

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21

Session Report

Session: 1 Friday Night Bonus 400

Day of Meet: 1 Starts at 06:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 400 Freestyle Time Trial	72	12	06:05 PM	NA
Finals	2 Boys 400 Freestyle Time Trial	43	8	07:27 PM	NA
	Swimmers Counts for Warm-ups: 115	====	====		
	Entry / Heat Totals:	115	20		
	Finish Time			08:22 PM	e08:22 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21

Session Report

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	3 Girls 50 Breaststroke	179	30	08:35 AM	NA
Finals	4 Boys 50 Breaststroke	121	21	09:20 AM	NA
	Break: 3 Minutes: Changing Ends				
Finals	5 Girls 100 Backstroke	133	23	09:54 AM	NA
Finals	6 Boys 100 Backstroke	64	11	10:54 AM	NA
Finals	7 Girls 200 Freestyle	133	23	11:22 AM	NA
Finals	8 Boys 200 Freestyle	84	14	12:52 PM	NA
	Swimmers Counts for Warm-ups: 495	=====	=====		
	Entry / Heat Totals:	714	122		
	Finish Time			01:47 PM	e01:47 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 3 Saturday PM

Day of Meet: 2 Starts at 03:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	9 Girls 50 Backstroke	167	28	03:05 PM	NA
Finals	10 Boys 50 Backstroke	108	18	03:51 PM	NA
	Break: 3 Minutes: Changing Ends				
Finals	11 Girls 100 Butterfly	71	12	04:22 PM	NA
Finals	12 Boys 100 Butterfly	40	7	04:50 PM	NA
Finals	13 Girls 200 IM	130	22	05:06 PM	NA
Finals	14 Boys 200 IM	72	12	06:40 PM	NA
	Swimmers Counts for Warm-ups: 477	=====	=====		
	Entry / Heat Totals:	588	99		
	Finish Time			07:33 PM	e07:33 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 4 Sunday AM

Day of Meet: 3 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	15 Girls 50 Butterfly	138	23	08:35 AM	NA
Finals	16 Boys 50 Butterfly	90	15	09:07 AM	NA
	Break: 3 Minutes: Changing Ends				
Finals	17 Girls 100 Freestyle	192	32	09:30 AM	NA
Finals	18 Boys 100 Freestyle	113	19	10:38 AM	NA
Finals	19 Girls 200 Breaststroke	82	14	11:18 AM	NA
Finals	20 Boys 200 Breaststroke	48	8	12:21 PM	NA
	Swimmers Counts for Warm-ups: 480	=====	=====		
	Entry / Heat Totals:	663	111		
	Finish Time			12:57 PM	e12:57 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21

Session Report

Session: 5 Sunday PM

Day of Meet: 3 Starts at 03:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	21 Girls 50 Freestyle	182	31	03:05 PM	NA
Finals	22 Boys 50 Freestyle	121	21	03:44 PM	NA
	Break: 3 Minutes: Changing Ends				
Finals	23 Girls 100 Breaststroke	116	20	04:12 PM	NA
Finals	24 Boys 100 Breaststroke	61	11	05:01 PM	NA
Finals	25 Girls 200 Backstroke	26	5	05:29 PM	NA
Finals	26 Boys 200 Backstroke	26	5	05:52 PM	NA
	Swimmers Counts for Warm-ups: 431	=====	=====		
	Entry / Heat Totals:	532	93		
	Finish Time			06:15 PM	e06:15 PM