

# Sackville Swim Club Registration Package 2025-2026



Registration Opening Online  
**MONDAY, AUGUST 25<sup>TH</sup>, 2025**

<https://sackvilleswimclub.ca>

***\*NEW REQUIREMENTS THIS YEAR\****

- a) Swimming Assessments*
- b) Swim NB insurance waiver completion*

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## About Us

The Sackville Swim Club Inc. (SSC) is a not-for-profit organization established in September of 1975. Over the past 50 years, the SSC has produced numerous top performing swimmers who have qualified for many top-tier events such as Canada Games, Junior Canadian Championships, Senior Canadian Championships and Olympic Trials.

Our club strives to provide an environment that allows every member to be the best that they can be. We value team support, camaraderie, and continuity all while receiving top quality coaching and motivation from our trained and passionate staff.

We offer programs for skill levels. If you are interested in competitive swimming, or simply want to learn how to swim and improve your level of comfort in the water, then SSC is the club for you! All are welcome!

## SHARKS Precompetitive Group

### Minnows

**START SEPTEMBER 16 – MAY 28**

**1.5 hours/week**

- 
- |  |                 |
|--|-----------------|
| ❖ No swimming from December 20 – January 4   | (Holiday Break) |
| ❖ No swimming during NB School's March Break | (March 1 – 8)   |
- 

If you are **NOT** a returning Minnows swimmer, you must receive the Head Coach's permission to register for this swim group. Please email the head coach, Brenna Maddalena, [coachbrennar@gmail.com](mailto:coachbrennar@gmail.com) to sign up for a swim assessment prior to registration.

**Long Term Athlete Development Stage:** Active Start & Fundamental

**Commitment:** 1.5 hours per week

**Description:** This group is designed to introduce new swimmers to the excitement of competitive swimming. Swimmers will be taught all four of the competitive strokes through an assortment of exercises, games, and metaphors. This level reflects "Active Start: and "Fundamental" stages of Swimming Canada's Long Term Athlete Development (LTAD). Swimmers are generally ages 6 to 10 and are highly encouraged to continue with additional sport activities outside of swimming to further strengthen their agility, balance, and coordination (ABCs).

**Practices:** Tuesday AND Thursday

4:00 to 4:45 PM

## SHARKS Competitive Groups

### Makos

**START SEPTEMBER 15 – MAY 29**

**3 hours/week**

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- |  |                 |
|--|-----------------|
| ❖ No swimming from December 20 – January 4   | (Holiday Break) |
| ❖ No swimming during NB School's March Break | (March 1 – 8)   |
- 

If you are **NOT** a returning Makos swimmer, you must receive the Head Coach's permission to register for this swim group. Please email the head coach, Brenna Maddalena, [coachbrennar@gmail.com](mailto:coachbrennar@gmail.com) to sign up for a swim assessment prior to registration.

**Long Term Athlete Development Stage:** Fundamental & Learn to Train & Train to Compete

**Commitment:** 3 hours per week

**Description:** This group has their focus on stroke technique, training skills and physical endurance. This is an introduction to longer training sessions and swimmers will learn fundamental training skills (like using the pace clock, understanding interval training and daily training workouts, etc.). This level reflects the later stages of "Fundamental" and "Learn to Train" stages from Swimming Canada's Long Term Athlete Development (LTAD). Swimmers are typically between ages of 9-12 years of age. Swimmers will also be introduced to dryland exercises and activities up to 30 minutes a week.

**Practices:** Monday AND Wednesday AND Friday

3:30 to 4:30 PM

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# Greys

START SEPTEMBER 15 – JULY 11

8 hours/week

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- |  |                 |
|--|-----------------|
| ❖ No swimming from December 20 – January 4   | (Holiday Break) |
| ❖ No swimming during NB School's March Break | (March 1 – 8)   |
- 

If you are **NOT** a returning Greys swimmer, you must receive the Head Coach's permission to register for this swim group. Please email the head coach, Brenna Maddalena, [coachbrennar@gmail.com](mailto:coachbrennar@gmail.com) to ensure this is the right group for your swimmer.

**Long Term Athlete Development Stage:** Learn to Train & Train to Compete

**Commitment:** 8 hours per week

**Description:** This group serves as a bridge into the more intense workout schedules of the upper levels. Greys have their focus on stroke technique, training skills and physical endurance. This level reflects the later stages of "Learn to Train", "Train to Train", and introduction to "Train to Compete" stages from Swimming Canada's Long Term Athlete Development (LTAD). Swimmers are typically between the ages of 11-15 years of age. Swimmers will also be introduced to dryland exercises and activities for up to 1.5 hour a week.

