

SEPTEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1	2	3	4	5	6
7	8	9 Outdoor DL @SCAES 4-5pm	10	11 @EHLCL DL 5:30-6pm Swim 6-7pm	12	13 @KLC Swim 10:15 – 11am
14	15	16 Outdoor DL @SCAES 4-5pm	17	18 @EHLCL DL 5:30-6pm Swim 6-7pm	19	20 @KLC Swim 10:15 – 11am
21	22	23 Outdoor DL @SCAES 4-5pm	24	25 @EHLCL DL 5:30-6pm Swim 6-7pm	26	27 @KLC Swim 10:15 – 11am
28	29 @MPL Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	30				

OCTOBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
			1 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	2 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	3 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	4
5	6 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	7	8 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	9 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	10 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	11
12	13 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	14	15 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	16 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	17 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	18
19	20 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	21	22 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	23 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	24 SRAYS Poppy	25 SRAYS Poppy
26	27 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	28	29 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	30 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	31 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	

NOVEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2	3 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	4	5 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	6 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	7 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	8
9 @MP Swim 4:30-5:45pm	10 @MP Swim 6:30-8pm	11	12	13 @MP Swim 7-8pm	14 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	15
16	17 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	18	19 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	20 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	21 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	22
23	24 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	25	26 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	27 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	28 @MP DL 11:15 – 11:45am Swim 11:45 – 1pm	29
30						

DECEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	2	3 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	4 @MP Act 7:15 – 7:30pm Swim 7:30 – 8:30pm	5 Rocking Reindeer	6 Rocking Reindeer
7	8 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	9	10 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	11 Candy Cane	12 Candy Cane	13 Candy Cane
14	15 @MP Blue Room 4:45 – 5:15pm Swim 5:30 – 7pm	16	17 @MP DL 4:45 – 5:30pm Swim 5:30 – 7pm	18 TEAM X-MAS RELAYS	19 TRAINING BREAK	20 TRAINING BREAK
21 TRAINING BREAK	22 TRAINING BREAK	23 TRAINING BREAK	24 TRAINING BREAK	25 TRAINING BREAK	26 TRAINING BREAK	27 TRAINING BREAK
28 TRAINING BREAK	29 TRAINING BREAK	30 TRAINING BREAK	31 TRAINING BREAK			