

Updated Sept 10

SEPTEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1 Team Meeting @MP 4-5pm	2	3 Swim @MP Swim 4-5pm DL 5-5:30pm	4 Swim @MP Swim 4-5pm DL 5-5:30pm	5	6
7	8 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	9	10 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	11 @EHL Act 5:45-6am Swim 6-7:30am	12 Blue Room @MP 9:00 – 10:00am	13 @KLC Act 7:45-8am Swim 8:00 – 9:15am
14	15 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	16	17 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	18 @EHL Act 5:45-6am Swim 6-7:30am	19 NO DRYLAND	20 @KLC Act 7:45-8am Swim 8:00 – 9:15am
21 Rock Climbing @Vertically Inclined Times TBA (\$)	22 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	23 @EHL Act 5:45-6am Swim 6-7:30am	24 @KLC DL 4:30 – 5:00pm Swim 5:15 – 6:30pm	25 @EHL Act 5:45-6am Swim 6-7:30am	26 Blue Room @MP 11:30 – 12:30am	27 @KLC Act 7:45-8am Swim 8:00 – 9:15am
28 @MP Swim 4-6pm DL 6-6:45pm	29 @MP Swim 4-6pm DL 6-6:15pm	30 Testing @Bridge @TBA				

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OCTOBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
			1 @MP Swim 4-6pm DL 6-6:15pm	2 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	3 @MP Swim 6:45 – 8:45am @Purple Room 9:00 – 10:00am	4
5 @MP Swim 4-6pm DL 6-6:45pm	6 @MP Swim 4-6pm DL 6-6:15pm	7 @MP Swim 6:15 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	8 @MP Swim 4-6pm DL 6-6:15pm	9 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	10 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	11 LC Swim @KNS 9:15 – 11:15am
12 OFF	13 @MP Swim 6-7:30am Swim 4-6pm DL 6-6:15pm	14 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	15 @MP Swim 4-6pm DL 6-6:15pm	16 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	17 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	18
19 @MP Swim 4-6pm DL 6-6:45pm	20 @MP Swim 4-6pm DL 6-6:15pm	21 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	22 @MP Swim 4-6pm DL 6-6:15pm	23 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	24 @MP Swim 6:30 – 8:30am + SRAYS Poppy	25 SRAYS Poppy
26 @MP Swim 4-6pm DL 6-6:45pm	27 @MP Swim 4-6pm DL 6-6:15pm	28 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	29 @MP Swim 4-6pm DL 6-6:15pm	30 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	31 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	

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NOVEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2 @MP Swim 4-6pm DL 6-6:45pm	3 @MP Swim 4-6pm DL 6-6:15pm	4 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	5 @MP Swim 4-6pm DL 6-6:15pm	6 @MP Swim 5:45 – 7:45am EVDSC Fall Blast	7 EVDSC Fall Blast	8 EVDSC Fall Blast
9 OFF	10 @MP Swim 3-5pm DL 5-5:30pm	11 Lane Swim	12 @MP Swim 3-5pm DL 5-5:30pm	13 @MP Swim 9:30 -11am Swim 4-5:30pm DL 5:30-6pm	14 @MP Swim 6:15 – 8:45am @Blue Room 9:15 – 10:00am	15
16 @MP Swim 4-6pm DL 6-6:45pm	17 @MP Swim 4-6pm DL 6-6:15pm	18 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	19 @MP Swim 4-6pm DL 6-6:15pm	20 KSC SC INVITATIONAL	21 KSC SC INVITATIONAL	22 KSC SC INVITATIONAL
23 OFF	24 @MP Swim 6-7:30am Swim 4-6pm DL 6-6:15pm	25 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	26 @MP Swim 4-6pm DL 6-6:15pm	27 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	28 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	29
30 @MP Swim 4-6pm DL 6-6:45pm						

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DECEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1 @MP Swim 4-6pm DL 6-6:15pm	2 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	3 @MP Swim 4-6pm DL 6-6:15pm	4 @MP Swim 5:45 – 7:45am Lift @Cross 4-5pm	5 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	6
7 @MP Swim 4-6pm DL 6-6:45pm	8 @MP Swim 4-6pm DL 6-6:15pm	9 @MP Swim 5:45 – 7:45am Swim 2:45 – 4:45pm DL 4:45 – 5:30pm	10 @MP Swim 4-6pm DL 6-6:15pm	11 @MP Swim 5:45 – 7:45am	12 @MP Swim 6:45 – 8:45am @Blue Room 9:30 – 10:30am	13
14 @MP Swim 4-6pm DL 6-6:30pm	15 @MP Swim 4:30-6pm DL 6-6:15pm	16 @MP Swim 3:00 – 4:30pm DL 4:30 – 5:00pm	17 JP FISET	18 JP FISET	19 JP FISET	20 JP FISET
21 TRAINING BREAK	22 TRAINING BREAK	23 TRAINING BREAK	24 TRAINING BREAK	25 TRAINING BREAK	26 TRAINING BREAK	27 TRAINING BREAK
28	29	30	31			