



NEWSLETTER

September 2026

THIS ISSUE

Welcome to the 57th Season
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WELCOME TO THE 2026 - 2027 SEASON!

It is fantastic to see so many familiar and new faces on deck as we kick off SDSC's 57th season.

To all our new families, welcome to the Dolphins. You have joined an amazing community.

Last season was one to remember for our club. Our swimmers put up 518 personal bests, broke club records 36 times, and set 23 PEI provincial records.

At PEI Provincials, the team brought home 44 medals (24 gold, 13 silver, and 7 bronze) and posted 92 personal bests along the way.

Our new club sign is now up on the pool deck, and our new record board will be installed in the not too distant future.

The excitement has carried right into this season. We started last year with 53 swimmers and are now at 102 and counting.

Three weeks in, our coaches are motivated, our swimmers are eager to learn, and our parents are fully behind them.

We can't wait to see what the rest of this season brings, and together we're putting Summerside swimming on the map!

Coach Robin

SDSC'S

57th

SEASON!

MEET OUR SDSC COACHES



Robin Loyola
Head Coach
Stage 1 & Bronze

Swimming has been part of my life as long as I can remember. I swam competitively at the national level, my sons both swam at the varsity level, and this will be my 29th year on deck as a coach and 10th year as a swim coach learning facilitator. Over the years I've coached swimmers of all ages and abilities, led provincial teams, and had the privilege of representing Canada on an exchange trip to China. My coaching philosophy centres on fun, confidence, and long-term development. My goal is for swimmers to stay in the sport for the long run, take pride in their progress, and understand that the mental side of swimming matters just as much as the physical. "Swimming builds better athletes, but more importantly, it builds better people."

Swimming has given me so much throughout my life, and I feel fortunate to give back to the sport through coaching. I swam competitively for 14 years, including at the varsity level, and have been coaching swimmers of all ages and levels for more than 34 years. In that time, I've helped swimmers reach the podium at provincial and national levels and supported many athletes in continuing their careers at universities across Canada and the United States. As both a swimmer and a coach, I've been selected for numerous provincial and national teams. One of the accomplishments I value most is having played a part in the development of three swimmers who went on to represent Canada at the Olympic Games.

As much as I value competitive success, I believe swimming is about much more than medals and times. It's a life skill everyone should have the chance to learn, and the sport builds character, confidence, resilience, and a strong work ethic. My hope is that swimmers leave not only as better athletes, but as stronger, more confident people who carry those lessons with them for life.



David Loyola
Gold & Silver

I'm excited to be returning to the pool deck for my second season of coaching. I swam with the Dolphins for 10 years, so being on the coaching side of the pool at the club where I grew up means a lot to me.

I'm currently completing my Bachelor of Education at UPEI, and I love that coaching lets me bring what I'm learning in the classroom right onto the pool deck.

This season I'm coaching our White Squad and Tater Tots, and I'm looking forward to a season full of fun, learning, and growth for every swimmer in my groups.



Lauren Folland
White Squad & Tater Tots - T/TH

MEET OUR SJD COACHES



Jill LeBlanc
Black Squad

The water has always been my happy place, and coaching lets me share that passion every day. As a certified lifeguard and experienced coach, I bring a lifelong learner's curiosity to the pool deck. My background working with individuals with exceptionalities and my understanding of neurodiversity help me support every swimmer in finding their own path to success. As a parent of three swimmers, I value swimming not only as a sport but also for wellness and fitness. This is my 3rd year coaching with SDSC, and this year I'm coaching an SJD squad and our Dolphins paraswimmers. Outside the pool, I find creativity and balance through music and cooking. I'm excited to work with the board and coaching team to inspire growth, confidence, and joy in every swimmer.

My name is Kate, and I'm happy to be back for my second year of coaching. I swam with the Dolphins for 10 years and trained with the Canada Games team, and throughout school I worked as a lifeguard and taught swimming lessons.