<b>Practices:</b>	Monday and Friday	5:00 to 5:45 <b>PM</b> (DRYLAND)
	Monday and Wednesday and Friday	6:00 to 7:30 PM
	Saturday	10:00 to 12:00 PM

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# Blues

START SEPTEMBER 15 – JULY 11

11 hours/week

- 
- |  |                 |
|--|-----------------|
| ❖ No swimming from December 20 – January 4   | (Holiday Break) |
| ❖ No swimming during NB School's March Break | (March 1 – 8)   |
- 

**Long Term Athlete Development Stage:** Train to Train & Train to Compete

**Commitment:** 11 hours per week

**Description:** This group has their focus on stroke technique, training skills and physical endurance. This level reflects the later stages of “Learn to Train”, “Train to Train”, and introduction to “Train to Compete” stages from Swimming Canada’s Long-Term Athlete Development (LTAD). Swimmers are typically between the ages of 12-15 years of age. Swimmers will also be introduced to dryland exercises and activities for up to 2 hours a week.

<b>Practices:</b>	Monday and Friday	5:00 to 5:45 <b>PM</b> (DRYLAND)
	Monday and Wednesday and Friday	6:00 to 7:30 PM
	Tuesday and Thursday	6:00 to 7:30 <b>AM</b>
	Saturday	10:00 to 12:00 PM

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# Great Whites & University

Great Whites START SEPTEMBER 15 – JULY 11

15 hours/week

University START SEPTEMBER 15 – April 30

15 hours/week

- 
- |  |                 |
|--|-----------------|
| ❖ No swimming from December 20 – January 4   | (Holiday Break) |
| ❖ No swimming during NB School's March Break | (March 1 – 8)   |
- 

**Long Term Athlete Development Stage:** Train to Train, Train to Compete & Compete to Win

**Commitment:** 14.5 hours

**Description:** The Senior Group is for swimmers competing at Provincial, Atlantic and Eastern competition. Individuals in this group are motivated and very committed to improving skills and performance. They are dedicated members of the club and play integral parts in the club's pride. This group reflects Swimming Canada's "Train to Train", "Train to Compete", and "Compete to Win" levels in the Long-Term Athlete Development (LTAD). Swimmers are typically 15-18 years old (Great Whites) or 17+ (University).

<b>Practices:</b>	Monday and Friday	5:00 to 5:45 <b>PM</b> (DRYLAND)
	Monday and Wednesday and Friday	6:00 to 7:30 PM
	Tuesday and Thursday	6:00 to 7:30 <b>AM</b>
		4:30 to 6:30 PM (Mounties)
	Saturday	10:00 AM to 12:00 PM

# SHARKS Online Registration 2025-2026

Registration will open online on **MONDAY, AUGUST 25<sup>TH</sup>, 2025.**

To register or learn more about our club, visit our website at:

<https://sackvilleswimclub.ca>

## Fees & Payment Options

When you register for the SSC you will pay 3 fees:

**1) Sackville Swim Club Registration Fee**

**2) Swimming New Brunswick/Swimming Canada Registration Fee**

**3) Fundraising Fee (one payment per family per swim season)**

**\*NEW: Processing fees** associated with each credit card or pre-authorized debit transaction on Pool Queue will NOT be charged to individual SSC Member accounts. You will have a choice of paying either by credit card OR pre-authorized debit.

*Please note that the fee for pre-authorized debit transactions is significantly lower than the fee for credit card transactions. It would benefit the SSC financially if Members would consider using the Pre-authorized debit option.*



## 1) Sackville Swim Club Registration Fee

We offer three payment schedules for club fees:

- a) **Monthly:** Full season fees are averaged over the number of swim months per season to obtain the monthly payment amount.
- b) **Bi-annual:** Full season fees are divided into two, with the first payment due at the start of the season and the second in February. Pool Queue uses the term "Payment Schedule" for this payment option.
- c) **Annual:** Full season fees are paid in one lump-sum payment due at the start of the season. Pool Queue uses the term "Session" for this payment option.

