Deadline of the need for accommodations.
9. During events only one (1) swimmer per lane is permitted.
10. All events will be swum as mixed gender, open and seeded slowest to fastest following SW 3.1.2 seeding rules
 - a. Events will be combined by gender and/or age group for seeding

purposes. Results will be separated by age group and gender

11. Only Athletes, Coaches and Officials may be on deck during Warm-Up and Competition. Spectators, Family Members of Athletes/Officials are not permitted on deck except in the designated spectator area.
12. Coaches are reminded that once competition begins, the field of play is reserved for swimmers, officials and support staff. Coaches are not permitted behind the starting blocks or at the turn end but are welcome to coach and encourage their swimmers from the sides of the pool
13. All participants are to respect all facility rules.
14. All photographers must have applied for and received permission from meet management prior to the start of meet to be on deck. In order to minimize risk, all photographs and video taken at Swimming Canada/Swim BC sanctioned competitions, whether taken by a professional photographer or videographer, spectator, team support staff or any other participant, must observe generally accepted standards of decency. Under no circumstances are cameras or other recording devices allowed in the area immediately behind the starting blocks during practice or competition starts, or in locker rooms, bathrooms, or any other dressing area.

Scoring & Awards:

- Individual: 20-17-16-15-14-13-12-11
- Team: 40-34-32-30-28-26-24-22
- Medals will be awarded for 1st, 2nd and 3rd places in all individual events (finals and timed finals).
- Ribbons will be awarded for 4th, 5th, 6th, 7th and 8th places in individual events (finals and timed finals).
- Medals will be presented immediately after the event results are announced as official.
- Ribbons will be available for coaches to pick up at the end of the meet.

Results:

- Results will be published to [Meet Mobile](#), loaded to the Team's and SNC website.

Event Schedule:

Session 1: Friday, May 1, 2026			
Session Type: Prelims and TF			
Warm-ups: 13 & over: 7:30 AM - 8:10 AM 12 & under: 8:10 AM - 8:50 AM			
Officials meeting: 8:15 AM Officials Lounge			
Start times: 9:00 AM			
Event #	Age	Gender	Event
1	Open	Mixed	200 IM
2	Open	Mixed	100 Back
3	Open	Mixed	200 Fly
4	Open	Mixed	50 Breast
5	Open	Mixed	400 Free (TF)

Session 2: Friday, May 1, 2026			
Session Type: Finals			
Warm-ups: 3:30 PM - 4:20 PM			
Officials meeting: 3:45PM Officials Lounge			
Start times: 4:30PM			
Event #	Age	Gender	Event
1	Per Age-Group	By Gender	200 IM
2	Per Age-Group	By Gender	100 Back
3	Per Age-Group	By Gender	200 Fly
4	Per Age-Group	By Gender	50 Breast

5	Open	By Gender	400 Free (TF) Top 8
6	Per Age-Group	By Gender	200 Free Relay (TF)

Session 3: Saturday, May 2, 2026			
Session Type: Prelims and TF			
Warm-ups: 13 & over 7:30 - 8:10 AM / 12 & under 8:10 - 8:50 AM			
Officials meeting: 8:15AM Officials Lounge			
Start times: 9:00 AM			
Event #	Age	Gender	Event
7	open	mixed	200 Free
8	open	mixed	50 Fly
9	open	mixed	100 Breast
10	open	mixed	50 Free
11	open	mixed	200 Back
12	open	mixed	400 IM (TF)

Session 4: Saturday, May 2, 2026			
Session Type: Finals			
Warm-ups: 3:30 PM - 4:20 PM			
Officials meeting: 3:45 PM Officials Lounge			
Start times: 4:30 PM			
Event #	Age	Gender	Event

7	Per Age-Group	By Gender	200 Free
8	Per Age-Group	By Gender	50 Fly
9	Per Age-Group	By Gender	100 Breast
10	Per Age-Group	By Gender	50 Free
11	Per Age-Group	By Gender	200 Back
12	Open	By Gender	400 IM (TF) Top 8
13	Per Age-Group	By Gender	200 Medley Relay (TF)

