

2026-2027 Long Course Standards / Standards Grand Bassin



		Female / Femmes							Male / Hommes								
		11&Under / 11ans & moins	12 Years / 12 ans	13 Years / 13 ans	14 Years / 14 ans	15 Years / 15 ans	16 & Over / 16 ans et plus		16 & Over / 16 ans et plus	15 Years / 15 ans	14 Years / 14 ans	13 Years / 13 ans	12 Years / 12 ans	11&Under / 11ans & moins			
Free / Libre	50	A	36.22	34.78	33.40	32.38	31.61	31.07	28.89	29.78	30.89	32.52	34.80	36.00	A	Free / Libre	50
		B					33.24	33.24	31.78	31.78					B		
	100	A	1:19.06	1:15.92	1:12.91	1:10.68	1:09.00	1:07.81	1:03.33	1:05.28	1:07.71	1:11.27	1:16.32	1:19.20	A		100
		B	1:24.59	1:21.23	1:18.01	1:15.63	1:13.83	1:12.56	1:09.66	1:11.81	1:14.48	1:18.40	1:23.95	1:27.12	B		
	200	A	2:52.30	2:45.47	2:38.91	2:34.05	2:30.38	2:27.79	2:19.78	2:24.09	2:29.46	2:37.33	2:46.08	2:51.84	A		200
		B	3:07.81	3:00.36	2:53.21	2:47.91	2:43.91	2:41.09	2:36.55	2:41.38	2:47.40	2:56.21	3:06.01	3:12.46	B		
	400	A	6:04.69	5:50.22	5:36.33	5:26.04	5:18.27	5:12.79	4:58.88	5:08.09	5:19.57	5:36.39	5:59.04	6:10.56	A		400
		B	6:37.51	6:21.74	6:06.60	5:55.38	5:46.91	5:40.94	5:34.75	5:45.06	5:57.92	6:16.76	6:42.12	6:55.03	B		
	800	A	12:30.00	12:00.25	11:31.68	11:10.51	10:54.53	10:43.27	10:13.94	10:32.86	10:56.44	11:30.99	12:32.64	12:59.52	A		800
		B	13:37.50	13:05.07	12:33.93	12:10.86	11:53.44	11:41.16	11:27.61	11:48.80	12:15.21	12:53.91	14:02.96	14:33.06	B		
	1500	A	23:54.89	22:57.97	22:03.31	21:22.82	20:52.25	20:30.70	19:41.48	20:17.89	21:03.26	22:09.75	24:03.84	25:05.28	A		1500
		B	26:04.03	25:01.99	24:02.41	23:18.27	22:44.95	22:21.46	22:03.26	22:44.04	23:34.85	24:49.32	26:57.10	28:05.91	B		
Back / Dos	50	A	41.13	39.50	37.93	36.77	35.89	35.27	32.89	33.90	35.16	37.01	40.56	41.76	A	Back / Dos	50
		B					37.74	37.74	36.18	36.18					B		
	100	A	1:28.13	1:24.63	1:21.27	1:18.78	1:16.90	1:15.58	1:10.66	1:12.84	1:15.55	1:19.53	1:27.36	1:30.72	A		100
		B	1:34.30	1:30.55	1:26.96	1:24.29	1:22.28	1:20.87	1:17.73	1:20.12	1:23.11	1:27.48	1:36.10	1:39.79	B		
	200	A	3:11.04	3:03.46	2:56.18	2:50.79	2:46.72	2:43.85	2:34.67	2:39.44	2:45.38	2:54.08	3:10.08	3:15.84	A		200
		B	3:28.23	3:19.97	3:12.04	3:06.16	3:01.72	2:58.60	2:53.23	2:58.57	3:05.23	3:14.97	3:32.89	3:39.34	B		
Breast / Brasse	50	A	44.81	43.03	41.32	40.06	39.11	38.44	35.80	36.90	38.27	40.28	44.64	45.84	A	Breast / Brasse	50
		B					41.13	41.13	39.38	39.38					B		
	100	A	1:37.46	1:33.59	1:29.88	1:27.13	1:25.05	1:23.59	1:18.27	1:20.68	1:23.69	1:28.09	1:40.80	1:44.64	A		100
