



Summerside Dolphins Swim Club

2026-2027 Swimmer Registration Guide

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Welcome from the Head Coach

Welcome to the 2026–2027 Season with the Summerside Dolphins Swim Club (SDSC).

Whether this is your first year with us or you're returning, thank you for being part of our team.

This season is about more than just swimming. We are continuing to build a program and a culture that gives every athlete the opportunity to succeed, both in and out of the pool.

Our vision is simple: create an environment where every swimmer can thrive. That means teaching strong fundamentals, growing confidence, and developing discipline and resilience that extends far beyond sport.

As a club, we're committed to growth, not only for our athletes, but also for our program as a whole.

Families can expect a clear structure in how swimmers progress through the program, and consistent communication from coaches with a focus on team culture.

When you join the Summerside Dolphins, you are joining a community. Our club works best when swimmers, coaches, and families are engaged and contributing. Your involvement helps create an environment where athletes feel supported, take pride in their progress, and are motivated to give their best.

Inside this package, you'll find everything you need to get started, including squad descriptions, training schedules, volunteer expectations and key policies.

By registering with SDSC, families agree to comply with [SDSC's Membership and Registration Policy \(2.4\)](#), which outlines registration requirements, fees, withdrawal procedures, and member responsibilities.

If you are new to swimming, it can feel like a lot at first. That's normal. Please know that we're here to guide you. Throughout the season we will provide parent meetings, newsletters, and regular updates so you always are informed.

This season is the continuation of something exciting for Summerside. I'm looking forward to working together to build a program we can be proud of and one that stands out for both its culture and its performance.

See you at the pool,
Robin Loyola

Head Coach, Summerside Dolphins Swim Club





Personal Information Protection Policy

When you become a Member of SDSC, we will collect your name, address, telephone number, email, emergency contact information and credit card or banking information. We also collect the names, ages, and genders of swimmers registered with the Club.

We use this information to:

- Deliver coaching and swim services.
- Enrol a member in a program.
- Send out membership information.
- Process payments.
- Register swimmers in swim meets.
- Register swimmers with Swim PEI and Swim Canada.

We will only disclose the information for the purpose for which the information was collected, except as authorized by law. For example, we may use Members' information to register Members in swim meets with Swim PEI and Swim Canada.

Photography & Video

SDSC may use photographs and video captured during practices, competitions, and club events for club communications, social media, website content, and promotional materials.

During registration, families will be asked whether they consent to the use of photographs and videos of their swimmer for these purposes.

When registering, please include the following:

- Full (first and last) names of **all** parents/guardians
- Email address for **all** parents/guardians

We want to ensure all communication is reaching all family members.

Thank you for your help with regards to this.

These procedures are outlined in [SDSC's Membership & Registration Policy \(2.4\)](#)





SDSC Member Information

The following information is intended to inform you about:

- The SDSC's training squads
- Squad and registration fees and related payment options.
- Fundraising Requirements
- Parent Volunteer Requirements.
- Equipment and gear orders.
- Online registration waivers (to be signed electronically during registration).

About SDSC

The Summerside Dolphin Swim Club has been at the heart of competitive swimming on Prince Edward Island since 1969. For over five decades, our volunteer-led, not-for-profit club has helped shape the island's swimming community, developing generations of swimmers while fostering a love of the sport.

We offer programs for children ages 5 to 18 at Summerside's Credit Union Place, with training options designed to suit a wide range of abilities and interests. Our focus goes beyond the pool: while we encourage personal achievement and excellence in swimming, we also teach skills that build confidence, teamwork, and resilience, lessons that extend far beyond the pool.

Our Philosophy

At SDSC, we believe that building better people creates better athletes.

Our coaching approach balances high expectations with strong support. We challenge swimmers to work hard, take ownership of their development, and pursue meaningful goals, while providing the guidance and structure they need to succeed.

Progress in sport takes time. It requires consistency, patience, and resilience. Improvement isn't always linear, but it is always valuable.

We ask families to support this process and trust the long-term approach. At the same time, we value open and respectful communication. Questions and conversations are always welcome.

