

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 1 Friday Night Bonus 400

Day of Meet: 1 Starts at 06:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	1 Girls 400 Freestyle Time Trial	71	12	06:05 PM	NA
Finals	2 Boys 400 Freestyle Time Trial	42	7	07:28 PM	NA
	Swimmers Counts for Warm-ups: 113	====	====		
	Entry / Heat Totals:	113	19		
	Finish Time			08:15 PM	e08:15 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 2 Saturday AM

Day of Meet: 2 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	3 Girls 50 Breaststroke	178	30	08:35 AM	NA
Finals	4 Boys 50 Breaststroke	120	20	09:20 AM	NA
	Break: 3 Minutes: Changing Ends				
Finals	5 Girls 100 Backstroke	131	22	09:53 AM	NA
Finals	6 Boys 100 Backstroke	64	11	10:49 AM	NA
Finals	7 Girls 200 Freestyle	133	23	11:17 AM	NA
Finals	8 Boys 200 Freestyle	84	14	12:47 PM	NA
	Swimmers Counts for Warm-ups: 492	=====	=====		
	Entry / Heat Totals:	710	120		
	Finish Time			01:42 PM	e01:42 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 3 Saturday PM

Day of Meet: 2 Starts at 03:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	9 Girls 50 Backstroke	166	28	03:05 PM	NA
Finals	10 Boys 50 Backstroke	107	18	03:51 PM	NA
	Break: 3 Minutes: Changing Ends				
Finals	11 Girls 100 Butterfly	69	12	04:23 PM	NA
Finals	12 Boys 100 Butterfly	40	7	04:50 PM	NA
Finals	13 Girls 200 IM	129	22	05:06 PM	NA
Finals	14 Boys 200 IM	72	12	06:41 PM	NA
	Swimmers Counts for Warm-ups: 474	====	====		
	Entry / Heat Totals:	583	99		
	Finish Time			07:34 PM	e07:34 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 4 Sunday AM

Day of Meet: 3 Starts at 08:35 AM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	15 Girls 50 Butterfly	138	23	08:35 AM	NA
Finals	16 Boys 50 Butterfly	89	15	09:07 AM	NA
	Break: 3 Minutes: Changing Ends				
Finals	17 Girls 100 Freestyle	191	32	09:30 AM	NA
Finals	18 Boys 100 Freestyle	113	19	10:39 AM	NA
Finals	19 Girls 200 Breaststroke	83	14	11:18 AM	NA
Finals	20 Boys 200 Breaststroke	49	9	12:21 PM	NA
	Swimmers Counts for Warm-ups: 480	====	====		
	Entry / Heat Totals:	663	112		
	Finish Time			01:02 PM	e01:02 PM

Red Deer Catalina 2026 Freeze or Fry - 2026-06-19 to 2026-06-21**Session Report**

Session: 5 Sunday PM

Day of Meet: 3 Starts at 03:05 PM Heat Interval: 30 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	Actual
Finals	21 Girls 50 Freestyle	181	31	03:05 PM	NA
Finals	22 Boys 50 Freestyle	120	20	03:44 PM	NA
	Break: 3 Minutes: Changing Ends				
Finals	23 Girls 100 Breaststroke	115	20	04:10 PM	NA
Finals	24 Boys 100 Breaststroke	62	11	05:00 PM	NA
Finals	25 Girls 200 Backstroke	25	5	05:28 PM	NA
Finals	26 Boys 200 Backstroke	26	5	05:51 PM	NA
	Swimmers Counts for Warm-ups: 430	====	====		
	Entry / Heat Totals:	529	92		
	Finish Time			06:14 PM	e06:14 PM