

Return to Swimming Policy

If an athlete's ability to train is reduced by at least 60% due to injury or illness or other circumstances, the athlete is able to:

- 1) Withdraw as per withdrawal policy or,*
- 2) Request a credit for reduced training fees beyond a two week period. A medical note from a medical professional must be submitted to the Board of Directors for review and approval. Please note that credits will not be given for fundraising and volunteer commitments as these are vital to the club operation and independent of the swimmer injury.*

In order for the athlete to be eligible for a credit due to injury or other circumstances, the following criteria must be met:

- Based on the recommendation of medical professionals, the athlete must be unable to train for at least 2 weeks*
- This includes issues with visible physical injuries such as broken bones, but also mental health challenges and other circumstances as approved by the board.*
- Individuals who are recommended to be at reduced training (ex. 6x per week to 3x per week), could consider applying for a physical move in training groups provided there is space available and the reduced group would be effective.*
- Note: Fundraising and Volunteer Commitments would remain the same as these are vital to the club operation and independent of the athlete injury*
- Note 2: This movement may be effective for the remainder of the season.*

The Board will need to review all requests and have final approval. All submitted requests will receive feedback within 2 to 6 weeks upon receipt of request.

The financial credit will be aligned with the reduction of training time after a two-week period.