Our goal is a positive, transparent environment where swimmers, coaches, and families work together to support each athlete's development.



Training squads

[Training Schedule for 2026 - 2027](#)

Please register your swimmer according to the guidelines below. Please note: swimmers may be moved to ensure group cohesion.

Ages are guidelines.

SJD - Summerside Junior Dolphins - Learn to swim

SDSC - Summerside Dolphins Swim Club - Competitive

SJD Tater Tots - Ages 5–6

1 workout/week

Entry Requirement: Swim 5–10 m unassisted

Introductory stage to build comfort in the water, basic stroke skills, and independence.

Focus on fun, confidence, and water safety.

Progression: Swim 25 m free/back

SJD Stage 1 - Ages 5–6

2 workouts/week

Entry Requirement: Swim 5–10 m unassisted

Introductory stage to build comfort in the water, basic stroke skills, and independence.

Focus on fun, confidence, and water safety.

Progression: Swim 25 m free/back

SJD Stage 2 - Ages 6–7

2 workouts/week

Entry Requirement: Swim 25 m free/back

Develop proper technique and endurance in freestyle (front crawl) and backstroke, introduce basic breaststroke.

Emphasis on confidence, skill development, and enjoyment of swimming.

Progression: Swim 50 m free/back, 25 m breast

SJD Stage 3 - Ages 7–8

2 workouts/week

Entry Requirement: Swim 50 m free/back, 25 m breast

Refine technique and learn proper turns.

Prepares swimmers for more advanced training and optional competitive swimming entry.

Progression: Swim 50 m free/back, 25 m breast with proper turns

SJD Black Squad - Ages 8 & Over

3 workouts/week

Entry Requirement: Swim 25 m free/back, 25 m breast

Refine technique and learn proper turns.

Prepares swimmers for more advanced training and optional competitive swimming entry.

Progression: Swim 50 m free/back, 25 m breast, 25 Fly with proper turns

SDSC White Squad - Ages 7–12 – 4 workouts/week

Entry Requirement: 50 m free, 50 m back, 25 m breast

First step in competitive swimming.

Focus on technique for all strokes, starts, turns, and basic racing skills.

Meets are provincial and designed to give swimmers experience and confidence.

Progression: Move to Bronze or Red based on skill and commitment

SDSC Bronze Squad - Ages 9+

4 workouts/week

Entry Requirement: 100 m free, 100 m back, 50 m breast, 25 m fly

Introduction to performance-focused training. Emphasis on stroke refinement, race skills, mental preparation, and consistent training habits.

Competes locally and in invitational meets.

Progression: Move to Silver or Red based on growth and commitment



SDSC Red Squad - Ages 13+

4 workouts/week

Entry Requirement: 200 m free, 100 m non-free strokes

Develop advanced technique, racing skills, and dryland training.

Swimmers compete locally, in the Maritimes, and occasionally in Eastern Canada. Focus on personal growth, teamwork, and performance development.

Progression: Move to Silver or Gold based on dedication and performance

SDSC Silver Squad - Ages 11+

5 or 6 workouts/week

Entry Requirement: 200 m free, 100 m back, 100 m breast, 50 m fly

High-performance training emphasizing stroke efficiency, race strategies, mental skills, and ownership of development.

Competes provincially and nationally.

Progression: Prepare for Gold Squad

SDSC Gold Squad - Ages 14+

6 or 7 workouts/week

Entry Requirement: 400 m free, 200 m back, 200 m breast, 100 m fly, 80% attendance

Senior performance squad. Elite-level training focusing on advanced conditioning, race preparation, technical precision, mental performance, and leadership.

Competes provincially and nationally.

Aqua-Abilities with ParaSport and Recreation PEI

Aqua-Abilities is a program designed for children between the ages of 5-17 living with a physical or intellectual disability. During this 8-week program, children will be provided with the opportunity to learn how to swim at their own pace with the guidance of a certified swim instructor.

This program is offered at Credit Union Place throughout the fall and winter months.

Visit [Swimming - ParaSport & Recreation PEI](#) for more information.

