



# RAVENSONG AQUATIC CLUB

## 2025-2026 Schedule

Groups		Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
Galiano	AM		5:45-7:15AM		5:45-7:15AM		7:15-9:15AM
Platinum	PM	3:15-5:15PM	4:15-6:30PM	3:15-5:15PM	4:15-6:30PM	4:15-6:30PM	
Texada	AM		5:45-7:15AM		5:45-7:15AM		7:15-9:15AM
Gold	PM	3:15-5:15PM		3:15-5:15PM		4:15-6:30PM	
Lasqueti	AM		5:45-7:15AM				7:15-9:15AM
Silver	PM	4:15-5:45PM		4:15-5:45PM		4:15-6:00PM	
Hornby	AM		5:45-7:15AM				
Bronze	PM	5:00-6:30PM		5:00-6:30PM		3:15-5:00PM	
Denman	AM						
Breakers	PM	5:00-6:30PM	5:00-6:30PM		5:00-6:30PM	3:15-5:00PM	
Thetis	AM						
Swimbits	PM	5:30-6:30PM		5:30-6:30PM		3:15-5:00PM	
Saturna	AM						
Wavemakers	PM		4:15-5:15PM		4:15-5:15PM	3:15-5:00PM	

**Each practice includes 15 min dryland prior to swimmers entering the water.**

**Sunday practices at NAC start in November**

### Upcoming Events

Aug 17	Qualicum Ocean Mile Swim
Sep 8	First Day of Practices (Afternoons only)
Sep 9 & 11	New Swimmer Assessments
Sep 14	Terry Fox Run
Sep 16	Morning Practices Start (Tue/Thu)
Sep 30	No Swimming (T&R Day)
Oct 17	AGM
Oct 31	No Swimming (Halloween)
Nov 2	Sunday Morning Practices at NAC Start
Nov 11	No Swimming (Remembrance Day)
Nov 28	Red & Black Meet
Dec 19	Last Day of Practices Before Christmas Break