

Human Resources: Coaching

Updated: Sept 2024

SKSC Volunteer Coaching Program

SKSC offers individuals with the right skill asset to be active coach volunteers with the team. As a SKSC Volunteer Coach, you can make the difference to the team by providing your leadership, time and efforts, all while developing personal growth.

Successful individuals will work in a team environment developing their skills that may assist themselves in the future job market, while contributing to the aquatic community in which they live. Individuals should apply to the position by completing the profile interest sheet below.

Volunteer coach may learn any number of skills including:

- Effective verbal communications
- “Team” (Together Everyone Achieves More)
- Handling of equipment
- Records keeping
- Peer teaching
- Leadership skills
- Hands on learning

Volunteer Coaching Minimum Requirements:

- 15 years of age
- Able to be in water regularly when volunteering, if needed.
- Wanting to work with younger swimmers
- Enjoy the team environment
- Want personal growth
- Successful Criminal Record check
- Able to attend volunteer training sessions
- Able to achieve minimum coaching certification (see below)
- Able to commit to a minimum of 1-2 workouts/wk.
 - Those not actively swimming in the SKSC program will be required to volunteer at least 2 hrs/week.

Volunteer Coach Certification Requirements:

- While initially, there are no requirements to be a volunteer coach, SKSC encourages individuals to acquire certifications ASAP that facilitate the coaching / learn to swim environment further. These would need to be completed by November if starting Sept-Nov, or within a month of starting to volunteer, if not already completed. This may include any one of the following:
 - NCCP community sport coach
 - NCCP Level one
 - Lifesaving Society Swim Instructor, Swim For Life Instructor, and/or Lifesaving Instructor
 - YMCA assistant swim instructor
 - Swim Academy instructor training



PO Box 35029 Fleetwood Post Office Surrey BC V4N 9E9

ph:604-377-7807 email:info@surreyknights.com

www.surreyknights.com

Human Resources: Coaching

Updated: Sept 2024

- Other certifications that may complement such position

Volunteer Coach Profile Interest Sheet

As a SKSC Volunteer Coach, you can make the difference to the SKSC team! Please complete the following to help guide us with how we can best facilitate your contributions and skill development.

Name: _____

Phone Number: _____

(first)

(last)

Home Address: _____

Email Address: _____

Birth Date: _____

dd/mm/yy

Volunteer Experience (Previously) _____

Skills, Interests, Hobbies: _____

Why or what interested you to become a volunteer coach with SKSC:

What certifications do you have or will be taking in the near future?

Volunteer Coach Profile Interest Sheet (page 2)

Availability (Check any days that interest you)

<p>Mondays - Guildford</p> <p><input type="checkbox"/> 5:45-7:00pm with Silver or Gold</p> <p><input type="checkbox"/> 5:00-7:15pm with RKA</p> <p>Tuesdays - SSLC</p> <p><input type="checkbox"/> 3:30-5:45 with RKA</p> <p><input type="checkbox"/> 5:45-7:30 with RKA</p> <p><input type="checkbox"/> 5:15-6:30pm with Bronze or Gold</p> <p><input type="checkbox"/> 6:15-7:30pm with Silver</p> <p>Wednesdays - Guildford</p> <p><input type="checkbox"/> 3:30-5:45 with RKA</p> <p><input type="checkbox"/> 5:45-7:30 with RKA</p> <p><input type="checkbox"/> 3:45-5:00pm with Gold</p> <p><input type="checkbox"/> 4:45-6:00pm with Bronze</p> <p><input type="checkbox"/> 5:45-7:00pm with Silver</p> <p>Thursdays - SSLC</p> <p><input type="checkbox"/> 3:30-5:45 with RKA</p> <p><input type="checkbox"/> 5:45-7:30 with RKA</p> <p><input type="checkbox"/> 5:15-6:30pm with Bronze or Gold</p> <p><input type="checkbox"/> 6:15-7:30pm with Silver</p>	<p>Fridays - SSLC</p> <p><input type="checkbox"/> 5:45-7:00pm with silver</p> <p>Fridays - Guildford</p> <p><input type="checkbox"/> 3:30-5:45 with RKA</p> <p><input type="checkbox"/> 5:45-7:30 with RKA</p> <p><input type="checkbox"/> 3:45-5:00pm with Gold</p> <p><input type="checkbox"/> 4:45-6:00pm with Bronze</p> <p><input type="checkbox"/> 5:45-7:00pm with Silver</p> <p>Saturdays - Guildford</p> <p><input type="checkbox"/> 9:00-9:45AM with RKA</p> <p><input type="checkbox"/> 9:45-10:30AM with RKA</p> <p><input type="checkbox"/> 8:45-10:30AM with Gold</p> <p><input type="checkbox"/> 12:45-2:00pm with Bronze weekend</p> <p><input type="checkbox"/> 1:45-3:00pm with Silver weekend</p> <p><input type="checkbox"/> 1:15-3:30pm with RKA</p> <p>Sundays - Guildford</p> <p><input type="checkbox"/> 12:45-2:00pm with Bronze weekend</p> <p><input type="checkbox"/> 1:45-3:00pm with Silver weekend</p> <p><input type="checkbox"/> 1:15-3:30pm with RKA</p>
--	--



PO Box 35029 Fleetwood Post Office Surrey BC V4N 9E9

ph:604-377-7807 email:info@surreyknights.com

www.surreyknights.com

Human Resources: Coaching

Updated: Sept 2024

Volunteer Coach Profile Interest Sheet (page 3)

Statement of Understanding

- I understand that as a volunteer coach with SKSC, I am expected to conduct myself in a manner that is ethical, legal and that will reflect well upon the Knights Team.
- I have filled out the above application to the best of my ability and all the information given is valid and correct.
- I understand that the volunteer coaching with SKSC has absolutely no cash value.
- I understand that weekly communication is expected and that I will check all modes of communication at minimum once-a-week. (This is always done via email)
- I understand that failure to comply with the above will result in termination of volunteering and its privileges.

SKSC Volunteering Coaching is conditional on a clear Criminal Record Search and Vulnerable Sector Search and ongoing volunteering is subject to you maintaining that status. If during the course of volunteering you are charged and/or convicted of an offence, you must promptly report such information to the Head Coach or Club President.

<i>Prospective Volunteer Coach (Printed Name)</i>	<i>Signature of prospective volunteer coach</i>	<i>Date</i>
---	---	-------------

<i>Guardian Name (Printed)</i>	<i>Guardian Signature</i>	<i>Date</i>
------------------------------------	---------------------------	-------------