

SEPTEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1 Team Meeting @MP 5:15 – 6:15pm	2	3 Swim @MP 5-6pm	4 Swim @MP 5-6pm	5	6
7	8	9 Outdoor DL @SCAES 4-5pm	10	11 @EHLC Swim 4-5pm DL 5-5:30pm	12	13 @KLC Swim 8-9am
14	15 @KLC Act 5 -5:15pm Swim 5:15 – 6:30pm	16 Outdoor DL @SCAES 4-5pm	17	18 @EHLC Swim 4-5pm DL 5-5:30pm	19	20 @KLC Swim 8-9am
21 Rock Climbing @Vertically Inclined Times TBA (\$)	22 @KLC Act 5 -5:15pm Swim 5:15 – 6:30pm	23 Outdoor DL @SCAES 4-5pm	24	25 @EHLC Swim 4-5pm DL 5-5:30pm	26	27 @KLC Swim 8-9am
28 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	29	30 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm				

OCTOBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
			1 @MP Swim 4 – 5:30pm	2 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	3 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	4
5 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	6	7 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	8 @MP Swim 4 – 5:30pm	9 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	10 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	11
12 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	13	14 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	15 @MP Swim 4 – 5:30pm	16 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	17 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	18
19 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	20	21 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	22 @MP Swim 4 – 5:30pm	23 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	24 SRAYS Poppy	25 SRAYS Poppy
26 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	27	28 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	29 @MP Swim 4 – 5:30pm	30 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	31 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	

NOVEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	3	4 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	5 @MP Swim 4 – 5:30pm	6 EVDSC Fall Blast	7 EVDSC Fall Blast	8 EVDSC Fall Blast
9 @MP Swim 3-4:30pm	10 @MP Swim 3-4:30pm	11	12 @MP Swim 10:30a-12pm	13 @MP Act 5:15-5:30pm Swim 5:30-7pm	14 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	15
16 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	17	18 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	19 @MP Swim 4 – 5:30pm	20 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	21 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	22
23 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	24	25 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	26 @MP Swim 4 – 5:30pm	27 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	28 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	29
30 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm						

DECEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1	2 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	3 @MP Swim 4 – 5:30pm	4	5 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	6
7 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	8	9 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	10 @MP Swim 4 – 5:30pm	11 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm Candy Cane	12 @MP Act 10 – 10:15am Swim 10:15 – 11:45am Candy Cane	13 Candy Cane
14 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	15	16 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	17 TEAM X-MAS RELAYS JP Fiset	18 JP Fiset	19 JP Fiset	20 JP Fiset
21 TRAINING BREAK	22 TRAINING BREAK	23 TRAINING BREAK	24 TRAINING BREAK	25 TRAINING BREAK	26 TRAINING BREAK	27 TRAINING BREAK
28 TRAINING BREAK	29 TRAINING BREAK	30	31			

NOTES:
Swimmers qualified for JP Fiset will not attend Rocking Reindeer