[SDSC Swimmer, Coach, and Parent Expectations](#)



Registration dues and fees

SDSC Membership Dues

SQUAD	ANNUAL	EIGHT (8) MONTHLY INSTALLMENTS
Gold	\$2480.00	\$310.00
Silver	\$2376.00	\$297.00
Red	\$1960.00	\$245.00
Bronze	\$1840.00	\$230.00
White	\$1680.00	\$210.00
Black	\$1256.00	\$157.00
Stage 2 & 3	\$1016.00	\$127.00
Stage 1	\$712.00	\$89.00
Tater Tots	\$464.00	\$58.00

SDSC FEES

FEE*	INCLUDES	Time of Payment	Amount Due
Fundraiser Cash Draw	15 Tickets	Registration	\$150.00
Team Gear Fee	2 caps/team shirt	Registration	\$55.00
Swim Canada/Swim PEI	Insurance Database	September 01	\$TBA

***Per swimmer & nonrefundable**

SJD FEES

FEE*	INCLUDES	Time of Payment	Amount Due
Fundraiser Cash Draw	10 Tickets	Registration	\$100.00
Team Gear Fee	Team Cap/Shirt/Team Swimsuit	Registration	\$80.00
Swim Canada/Swim PEI	Insurance Database	September 01	\$TBA

***Per swimmer & nonrefundable**

Payment for Registration Fees

Payments will be automatically charged to your credit card or banking information (pre-authorized debit) on file, or you can make payments by signing into your account at summersidedolphins.com

There are two options:

1. **Full Payment**

Pay the full SDSC registration fee at once.

Payments are processed using the credit card or banking (pre-authorized debit) information on file.

2. **Instalments**

Pay in eight (8) equal monthly instalments from September 1, 2026, to April 1, 2027.

Payments are processed automatically on the 1st of each month via Visa or MasterCard through our website. Visa Debit is not accepted.

Additional Information

- Team Gear, and the mandatory Cash Draw fundraiser are due at the time of registration, regardless of payment option.
If you have questions about payments, please email the [SDSC Treasurer](#).
- Member accounts in arrears may have participation and meet privileges withheld until account is up to date.

Multi-Swimmer Discounts

SDSC offers discounts on registration fees for families with multiple swimmers.

- Highest registration fee – pays full registration.
- Second highest registration fee – receives a 15% discount.
- Third and subsequent registration fees – received a 20% discount.

Please note that these discounts apply only to SDSC registration fees and do not apply to Swim Canada (SNC), Swim PEI, or other fees.

To have your invoices adjusted, please contact the [SDSC Treasurer](#).

SDSC Withdrawal Policy

If a member chooses to leave the club before the end of the season, the following policies apply:

Notice of Withdrawal

- The swimmer's coach must be informed first.
- Written notice to sdsc@summersidedolphins.com.
- Notice must be given 30 days in advance of the intended withdrawal.
- The official withdrawal date is the end of the 30-day notice period.
- If no written notice is received, the swimmer will be considered an active member and all fees and obligations will apply.

Fee Obligations

Withdrawal on or before September 30, 2026:

- Future fee obligations are waived
- September fees remain payable
- Registration fee is non-refundable.

Withdrawal on or before December 31, 2026:

- Long Course season fees (February–June) are waived.
- Fees for September to January are still payable.

Withdrawal after January 1, 2027:

- Full fees for January to June are required.

[See SDSC Membership & Registration Policy \(2.4\).](#)

Fundraising Obligations

- Fundraising commitments from September 1 to December 31 are mandatory. All associated bond payments are required, even if the swimmer withdraws
- If withdrawal occurs after January 1, all seasonal fundraising and bond commitments apply.

Financial Clearance

- Members will not be released/transferred from the club until all fees and obligations are paid in full.

Other Fees

SDSC will front the expenses for swimmer's activities such as: swim meets and travel for out of town meets. Then, each month, any equipment purchased or meets entered will be billed





and charged to your swimmer's individual account. All members have access to their accounts to view all charged transactions.

