

Red Deer Catalina 2025 Freeze or Fry - 2025-06-20 to 2025-06-22**Session Report**

Session: 1 Friday Night Bonus 400

Day of Meet: 1 Starts at 05:50 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 400 Freestyle Time Trial	72	12	05:50 PM	NA
Finals	2 Boys 400 Freestyle Time Trial	47	8	07:16 PM	NA
	Swimmers Counts for Warm-ups: 119	====	====		
	Entry / Heat Totals:	119	20		
	Finish Time			08:13 PM	e08:13 PM

Red Deer Catalina 2025 Freeze or Fry - 2025-06-20 to 2025-06-22**Session Report**

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	3 Girls 50 Breaststroke	198	34	08:35 AM	NA
Finals	4 Boys 50 Breaststroke	109	19	09:26 AM	NA
	Break: 3 Minutes:				
Finals	5 Girls 100 Backstroke	128	22	09:58 AM	NA
Finals	6 Boys 100 Backstroke	67	12	11:01 AM	NA
Finals	7 Girls 200 Freestyle	95	16	11:36 AM	NA
Finals	8 Boys 200 Freestyle	68	12	12:38 PM	NA
	Swimmers Counts for Warm-ups: 455	====	====		
	Entry / Heat Totals:	665	115		
	Finish Time			01:25 PM	e01:25 PM

Red Deer Catalina 2025 Freeze or Fry - 2025-06-20 to 2025-06-22**Session Report**

Session: 3 Saturday PM

Day of Meet: 2 Starts at 03:35 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	9 Girls 50 Backstroke	166	28	03:35 PM	NA
Finals	10 Boys 50 Backstroke	107	18	04:28 PM	NA
	Break: 3 Minutes:				
Finals	11 Girls 100 Butterfly	54	10	05:05 PM	NA
Finals	12 Boys 100 Butterfly	32	6	05:29 PM	NA
Finals	13 Girls 200 IM	114	19	05:43 PM	NA
Finals	14 Boys 200 IM	66	12	07:05 PM	NA
	Swimmers Counts for Warm-ups: 438	====	====		
	Entry / Heat Totals:	539	93		
	Finish Time			07:56 PM	e07:56 PM

Red Deer Catalina 2025 Freeze or Fry - 2025-06-20 to 2025-06-22**Session Report**

Session: 4 Sunday AM

Day of Meet: 3 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	15 Girls 50 Butterfly	164	28	08:35 AM	NA
Finals	16 Boys 50 Butterfly	93	16	09:14 AM	NA
	Break: 3 Minutes:				
Finals	17 Girls 100 Freestyle	196	33	09:40 AM	NA
Finals	18 Boys 100 Freestyle	115	20	10:50 AM	NA
Finals	19 Girls 200 Breaststroke	55	10	11:33 AM	NA
Finals	20 Boys 200 Breaststroke	33	6	12:21 PM	NA
	Swimmers Counts for Warm-ups: 427	====	====		
	Entry / Heat Totals:	656	113		
	Finish Time			12:48 PM	e12:48 PM

Red Deer Catalina 2025 Freeze or Fry - 2025-06-20 to 2025-06-22**Session Report**

Session: 5 Sunday PM

Day of Meet: 3 Starts at 02:35 PM Heat Interval: 30 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	21 Girls 50 Freestyle	212	36	02:35 PM	NA
Finals	22 Boys 50 Freestyle	126	22	03:20 PM	NA
	Break: 3 Minutes:				
Finals	23 Girls 100 Breaststroke	147	25	03:50 PM	NA
Finals	24 Boys 100 Breaststroke	74	13	04:54 PM	NA
Finals	25 Girls 200 Backstroke	36	6	05:28 PM	NA
Finals	26 Boys 200 Backstroke	25	5	05:58 PM	NA
	Swimmers Counts for Warm-ups: 410	=====	=====		
	Entry / Heat Totals:	620	107		
	Finish Time			06:22 PM	e06:22 PM