After graduating, I started helping out with the Junior Dolphins and went on to coach for more than six years before stepping away when my first daughter, Ellie, was born. After almost nine years away, I'm back on deck, and my youngest, Ivy, is now swimming with the Dolphins too.

It's amazing to see how much the club has grown in just one year, and I can't wait to see our swimmers improve throughout the season.



Kate Blacquiere
Stage 3 T/Th & 2 - M/W



Zach Martin
Stage 2 T/Th & 3 - M/W

I have over a decade's worth of experience in the pool, with 8 of those years spent swimming with the Dolphins. It is now an honour to use that experience to coach the team I've always called family. This season I'm coaching Stage 3 on Mondays and Wednesdays with the Junior Dolphins, and co-coaching our Bronze squad on Wednesday nights. I love helping young swimmers build confidence and discover how much fun this sport can be. Outside the pool, you'll find me involved with Seaside Theatre. I'm looking forward to helping our swimmers enjoy the sport as much as I have.

MEET OUR SJD COACHES



Mya Welton
Athlete Support Coach

I've been swimming for 17 years, and 12 of those were spent with the Dolphins. I spent the past five years swimming with the UNB varsity swim team while completing my degree in chemical engineering.

This season I'm back on deck with the Dolphins as an athlete support coach, and I'm excited to be a part of the team again and to give back to a club that means so much to me.

I have been swimming with the Dolphins since 2022, and I couldn't be happier to step into the role of coach! Swimming has taught me many life lessons and has connected me with so many wonderful people. My hope is to foster a love and joy for swimming, just as my coaches did for me, while building strong, confident swimmers. I can't wait to see the milestones we'll achieve this season, and I am so excited for our journey ahead!



Hannah Ngwenya
Stage 1 - M/W

This season is my first as a coach, and I'll be working with our Stage 1 swimmers.

I swam with the Dolphins from 2017 to 2022, so coming back to the club in a new role feels a lot like coming home. I also work as a lifeguard right here at our pool, so some families may already recognize me from the lifeguard chair. I know how big those first steps in the water can feel, and I'm excited to help our newest swimmers build confidence, learn the basics, and have fun doing it.



Max Rioux
Stage 1 - T/TH

MEET OUR SJD COACHES



Willow Archibald
Tater Tots - W

I started with the Junior Dolphins when I was four years old and loved it from the very first practice. I've been swimming competitively ever since, and after taking two seasons away from the pool, I'm so happy to be back. Over the years, I've always enjoyed helping out and supporting our coaches on deck, so stepping into a coaching role of my own feels like the perfect next step.

This season I'm coaching the Tater Tots with SJD, and I'm looking forward to sharing my love of the water with our youngest swimmers and helping them feel at home in the pool, just like I did when I first joined.



Leah Carruthers
Tater Tots - W

I've been swimming competitively with the Dolphins for five years, and this season I'm excited to step onto the pool deck in a new role as coach of our Tater Tots.

The Dolphins have been a big part of my life, and I know firsthand how much a great coach can shape a swimmer's experience. I'm in grade 10, and outside of school and the pool, I'm very involved in 4-H, which has taught me a lot about leadership and teamwork.

I can't wait to help our youngest swimmers build their skills, gain confidence in the water, and discover how much fun this sport can be. I remember being in their shoes, and now it's my turn to help them get started.