Session 5: Sunday, May 3, 2026			
Session Type: Prelims and TF			
Warm-ups: 13 & over 7:30 - 8:10 AM / 12 & under 8:10 - 8:50 AM			
Officials meeting: 8:15AM Officials Lounge			
Start times: 9:00 AM			
Event #	Age	Gender	Event
14	open	mixed	200 Breast
15	open	mixed	100 Free
16	open	mixed	50 Back
17	open	mixed	100 Fly
18	open	mixed	800 Free (TF)

Session 6: Sunday, May 3, 2026			
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Session Type: Finals			
Warm-ups: 3:30 PM - 4:20 PM			
Officials meeting: 3:45 PM Officials Lounge			
Start times: 4:30 PM			
Event #	Age	Gender	Event
14	Per Age-Group	By Gender	200 Breast
15	Per Age-Group	By Gender	100 Free
16	Per Age-Group	By Gender	50 Back
17	Per Age-Group	By Gender	100 Fly
19	Per Age-Group	By Gender	400 Free Relay (TF)



COMPETITION WARM-UP SAFETY PROCEDURES

For all Swim BC sanctioned competitions, Meet Management must ensure the following warm-up safety procedures are implemented. Coaches, swimmers, and officials share responsibility for adhering to these guidelines during all scheduled warm-up periods. Coaches are encouraged to support Safety Marshals in promoting a safe environment.

GENERAL WARM-UP

- Swimmers must enter the pool **FEET FIRST** in a cautious manner, entering from a start or turn end only and from a standing or sitting position.
- Swimmers shall always be aware of their surroundings and keep the end walls clear.
- Running on the pool deck and running entries into the pool are prohibited.
- Meet Management may designate the use of sprint or pace lanes during the scheduled warm-up time. Any such lane usage must be communicated through a pre-competition handout or announcement and visible through on deck signage.
- **Swim BC recommends that**, where lane density exceeds 20 swimmers per lane SC or 40 swimmers per lane LC, Meet Management split warm-up to ensure a safe environment (swimmers per lane) exists (i.e. by club, gender or age). A split warm up must be communicated in some fashion prior to the start of warm-up. This can be through a pre-competition handout or email, a technical meeting, or a general announcement.
- Diving starts shall be permitted only in designated sprint lanes. Only one-way swimming from the start end of sprint lanes is permitted.
- Swimmers exiting sprint lanes must exercise caution and remain aware of their surroundings. When crossing into other lanes, they shall ensure they do not interfere with ongoing sprint activities, pace work, or lanes designated for Para swimmers.
- Coaches shall decide if their swimmer is ready to safely participate in pace work in designated pace lanes and must be directly supervised by their coaches.
- Pools with backstroke starting ledges available may offer a designated lane for backstroke starts at meet management's discretion. (This is not mandatory if not enough general lane space is available for the number of swimmers in the meet.)
- Notices or barriers must be placed on starting blocks to indicate no diving during warm-up.
- Pre-event training shall be managed by the coaches and will have sufficient lifeguards on deck. There will be no Safety Marshals in place during pre-event training.
- Safety marshals will only be placed in the competition pool when warm-ups take place.

EQUIPMENT

- Only Kick Boards, Pull-Buoys, Ankle Bands, and Snorkels are permitted for use in the main warm-up pool during warm-up.
- Hand paddles and flippers are permitted for use in a secondary warm-up pool only (where available), at Meet Management's discretion and recommended only for national events or senior competitions.
- At Meet Management's discretion and based on available space, the Meet Manager may permit use of tubing or cord assisted sprinting in designated lanes and during specific times of the warm-up only. It is recommended that this only be allowed in secondary warm-up pools as space allows. Coaches are responsible for equipment reliability and use. This is recommended only for national events or senior competitions.