		B	1:44.28	1:40.14	1:36.17	1:33.23	1:31.00	1:29.44	1:26.10	1:28.75	1:32.06	1:36.90	1:50.88	1:55.10	B		
	200	A	3:32.64	3:24.21	3:16.11	3:10.11	3:05.58	3:02.39	2:50.72	2:55.98	3:02.54	3:12.15	3:38.88	3:48.48	A		200
		B	3:51.78	3:42.59	3:33.76	3:27.22	3:22.28	3:18.81	3:11.21	3:17.10	3:24.44	3:35.21	4:05.15	4:15.90	B		
Fly / Papillon	50	A	38.23	36.71	35.25	34.17	33.36	32.79	30.60	31.54	32.72	34.44	37.92	39.12	A	Fly / Papillon	50
		B					35.09	35.09	33.66	33.66					B		
	100	A	1:25.01	1:21.64	1:18.40	1:16.00	1:14.19	1:12.91	1:07.82	1:09.91	1:12.51	1:16.33	1:25.92	1:29.28	A		100
		B	1:30.96	1:27.35	1:23.89	1:21.32	1:19.38	1:18.01	1:14.60	1:16.90	1:19.76	1:23.96	1:34.51	1:38.21	B		
	200	A	3:08.30	3:00.83	2:53.66	2:48.35	2:44.34	2:41.51	2:32.63	2:37.33	2:43.19	2:51.78	3:14.88	3:23.52	A		200
		B	3:25.25	3:17.10	3:09.29	3:03.50	2:59.13	2:56.05	2:50.95	2:56.21	3:02.77	3:12.39	3:38.27	3:47.94	B		
IM / QNI	200	A	3:13.58	3:05.90	2:58.53	2:53.07	2:48.95	2:46.04	2:35.96	2:40.77	2:46.76	2:55.54	3:11.04	3:17.76	A	IM / QNI	200
		B	3:31.00	3:22.63	3:14.60	3:08.65	3:04.16	3:00.98	2:54.68	3:00.06	3:06.77	3:16.60	3:33.96	3:41.49	B		
	400	A	6:52.51	6:36.15	6:20.44	6:08.80	6:00.01	5:53.82	5:37.30	5:47.69	6:00.64	6:19.62	6:54.72	7:12.00	A		400
		B	7:29.64	7:11.80	6:54.68	6:41.99	6:32.41	6:25.66	6:17.78	6:29.41	6:43.92	7:05.17	7:44.49	8:03.84	B		

New Meet Requirements effective for all meets after Sept 1, 2026, using the 2026-2027 New Time Standards

Nouvelles exigences applicables à toutes les compétitions organisées après le 1er septembre 2026, selon les nouvelles normes de temps 2026-2027

Invitational – 14&U: 2 B times (one (1) must be in any IM event); 15&O: 2 B times in any event
MLTC – 1 B time in any event
LC Championship – 14&U: 1 A time in any IM event OR in any event 200m or longer; 15&O: 1 A time in any event
NB Open Cup – 14&U: 2 A times (one (1) must be in any IM event); 15&O: 2 A times in any event

invitation – 14 & - : 2 standards B (dont un (1) doit avoir été réalisé dans QNI); 15 ans et plus : 2 standards B dans n'importe quelle épreuve
MLTC – 1 t standards B dans n'importe quelle épreuve
Championnats en grand bassin – 14 & - : 1 standards A dans QNI OU dans n'importe quelle épreuve de 200 m ou plus; 15 & + : 1 standards A dans n'importe quelle épreuve
Coupe ouverte du Nouveau-Brunswick – 14 & - : 2 standards A (dont un (1) doit avoir été réalisé dans QNI); 15 & + : 2 standards A dans n'importe quelle épreuve