

SEPTEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1 Team Meeting @MP 5:15 – 6:15pm	2	3	4	5	6
7	8	9 Outdoor DL @SCAES 4-5pm	10	11 @EHLC Swim 4-5pm DL 5-5:30pm	12	13 @KLC Swim 10:15 – 11am
14	15	16 Outdoor DL @SCAES 4-5pm	17	18 @EHLC Swim 4-5pm DL 5-5:30pm	19	20 @KLC Swim 10:15 - 11am
21	22	23 Outdoor DL @SCAES 4-5pm	24	25 @EHLC Swim 4-5pm DL 5-5:30pm	26	27 @KLC Swim 10:15-11am
28 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	29	30 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm				

OCTOBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
			1	2 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	3 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	4
5 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	6	7 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	8	9 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	10 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	11
12 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	13	14 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	15	16 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	17 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	18
19 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	20	21 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	22	23 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	24 SRAYS Poppy	25 SRAYS Poppy
26 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	27	28 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	29	30 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	31 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	

NOVEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
						1
2 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	3	4 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	5	6 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	7 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	8 OSC 12&U #1
9 @MP Swim 3-4:30pm	10 @MP Swim 3-4:30pm	11	12 @MP Swim 10:30a-12pm	13 @MP Act 5:15-5:30pm Swim 5:30-7pm	14 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	15
16 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	17	18 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	19	20 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	21 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	22
23 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	24	25 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	26	27 @MP DL 4:45 – 5:30pm Swim 5:45 – 7:30pm	28 @MP Act 10 – 10:15am Swim 10:15 – 11:45am	29
30 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm						

DECEMBER						
MON	TUES	WED	THURS	FRI	SAT	SUN
	1	2 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	3	4	5 Rocking Reindeer	6 Rocking Reindeer
7 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	8	9 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	10	11 Candy Cane	12 Candy Cane	13 Candy Cane
14 @MP Swim 4 – 5:15pm DL 5:15 – 5:45pm	15	16 @MP Swim 5:45 – 7:15pm DL 7:15 – 7:45pm	17 @MP Swim 4 – 5:30pm	18 TEAM X-MAS RELAYS	19 TRAINING BREAK	20 TRAINING BREAK
21 TRAINING BREAK	22 TRAINING BREAK	23 TRAINING BREAK	24 TRAINING BREAK	25 TRAINING BREAK	26 TRAINING BREAK	27 TRAINING BREAK
28 TRAINING BREAK	29 TRAINING BREAK	30 TRAINING BREAK	31 TRAINING BREAK			