Updated Nov 4th

NOVEMBER						
MON	**TUES**	**WED**	**THURS**	**FRI**	**SAT**	**SUN**
						1
2	3 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	4	5 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	6 **@MP** DL 6:30 - 7:15pm Swim 7:15 - 8:30pm	7 **@MP** Swim 11:45 – 1pm	8
9 **@MP** Swim 5-6:15pm	10 **@MP** Swim 5-6:30pm	11	12	13 **@MP** Swim 7-8pm	14 **@MP** Swim 11:45 – 1pm	15
16	17 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	18	19 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	20 **@MP** DL 6:30 - 7:15pm Swim 7:15 - 8:30pm	21 **@MP** Swim 11:45 – 1pm	22
23	24 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	25	26 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	27 **Splash & Dash** 4-8pm	28 **Team Bruch @Tutti Fruitie** @10:15 **@MP** Swim 11:45 – 1pm	29
30						

Updated Nov 4th

DECEMBER						
MON	**TUES**	**WED**	**THURS**	**FRI**	**SAT**	**SUN**
	1 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	2	3 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	4 **@MP** DL 6:30 - 7:15pm Swim 7:15 - 8:30pm	5 **Rocking Reindeer**	6 **Rocking Reindeer**
7	8 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	9	10 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	11 **Candy Cane**	12 **Candy Cane**	13 **Candy Cane**
14	15 **@MP** DL 5-5:30pm Swim 5:30 – 7pm	16	17 **@MP** DL 5 – 5:30pm Swim 5:30 – 7pm	18 **TEAM X-MAS RELAYS**	19 **TRAINING BREAK**	20 **TRAINING BREAK**
21 **TRAINING BREAK**	22 **TRAINING BREAK**	23 **TRAINING BREAK**	24 **TRAINING BREAK**	25 **TRAINING BREAK**	26 **TRAINING BREAK**	27 **TRAINING BREAK**
28 **TRAINING BREAK**	29 **TRAINING BREAK**	30 **TRAINING BREAK**	31 **TRAINING BREAK**			