**NOTE:** The total annual cost is the same regardless of which payment schedule chosen (see fee tables below). **The fees for the first month of swimming are due upon registration, regardless of the payment schedule you select.**

MONTHLY PAYMENT SCHEDULE											
	Minnow Sept - May		Mako Sept - May		Grey Sept - June		Blue Sept - June		White Sept - June		University Sept - Apr
At Registration	52.00		81.00		123.00		145.00		170.00		138.00
October	52.00		81.00		123.00		145.00		170.00		138.00
November	52.00		81.00		123.00		145.00		170.00		138.00
December	52.00		81.00		123.00		145.00		170.00		138.00
January	52.00		81.00		123.00		145.00		170.00		138.00
February	52.00		81.00		123.00		145.00		170.00		138.00
March	52.00		81.00		123.00		145.00		170.00		138.00
April	52.00		81.00		123.00		145.00		170.00		138.00
May	52.00		81.00		123.00		145.00		170.00		
June					123.00		145.00		170.00		
Total	\$468		\$729		\$1,230		\$1,450		\$1,700		\$1,104

BI-ANNUAL PAYMENT SCHEDULE ("PAYMENT SCHEDULE" on POOL QUEUE Platform)											
	Minnow		Mako		Grey		Blue		White		University
	Sept - May		Sept - May		Sept - June		Sept - June		Sept - June		Sept - Apr
At Registration	52.00		81.00		123.00		145.00		170.00		138.00
October	208.00		324.00		492.00		580.00		680.00		552.00
November											
December											
January											
February	208.00		324.00		615.00		725.00		850.00		414.00
March											
April											
May											
June											
Total	\$468		\$729		\$1,230		\$1,450		\$1,700		\$1,104

ANNUAL PAYMENT SCHEDULE ("SESSION" on POOL QUEUE Platform)										
	Minnow		Mako		Grey		Blue		White	University
	Sept - May		Sept - May		Sept - June		Sept - June		Sept - June	Sept - Apr
At Registration	52.00		81.00		123.00		145.00		170.00	138.00
October	416.00		648.00		1,107.00		1,305.00		1,530.00	966.00
November										
December										
January										
February										
March										
April										
May										
June										
Total	\$468		\$729		\$1,230		\$1,450		\$1,700	\$1,104

## 2) Swimming New Brunswick/Swimming Canada Fees

A one-time fee for registration with Swimming New Brunswick and Swimming Canada (our governing body) provides mandatory swimmer insurance.

- a. Each member of the Sackville Swim Club **MUST** be registered with Swim New Brunswick. Therefore, the fees must be included in your first payment.
- b. Age of swimmers is calculated as of December 31, 2025
- c. The SNB/SNC **Acknowledgment and Assumption of Risk Form** must be completed prior to your child's entry to the club.

Membership Category	SNB + SNC Fee Totals
8 Years Old & Under Precompetitive	\$42.40
8 Years Old & Under	\$98.65
9 to 10 Years Old	\$118.90
11 to 14 Years Old	\$152.65
15 & Over	\$166.15

## 3) Fundraising Fee (\$125.00)

A one-time fee charged once per family at registration that can be earned back through participation in a fundraising raffle in spring.

### Refund & Withdraw Policy

To cancel your membership, a one-month notice must be given to our Treasurer. This can be done via email: [sackvilleswimclubtreasurer@gmail.com](mailto:sackvilleswimclubtreasurer@gmail.com).

*Note:* The Fundraising and SwimNB fees are **non-refundable**.

## Holiday Calendar 2025-26

There will be **NO SWIMMING** on the following days:

<b>Tuesday, September 30, 2025</b>	<b>National Day for Truth and Reconciliation</b>
<b>Monday, October 13, 2025</b>	<b>Thanksgiving Day</b>
<b>Tuesday, November 11, 2025</b>	<b>Remembrance Day</b>
<b>December 20, 2025 to January 4, 2026</b>	<b>Holiday Break</b>
<b>Monday, February 16, 2026</b>	<b>Family Day</b>
<b>March 1 to 8, 2026</b>	<b>March Break, NB Public Schools</b>
<b>April 3 - 6, 2026</b>	<b>Easter Weekend</b>
<b>May 16 - May 18, 2026</b>	<b>Victoria Day Weekend</b>

*\*Please note that we still run practices on other days that there is no school for the swimmers i.e. Professional Development Days or other non-holiday related days off.*

## Pool Closures

Although public schools may be closed due to the bad weather, that does not necessarily mean that the pool will be closed. The decision to cancel practice will cautiously be made by the following times on the day of the storm:

- ❖ *Minnows/Makos Practices: Announcements regarding their practices will be made by **12pm** on the same day via email.*
- ❖ *Greys/Blues/Great Whites: Announcements regarding their practices will be made by **3pm** on the same day via email.*

If a situation occurs where an email cannot be sent out in a timely manner, every effort will be made to reach all parents/guardians of the groups affected via telephone. As always, please use your own discretion when deciding to travel to the pool.

