

Brief Meet Information

MEET NAME	Spring Fever 2025
DATE(s):	April 12, 2025
HOSTED BY:	SWOTT (Swim Ottawa)
LOCATION:	Brewer Pool, 151 Brewer Way, Ottawa, ON
FACILITY:	Short course; Manual timing.
PURPOSE & DESCRIPTION:	One session meet for 12&U and Para athletes. Events are all timed finals, where all ages and genders are seeded together from slowest to fastest. Results will be published according to the following age and gender categories: 9&U, 10, 11, 12, and Para events (open age events).
MEET PACKAGE:	The only meet package which will be considered as valid must be the most current version found on www.swimming.ca and the Swimming Canada Registration and Event Management System (REMS).
LAST UPDATE:	

Competition Organizing Committee

ROLE	NAME	EMAIL	LEVEL
COMPETITION COORDINATOR(S):	Christopher Ritchie	critchier1313@gmail.com	IV
MEET MANAGER(S):	Todd Williams Marybeth Creskey	meetmanager@swimottawa.ca marybeth.creskey@swimottawa.ca	
OFFICIALS COORDINATOR:	Reuben Ludmer	officialscoordinator@swimottawa.ca	

Safety at Competitions

Swimming Canada and Swim Ontario believes that athletes, coaches, officials, support staff and volunteers have the right to participate in a safe and inclusive sport environment that is free of abuse, harassment and discrimination.

Only Swimming Canada registered active participants (swimmers, officials, certified coaches and support staff for the meet), facility personnel and authorized Swim Ontario personnel are allowed on deck during the competition.

All participants in this event are reminded that they are bound by Swimming Canada and Swim Ontario Policies and Procedures, including but not limited, to Swimming Canada's General Code of Conduct, their Equity, Diversity and Inclusion Policy, their Harassment Policy and the [Swim Ontario Code of Conduct procedure](#) For more information regarding the [Swim Ontario Policies and Procedures](#) or Safe Sport please visit the Swim Ontario website <https://www.swimontario.com/sport-safety> or www.swimming.ca/safesport

The [Swim Ontario Concussion Management](#) & [Swimming Canada Event Photography and Videography](#) and Swim Ontario Event Photography procedures will be in effect. For complete details click [HERE](#).

Every club and its participants are responsible for ensuring all facility rules and requirements are followed.

Competition Rules

Sanctioned as an Age Group Swimming Invitational by Swim Ontario.

All current [Swimming Canada rules](#) will be followed.

All swimmers are permitted to race with the swimwear of their choosing at all competitions sanctioned by Swim Ontario provided the fabric of the swimwear is a permeable open mesh textile and would not reasonably be seen to create a technical advantage in terms of speed, buoyancy, or endurance.

Please note that [Swimming Canada Competition Warm-Up Safety Procedures](#) and Swim Ontario warm-up safety rules will be in effect. Details [HERE](#)

AGE UP DATE:	The competitor's age is as the first day of the competition April 12, 2025
DIVE STARTS:	As per the Facility Rules for Dive Starts, this competition Starts will be conducted as follows: <ul style="list-style-type: none"> <input checked="" type="checkbox"/> from Starting Platforms (blocks) as per World Aquatics II.4.1 and II.16.1.4 from <input checked="" type="checkbox"/> from deep end only
d/DEAF AND HARD OF HEARING ACCOMMODATION:	<p>This competition can provide the following accommodations for swimmers who are d/Deaf and Hard of hearing:</p> <ul style="list-style-type: none"> • non-verbal instruction provided by a support person from the swimmer's own club, who is registered in the REMS as support staff. • Visual Start hand signals given by the starter/referee. • Visual Start Strobe Light options <ul style="list-style-type: none"> <input checked="" type="checkbox"/> Facility-Provided Strobe Light: An external strobe light is available at this facility <input checked="" type="checkbox"/> Personal Strobe Light: a personal strobe light from the swimmer's own club may be used with advance notice to Meet Management to determine compatibility with the starter unit. <p>Clubs are to contact Meet Management by the <u>Entry Deadline</u> of the need for accommodations. Support Staff must be included in the submission of entries process.</p> <p>Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>

Eligibility

All athletes must be registered as Competitive swimmers with Swimming Canada and possess a valid Swimming Canada registration number. Entries submitted without a valid registration number and active status in the Swimming Canada Registration and Event Management System (REMS) at the time of the competition will be denied entry. It is the responsibility of the swimmer's club to provide proof of active registration status in REMS.