Accounts that are two payment periods in arrears may result in temporary suspension from practices and competitions until payment is brought current.

Fundraising & Bonds

As a provincial non-profit organization, fundraising plays an important role in keeping registration fees as affordable as possible while allowing SDSC to provide quality coaching, equipment, training opportunities, and programming for our swimmers.

The revenue generated through fundraising directly offsets operating costs and reduces the financial burden on families through registration fees.

Each SDSC and SJD family is expected to participate in the club's fundraising initiatives throughout the season.

Certain fundraisers have an associated bond amount. A bond is not an additional fee; it is the amount that will be charged **only if a family chooses not to participate or does not fulfil the fundraising requirement.**

Following each fundraiser, participation will be reviewed. If a family has not met the fundraising obligation, the corresponding bond amount will be charged to the family's account during the month following the fundraiser.

We understand that every family's circumstances are different. If you have any questions, concerns, or anticipate difficulty meeting a fundraising requirement, please email us at sdsc@summersidedolphins.com.

We are committed to working with families whenever possible.

Fundraising Requirements	Date	Bond
Holiday Hustle	Winter	\$150/ SDSC, \$100/SJD
Raffle	Fall or Spring	\$50/swimmer
Wine Survivor	Winter	no bond
Swim A Thon	April	\$50/swimmer
Bottle Drive	May	\$50/family
Fry Truck	May 30	No bond





SDSC Parent Participation

Volunteers are essential to the success of SDSC.

All families are expected to contribute to the program by:

- officiating at hosted meets
- supporting fundraising initiatives
- participating in at least one volunteer role.

These contributions allow the club to operate effectively and help keep costs manageable for all families.

Volunteering is also one of the best ways to connect with the team. It provides a closer look at your swimmer's experience, creates opportunities to meet other families, and strengthens our community.

When families are engaged, swimmers are more likely to feel connected, invested, and proud to be part of the program.

If concerns arise, we encourage swimmers, where appropriate, to speak directly with their coach first. Parents are always welcome to reach out as well, and we ask that concerns be raised respectfully and at an appropriate time, allowing space after competitions or emotionally charged situations.

Equipment and Team Gear

SDSC pride is an important part of our club culture and is expected to be displayed by all members at workouts, events, and swim meets.

For SDSC swimmers: team shirts and team caps are mandatory at dryland sessions, workouts, and swim meets.

For SJD swimmers: team caps and the team swimsuit are mandatory at workouts and the SJD Fun Meet.

Team equipment helps create a sense of belonging, unity, and pride within the club. Similar to a team jersey in other sports, our caps, shirts, and swimsuits identify us as members of the Summerside Dolphins Swim Club and reinforce the importance of supporting one another as teammates.

While swimming is often viewed as an individual sport, our success is built on a strong team environment. We believe that training, competing, and presenting ourselves as a unified team helps foster pride, commitment, and a positive club culture. We are proud to be Dolphins and expect our swimmers to represent the club with that same pride and respect.





SDSC & SJD TEAM EQUIPMENT REQUIREMENTS

SDSC families have three options when purchasing SDSC team gear.

1. Ly Sports - Families can view and download the [SDSC Ly Sports catalogue](#) or visit the [LY Sports team site](#) where each squad has its own equipment tab to help identify the correct training gear.
Use the code SSDOLPHINS at checkout to receive a team discount.
2. [All Star Cresting](#) is our local source for SDSC team apparel. They offer a wide selection of team gear, prices include taxes, and orders can be picked up locally or shipped to your home.
3. Our [SDSC Pro Shop](#) features in-stock items and event tickets you may order directly from SDSC. Options and availability vary throughout the season.

Swim Competitions

We recommend that swimmers compete approximately every 4–6 weeks, at most. Time between competitions is important to allow for meaningful training and skill development. Competition is part of the process, not a shortcut.

We strongly discourage using material rewards or incentives tied to performance. This includes money, gifts, or expensive gear such as the tech suits.

When effort and results are tied to external rewards, it shifts the focus away from what matters most: personal growth, pride in effort, and long-term development. It can also create unnecessary pressure and disappointment when outcomes don't match expectations.