## Swim Meets

Tentative Meet Schedule will be kept up to date on our website.

Each Meet has set fees to enter the meet (from the host club) and our club charges an additional meet fee per day to help offset the cost of sending our swim coach to the swim meet.

<b>MEET FEES</b>	<b>MEET FEE COST + \$15.00 PER DAY</b>
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### Tentative Season Calendar 2025-2026

DATE	TYPE OF MEET	HOST LOCATION
November 1st	Premier #1	Moncton, NB
November 15-16 <sup>th</sup>	Invitational #1	Moncton, NB
December 5-7th	NB Open Cup	Bathurst, NB
December 13th	Premier #2	Home
December, TBA	In-House Meet #1	Home
January 24 <sup>th</sup>	Premier #3	Moncton, NB
February 6-8th	Marianne Limpert Champs	Saint John, NB
February, TBA	In-House Meet #2	Home
March 14-15th	Provincial Invitational	Moncton, NB
March 26-29 <sup>th</sup>	East Coast Champs	Halifax, NS
April 11 <sup>th</sup>	Premier #4	Home
April 24-26 <sup>th</sup>	NB Long Course Champs	Saint John, NB
May 9-10th	Invitational #3	TBA
May, TBA	In-House Meet #3	Home
May 29-31st	PEI Provincials	Charlottetown, PEI
June 13-14th	Invitational Championships	TBA
July 10-13th	East Coast Champs	St. John's, Newfoundland

### Colour Coding Chart

In-House Meet	Club Only Event (Minnows to Great Whites)
Premier Meets	All Makos, Greys and Blues can participate. Swimmers cannot swim an event they have an "A" time or higher in.
Invitationals	Club members who obtained 1-3 "B" time standards.
Championships/Open Cups	Minimum time standard varies (can range from 1 "B" time, 3 "B" times, 1 "AA" time or East Coast time standard)

**\*\* PLEASE NOTE THAT OUR CALENDAR AND/OR HOST LOCATION IS TENTATIVE AND IS SUBJECT TO CHANGE. A FINALIZED MEET SCHEDULE WILL BE SENT OUT TO SWIM FAMILIES BY SEPT. 26TH \*\***

## In-House Meets

“In-House Swim Meets” to all club members (Minnows to Great Whites). These mini-meets are only open to our club and are a great way to expose new swimmers to the wonders of competitive swimming in a no-stress, fun and positive way! This is also a great opportunity for all parents/guardians of the club to earn experience as timers, stroke and turn judges, referees and more. There will be three (3) In-House meets scattered throughout the season and will last 3 hours in duration. Events for all skill levels will be offered to make sure everyone is included in the fun. Fun team incentives will also be presented as we get closer to the date of the meet.

## Training Equipment Recommended Per Group

Below is a highly recommended list of training equipment per group. This is a one-time purchase that can be used for multiple years/seasons. This equipment will enhance our swimmers’ training. The items highlighted in **red** are mandatory equipment for the training group. Most training equipment listed below can last multiple seasons. Here is the breakdown by group:

Minnows	Makos	Greys/Blues	Great Whites
<b>Bathing Suit</b> <b>Goggles (non-nose covering goggles)</b>	<b>Bathing Suit</b> <b>Goggles (Competitive)</b> <b>Snorkel</b> Mesh Kit Bag Short Fins Pull Buoy Mini Kickboard	<b>Bathing Suit</b> <b>Goggles</b> <b>Mesh Kit Bag</b> <b>Snorkel</b> <b>Short Fins</b> <b>Finis Kickboard</b> <b>Ankle Band</b> Pull Buoy Hand Paddles	<b>Bathing Suit</b> <b>Goggles</b> <b>Mesh Kit Bag</b> <b>Snorkel</b> <b>Short Fins</b> <b>Finis Kickboard</b> <b>Ankle Band</b> Pull Buoy Hand Paddles

## Team Aquatic Supplies

Sackville Swim Club is proudly affiliated with Team Aquatic Supplies (TAS) – Canada’s Experts on speciality swim products for clubs, swimmers and facilities. We are fortunate to have a “Shark Card” with TAS that allows for a 25% discount off your purchase. Please use code “SAC100” at the checkout.

[www.team-aquatic.com](http://www.team-aquatic.com)

## Sackville Swim Club's Parental Commitment

SSC is a member-run organization that relies on the participation of its membership to run Club activities. We require that families contribute to both club operations and the running of hosted swim meets throughout the season.