VIOLATIONS

It is recognized that there is a level of interpretation and common sense that must be applied when applying these guidelines. Diving headfirst quietly into an empty pool at the start of warm-up is not the same as diving headfirst into a crowded lane. Judgment and context are required. This section is specific to diving violations and not equipment.

- Swimmers witnessed by a Safety Marshal diving or entering the water in a dangerous fashion may be removed, by the Referee, without warning from their next individual event following the warm-up period in which the violation occurred. The swimmer's name and club shall be registered with the Meet Manager.
- In the case of a second offense during the same competition the swimmer shall be removed from the remainder of the competition by the Competition Coordinator/Meet Referee.

SAFETY MARSHALS

The Safety Marshal is a trained position designated by Meet Management. Judgment, tact and confidence is required and therefore the Safety Marshal should ideally be a more experienced official, whenever possible.

Safety Marshals shall:

- Be visible by safety vest.
- Be briefed thoroughly on the warm-up procedures
- Be situated at each end of the competition pool. Actively monitor all scheduled warm-up periods during competition days;
- Ensure participants comply with warm-up safety procedures and report violations to the Referee.

A minimum of 2 safety marshals are recommended for each of the 25m warm-up pools in use during short course competitions, and a minimum of 4 safety marshals are recommended for 50m warm-up pools in use during long course competitions.

Depending on the level of competition, Safety Marshals have a role in helping work with coaches and swimmers to ensure a safe warm-up environment. This may include educating a younger swimmer on the procedures or communicating a concern to a coach.

PARA-SWIMMER NOTIFICATION

- Coaches are requested to notify Meet Management of any Para swimmers participating in warm-ups. Meet Management may designate a Para swimmer lane for warm-up when necessary.
- Where a para lane is designated, only classified swimmers may use it. Violations may lead to disciplinary action.

The following statement must appear in all Swim BC sanctioned meet information and posted notices:

“SWIM BC COMPETITION WARM-UP SAFETY PROCEDURES WILL BE IN EFFECT AT THIS MEET.”

Travel and Hotel Information:

Looking to make the most out of your trip to Whitehorse? Explore **Yukon Your Way** while planning and get access to exclusive discounts!

[YUKON YOUR WAY: Discover the Wild, Embrace the North!](#)

Developed by Sport Yukon's sport tourism program **Make It Happen**, Yukon Your Way has been able to secure deals with a variety of tourism providers from local dining to must-do activities that make the Yukon so special. Browse through the webpage to see what sport tourism visitors can access to make your journey, your Yukon!

All discount information, including codes and details will be provided by the event organizer and emailed to all registered participants.

Didn't receive this email? Send us a message at meetmanager@whitehorseglacierbears.ca or matteo@whitehorseglacierbears.ca. Once we verify your registration, you will receive a copy of the discount page.

Flights:

Air North: Air North group travel is available for athletes traveling to Whitehorse, for more information go to:

<https://www.flyairnorth.com/flights/group-travel>

For individual reservations:

Online: www.flyairnorth.com

By phone: 1-800-661-0407 ext. 198 (within North America) or 1-867-668-2228 ext. 198 (local)

Hotel:

[Sternwheeler Hotel and Conference Centre](#)

201 Wood Street, Whitehorse, YT
(867) 393-9700

Group Block Available for Athletes, Coaches and other Team Officials:

60 rooms blocked at peak

\$145 Standard 2 Queen beds Room + applicable taxes (\$20.00 for each additional person greater than 2 persons per room).

Dates: April 28 - May 4, 2026

Group # code: 66183

Guests must identify the group code at time of booking in order to receive the above rate.

A credit card is required to make a reservation.

All reservations must be made by **APRIL 1, 2025**

Check in time is 3:00 PM.

Check out time is 11:00 AM.

24-hour notice is required for all individual cancellations.

A late check-out may be available for an additional charge (subject to room availability).