SDSC BOARD

MEET THE SDSC BOARD

SDSC PRESIDENT - MATT REID

SDSC TREASURER - BARB YORKE

SDSC REGISTRAR - ARDITA PALOJA-SALLAHU

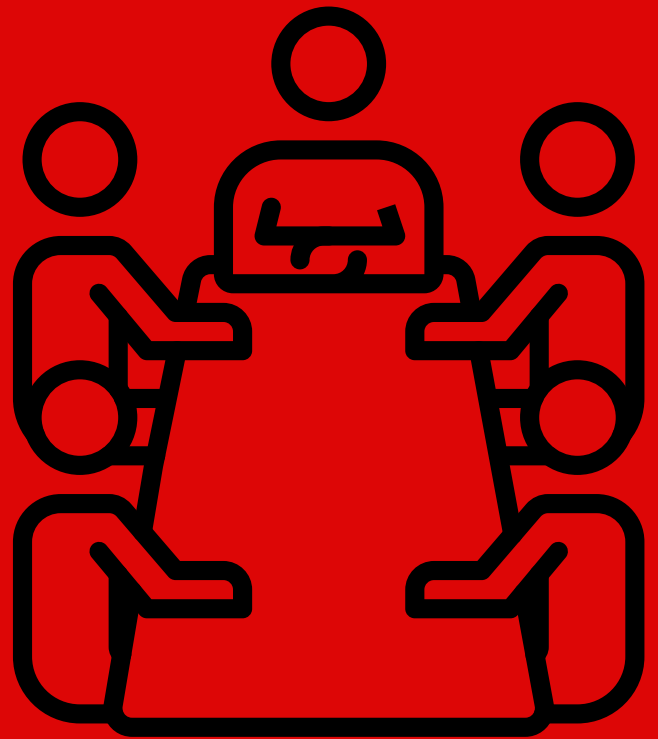
SDSC SECRETARY - KARA SABEAN

BOARD OF DIRECTORS - JENNIFER BRANT

BOARD OF DIRECTORS- HUGH LEBLANC

BOARD OF DIRECTORS - SHANNON MULLIGAN

BOARD OF DIRECTORS - NOMA NGWENYA



PARENT COMMITMENT BUILDS ATHLETE COMMITMENT

Get Involved:

Join the SDSC Board

Being on the SDSC Board isn't just about meetings. It's about shaping a program that develops committed, successful athletes.

Parents who get involved help guide decisions, support our coaches, and strengthen our community. The more engaged our families are, the stronger our athletes become.

If you want to contribute, influence, and make a real difference, consider joining the board.

SDSC Annual General Meeting

Monday, October 19, 2026

5:30 to 6:30 pm

Upstairs meeting rooms, Credit Union Place

The AGM will be followed by our monthly board meeting from 6:30 to 8:30 pm, and all members are welcome to stay.

Board meetings are held on the third Monday of each month from 6:30 to 8:30 pm and are always open to members.

Positions open this year:

Registrar

Director at Large

If you would like to put your name forward for a position, please submit [THIS FORM](#) by Friday, October 16, 2026.

We look forward to a great turnout.

SDSC AGM

SDSC TEAM PRIDE

The SDSC Team Catalogue



There's nothing like a pool deck full of Dolphins red.

When our swimmers, families and supporters show up in SDSC gear, everyone on deck knows exactly who we are and where we're from.

Team gear is more than clothing. It's how we show up for each other at meets, on deck and around the community. A swimmer in a team parka behind the blocks, a parent in an SDSC hoodie in the stands, a sibling cheering in team colours: that's what a strong club looks like.

Where to shop:

SDSC Pro Shop: SDSC Caps and SDSC shirts.

Ly Sports: Team suits, backpacks, parkas, and training equipment.

AllStar Cresting: Hoodies, long sleeve shirts, and tracksuits from a local business.

Find all three stores on the [TEAM GEAR](#) on our website.

Thinking ahead to the holidays? SDSC gear makes a great gift.



Summerside Pride, Summerside Strong



GEAR UP FOR SUCCESS

Why Competitive Swimmers Need Their Own Gear

As swimmers grow in the sport, so should their mesh bag.

Competitive training uses fins, a snorkel, a pull buoy and hand paddles every week, and having your own equipment makes a real difference.

When the equipment is yours, it fits you. Your fins are sized to your feet, and your paddles match your hands and stroke. Your gear is in your bag at every practice, so you're ready the moment the set starts.

Taking care of your own equipment is also part of becoming a committed athlete, just like taking care of your body and your training.

We're asking SDSC competitive swimmers to start to build their own mesh bag.

Our Junior Dolphins (Tater Tots, Stage 1, 2, 3 & Black Squads) will continue to use club-provided fins while they learn the fundamentals.

What's in your bag:

Fins: Build leg strength, ankle flexibility and speed.