### The Importance & Benefits of Volunteering

- Volunteering helps to keep our club fees low.
- Volunteering allows us to be active and present in a sport in which our children have chosen to participate.
- Volunteering helps you to meet other families.
- Volunteering allows us to appreciate others for their efforts and understand how much work it takes to run a swim club.

By completing your registration package, you have agreed to the following parent/guardian commitments:

1. That at least one parent/guardian per family will volunteer in revenue generating club activities such as our annual Swim-a-Thon (May).. Volunteer opportunities will be available for sign-up at our scheduled Parent Meetings at the start of the season.
2. In addition to the above, that at least one parent/guardian will participate at a minimum of two (2) swim meets hosted or co-hosted by SSC.
3. For families new to SSC, that at least one parent/guardian will complete the Introduction to Swimming Officiating clinic by October 31<sup>st</sup>, preferably in time for participation in our first hosted meet.
4. For families in their second year with SSC, that at least one parent/guardian will complete the Judge of Stroke and Inspector of Turns clinic by October 31<sup>st</sup>, preferably in time for participation in our first hosted meet.
5. To participate in major fundraising events. Your child's participation in the swim-a-thon is encouraged. Please understand that your swimmer(s) monetary contribution does not limit their participation in the annual Swim-A-Thon.
6. That you understand and support the attendance and competitive expectations of Sackville Swim Club.
7. That you agree that your swimmer(s) will be properly registered in Swimming Canada's Registration, Tracking & Results system before the swimmer(s) participate in any SSC activities, events, or practices. This process involves agreeing to Swimming Canada's terms, policies and returning the required waivers. Our Team Registrar will initiate the registration process for swimmers shortly after registration is completed, and parents will be automatically notified that they can complete the Swimming Canada Registration Tracking & Results system registration themselves.



# Sackville Swim Club's Swimmer Contract

## General

- ❖ Swim team members are expected to:
  - Respect teammates, competitors, parents, and coaches
  - Support and encourage teammates at practices and meets
  - Be on time and ready for practices and meets
  - Focus on their own swimming and not others
  - Maintain a positive attitude:
  - Accept assigned practices and meet lineups without complaining
  - Refrain from being disruptive or using inappropriate language
  - Be a good sport whether we win or lose
  - HAVE FUN!!!

## Practices

- ❖ Swimmers are expected:
  - To be on time for practice and in the water within 10 minutes of the start time.
  - When being given instruction, swimmers are expected to give their undivided attention to the speaker.
  - Sets and drills are to be done as assigned.
  - When practice time is over, swimmers are to exit the pool and help clean up before leaving.
  - Swimmers who disrupt practice (their own or another age group) will be asked to leave. Disruptive behavior includes, but is not limited to:
    - Failure to follow a coach's request (to warm-up, to start a set, to listen, etc.)
    - Splashing, dunking, pushing, pulling of other swimmers
    - Disrespect to fellow teammates or coaches
  - Anytime a swimmer is removed from practice or a meet, the coach will inform the parent of the circumstances.

## Meets

- ❖ During meets, swimmers are expected:
  - To stay with the team.
  - If a swimmer must leave the swimmer area, they must tell a coach. This will help us make sure no swimmer misses his or her events and is safe.
  - Swimmers should remain in the water until ALL swimmers are finished their race
  - Cheering is encouraged and you should cheer equally for all swimmers.
  - Swimmers should show sportsmanlike qualities to all swimmers, parents and coaches of the Sackville Swim Club.

# Sackville Swim Club's Parent Contract

## General

Parents are expected to show support and enthusiasm for their child and the sport of competitive swimming.

1. Parents may watch practice from designated viewing areas only. To ensure effective coaching and minimize distractions, parents must remain off the pool deck and refrain from communicating with swimmers, coaches, or staff during practice sessions. This policy helps maintain the focused training environment necessary for athlete development and maximize our time in the pool with the athletes.
2. Parents are expected to volunteer at home swim meets.
3. Parents must respect the ruling of the officials during any swim meet and understand that their intent is to make decisions based on fairness and legality. Once accepted by the head official, all disqualifications are final and may not be disputed.
4. If parents have a concern about a decision made at the meets, they should contact their team coach. Video evidence will not be used.
5. Inappropriate comments or disrespect rendered from any parent may result in that parent being asked to leave or not appear at Sackville Swim Club/SwimNB/SwimCanada run events.

