

Peterborough Swim Club Pool Schedule Fall 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Senior Elite						
12 Hours Pool	3:30-5:00 Pm Pool	6:00-7:30 Am Pool	6:00-7:30 Am Pool	3:30-5:00 Pm Pool	6:00-7:30 Am Pool	7:00-9:00 Am Pool
2.5 Hours Dryland	5:00-5:30 Pm Swim Skill Dryland on deck	7:00-8:00 Pm Dryland Hybrid	3:30-5:00 Pm Pool		4:00-5:00 Pm Pool	10:00-11:00 Am Dryland Hybrid
Junior Performance						
10.5 Hours Pool	3:30-5:00 Pm Pool		6:00-7:30 Am Pool	3:30-5:00 Pm Pool	6:00-7:30 Am Pool	7:00-9:00 Am Pool
2.5 Hours Dryland	5:00-5:30 Pm Swim Skill Dryland on deck	7:00-8:00 Pm Dryland Hybrid	3:30-5:00 Pm Pool		4:00-5:00 Pm Pool	10:00-11:00 Am Dryland Hybrid
AG-Race						
7.5 Hours Pool		6:00-7:30 Am Pool	5:00-6:00 Pm Pool	6:00-7:30 Am Pool	4:30-6:00 Pm Pool	7:00-9:00 Am Pool
3 Hours Dryland	6:00-7:00 Pm Dryland			6:00-7:00 Pm Dryland		9:00-10:00 Am Swim Skills Dryland on deck
AG-Train						
6. Hours Pool	4:30-6:00 Pm Pool		5:00-6:00 Pm Pool	6:00-7:30 Am Pool	5:00-6:00 Pm Pool	5:15-6:15 Pm Pool
3 Hours Dryland		6:00-7:00 Pm Dryland	4:30-5:00 Swim Skill Dryland on deck	6:00-7:00 Pm Dryland		4:15-5:15 Pm Swim Skill Dryland on deck
AG-Devo						
4.0 Hours Pool	5:00-6:00 Pm Pool			5:00-6:00 Pm Pool		4:15-6:15 Pm Pool
1.75 Hours Dryland		6:00-7:00 Pm Dryland			5:00-5:45 Pm Swim Skill Dryland on deck	
Precompetitive						
2 Hours Pool				5:00-6:00 Pm Pool		9:00-10:00 Am Pool
1 hour Dryland	6:00-7:00 Pm Dryland					