Snorkel: Lets swimmers focus on body position and technique without turning to breathe.

Pull buoy: Isolates the upper body to build a stronger pull.

Hand paddles: Build strength and feel for the water.

Mesh gear bag: Keeps everything together and lets it dry between practices.

Label everything with your swimmer's name.

Where to buy:

All training equipment is available through Ly Sports, our Official Team Supplier, at a minimum 20% off on our [Ly Sports Team Site](#).

Use team code SSDOLPHINS for an additional 2% off, and 5% of every purchase comes back to the club. Not sure which size or style to get? Ask your coach.

Equipment makes a great gift too. A new pair of fins or a gear bag is a present they'll use at every single practice.

Summerside Pride, Summerside Strong



Collect the Island!



This season, our swimmers have a new reason to hit the blocks.

Every time they race at a Festival meet, they'll receive a limited edition Swim PEI Festival pin.

There are four pins in the series, and each one is a piece of a bigger picture. Put them together and they form PEI's three counties, complete with Swim PEI's goggle-wearing lobster mascot making a splash across the Island.

There are five Festival meets this season, which means five chances to collect all four pins.

Here's where to find them:

- Spooky Spud Festival, October 24, Summerside
- Elf Festival, December 5, Charlottetown
- Snow Festival, January 16, Charlottetown
- April Festival, April 10, Summerside
- Mother's Day Festival, May 8, Summerside



SWIM PEI

Festival meets are a fun opportunity for swimmers to see their progress and cheer on their teammates.

Whether it's your swimmer's very first meet or their tenth, every race counts.

**Who will be the first Dolphin
to complete the Island?**



FAMILY SPONSORSHIP PROGRAM

Our club is growing, and our sponsors play a big part in making that possible. Their support helps cover pool time, equipment, meet costs, and the programs that keep our swimmers moving forward.

Many of our families have connections with local businesses, and this season we're making it rewarding to bring those connections to the club.

When your family brings in a new sponsor, 20% of the sponsorship value will go back to your family as a credit toward your swimmer's registration fees for the next season. For example, a \$1,000 sponsorship would give your family \$200 toward next season's fees.

OUR SPONSOR TIERS

PLATINUM	GOLD	SILVER	BRONZE
\$2,500+ sponsorship	\$1,000+ sponsorship	\$500+ sponsorship	\$250+ sponsorship

Every sponsor is featured on our club website and social media.

With more than 700 Facebook followers and a growing Instagram community, it's a great way for local businesses to connect with families while supporting young athletes.

If you know a business owner who might be interested, or you'd like a sponsor information sheet to share with them, please reach out to Robin at robin.loyola@summersidedolphins.com.

FOLLOW THE DOLPHINS

FACEBOOK



Summerside Dolphin Swim Club

INSTAGRAM



@sdsc.7372



Scan to follow us and cheer on our swimmers.



Our Facebook and Instagram pages are the best place to stay up to date on club events, celebrate our swimmers' achievements, and connect with other Dolphins families.

Follow us, join the conversation, and share our posts to help more families in our community discover the Dolphins.



SUMMERSIDE PRIDE, SUMMERSIDE STRONG

UPCOMING DATES

SJD DATES TO REMEMBER

SDSC DATES TO REMEMBER

**Sept 30 - NO WORKOUT - Truth & Reconciliation
SJD & SDSC**

**October 9 - Parents Meeting
Tentative - SDSC**

**October 12 - NO WORKOUT - Thanksgiving
SJD & SDSC**

**October 19 - SDSC AGM - upstairs meeting room
5:30 - 6:30 pm
SJD & SDSC**

**October 20 & 21 - Bring a Friend Day
Regular workout time
SJD & SDSC**

**October 24 - Festival Camp - selected swimmers
Summerside
SDSC**

**October 24 - Spooky Spud Festival
12 & Under/13 & over non-qualifiers
Summerside
SDSC**

UPDATED MEET SCHEDULE CAN BE FOUND [HERE](#)



2026 - 2027 SEASON