Competition should not be used to define a swimmer's value or effort. Not every meet result in a personal best, and that is part of the process.

Meets are an opportunity to learn, take risks, and experience both success and failure in a supportive environment. These experiences build resilience, confidence, and the ability to handle pressure, skills that extend far beyond sport.

We encourage families to support the process and allow swimmers to find motivation from within.



Types of Meets SDSC Attends

SDSC typically attends a variety of competitions each season, including the following:

Hosted Meets

- These are held in Summerside and organized by SDSC. We typically host 3 meets per year across various competitive levels. These meets provide excellent opportunities for swimmers to race in a familiar environment with strong team support.

Non-Hosted Meets

- These local meets are held outside of Summerside but still within the Maritimes. Families are responsible for arranging their own transportation, meals, and accommodations. These meets offer additional racing opportunities without requiring full club travel logistics.

Chaperoned Meets

- These are team travel meets held outside of PEI, sometimes outside of the Maritimes. Swimmers attend as a team under the supervision of SDSC-appointed chaperones. The club arranges transportation, food, and accommodations, and all associated costs are billed to your family's swim account. These experiences help foster independence, responsibility, and strong team bonds.

Hosted Meet Participation – 2026–2027 Season

SDSC expects to host four meets during the 2026–2027 swim season. Each meet is divided into sessions. Some meets may have only one session per day (such as afternoon only), while others may have two sessions (morning and afternoon). Details for each meet, including dates, times, locations, and session breakdowns, will be available in the meet package under the Swim Meet tab on our website. This is also where families can declare attendance and sign up for volunteer roles at SDSC-hosted meets.

A typical season includes approximately 5 to 10 hosted meet sessions. This number may vary slightly year to year. The final session count will be confirmed and published in September once the season's meet schedule is finalized.

SDSC relies on the ongoing support of our families to successfully run hosted meets. These events are essential to our swimmers' competitive experience and require over 50 volunteers per session to operate smoothly and on time.

We strongly encourage families to get involved. Whether you're timing, officiating, or helping behind the scenes, volunteering not only supports the swimmers, it also gives you the best seats in the house and a front-row view of your child's progress. Many parents find that being on deck is more rewarding and engaging than watching from the stands.

Volunteering is also a great way to meet other families and become more connected to the SDSC community. Research shows that when athletes see their parents actively engaged and contributing, they are more likely to feel invested in their own sports experience. They also grow up with a stronger sense of belonging and are more likely to give back and volunteer themselves in the future. By showing up for the team, you're not only helping your swimmer, you're helping shape the next generation of leaders in our sport.

Registration Agreements Overview

When registering with Summerside Dolphin Swim Club, families are required to acknowledge and agree to the following documents and policies. These agreements are essential to ensure a smooth, safe, and fair swim season for all members. You may be asked to confirm your acceptance of these agreements multiple times during the registration process to reinforce their importance.

- SDSC Membership & Registration Policy (2.4)
- SDSC Withdrawal Policy
- SDSC Personal Information Protection Policy
- SDSC Photography & Video Consent
- SDSC Volunteer & Fundraising Expectations
- [Get to Know Your Swimmer Form](#)

By proceeding with registration, you confirm that you have read, understood, and agree to comply with these agreements for the duration of the 2026/2027 swim season.

Closing

If you have any questions about the 2026/2027 season, the registration process, or anything related to the Summerside Dolphins Swim Club, please do not hesitate to reach out to your swimmer's coach, the head coach or a board member.

At SDSC, we pride ourselves on being more than just a swim club, we are a supportive, driven community committed to helping every swimmer reach their full potential. By working together, parents, coaches, and athletes build a culture where big goals are achieved, lifelong friendships are formed, and strong character is developed both in and out of the pool.

Your feedback and involvement are valued parts of this journey, and we're here to make sure every swimmer's experience with SDSC is positive, inspiring, and rewarding.

[Accounts Summary](#)

[Fundraising Summary](#)

[SJD Dates to Remember](#)