ADDITIONAL ELIGIBILITY INFORMATION:	<ul style="list-style-type: none"> <input checked="" type="checkbox"/> Preference will be given to the host club first. <input checked="" type="checkbox"/> Pre-competitive swimmers are welcome to attend without exceeding the maximum of 1 competition. Pre-competitive swimmers will compete as Exhibition and not be eligible for scoring or awards.
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COACH & SUPPORT STAFF REGISTRATION:	<p>Meet management will cross reference the list of coaches submitted with entries at this competition with the Swim Ontario Compliance lists. If a coach is not on this list, meet management is obligated to enforce the Swimming Canada policy and not permit that coach to attend the meet. Meet management will forward Swim Ontario a list of coaches who they have found to be in non-compliance.</p> <p>Swimmers must have a coach or designated coach (coach representative) in attendance during the meet including warm-up sessions.</p> <p>Clubs needing Support Staff for Para or d/Deaf/Hard of Hearing swimmers must register them in the Swimming Canada Registration and Event Management System (REMS) to access the deck at competitions. Support Staff must have active REMS registration and be included in the club's event entry. Those not listed in the entry submission will be denied deck access.</p>
FOREIGN TEAMS / COMPETITORS:	<p>The following applies to Teams and their competitors not affiliated with Swimming Canada. Swimmers registered as active with a Swimming Canada ID are considered domestic.</p> <p><input checked="" type="checkbox"/> Foreign Teams' / competitors' entries will not be accepted by the host club.</p>

Entry Process

ENTRY SUBMISSIONS:	<p>Entries must be submitted through the Swimming Canada Registration and Events System (REMS) and must include all attending coaches and support staff. Meet management will:</p> <ul style="list-style-type: none"> • not accept entries via email; • notify clubs within 48 hours of the online entry deadline regarding any rejected entries or required changes to entries; • notify clubs of any meet format changes or designated warm-up times at least 5 days (for TIER II sanctions) and 10 days (for TIER III & IV sanctions) prior to the start of the competition <p>Failure to inform meet management of a no-show / scratch prior to the deadline for changes to entries will result in loss of entry fees.</p> <p>Meet Management reserves the right to further limit individual swims per session and to limit heats if necessary to keep session times to within 4.5 hours.</p>
ENTRY DEADLINE:	<p>The online entry deadline is April 1, 2025</p> <p><input checked="" type="checkbox"/> Changes to entries will be accepted until April 7, 2025</p>
ENTRY FEE:	<p>The following fees will apply for this competition:</p> <p><input checked="" type="checkbox"/> Swimmer Fee: \$12 / event</p> <p><input checked="" type="checkbox"/> Relay Events: \$10 / team</p> <p>Payment Method: E-transfer to generalmanager@swimottawa.ca</p>
ENTRY LIMITS:	<p>The following limits are in place for this competition:</p> <p><input checked="" type="checkbox"/> The maximum number of participants per session is 200</p> <p><input checked="" type="checkbox"/> The maximum number of individual entries per swimmer is 4</p> <p><input checked="" type="checkbox"/> The maximum number of relay entries per swimmer is 1</p>

RELAY ENTRIES:	<p>Teams may move up no more than two (2) swimmers from a younger age category to fill a relay. A mixed relay must have 2 girls and 2 boys for 4x or 4 girls and 4 boys for 8x. No other combination is allowed. The first leg of a mixed relay is not an official time. Requests for official splits are not allowed for mixed relays.</p> <p><input checked="" type="checkbox"/> Relay swimmers must be entered in a non-relay event in order to compete.</p>
ENTRY TIMES & CONVERSION:	<p><input checked="" type="checkbox"/> No Time (NT) entries are not permitted.</p> <p><input checked="" type="checkbox"/> Estimate entry times are accepted.</p> <p><input checked="" type="checkbox"/> Entry Times can be converted (i.e. LCM to SCM)</p>

Schedule of Sessions

Session #	Date	Warm-up period	Start of session	Approx. Finish of session	Time Final/Heats /Finals
1	Apr 12, 2025	12:40pm - 1:30pm	1:35pm	5:00pm	Time Finals 12&U and Para

Meet Format & Administration

MIXED-GENDER:	<p>An exemption from the requirement to swim events in gender separated events due to limited time, developmental opportunities or facility requirements and/or due to a missed swim, where on an exception basis, a referee agrees to have the swimmer swim with a heat of an opposite gender event.</p> <p>In spite of these exemptions, any swimmer who achieves a record time at a competition that recognizes records at any level (regional, provincial, national etc, whether age group or open) will not be recognized for that record unless the coach has advised the referee prior to the start of the session that there is a possibility of the record being broken, and the referee ensures that the swimmer competes with competitors of the same gender for his/her heat.</p> <p>In the event that mixed gender swims are permitted, the results must still be posted separately by gender of swimmers.</p>
SEEDING:	<p>After all times are converted as pursuant to the conversion process:</p> <p><input checked="" type="checkbox"/> Seeding for Timed Final events will be in order of entry times, slowest to fastest. Swimmers entered with NT (no time) will be seeded last.</p>
DECK ENTRIES:	<p>All accepted Deck Entries are Exhibition Only and are not eligible for scoring or awards. No new heats will be created for deck entries (only empty lanes, if available). The following are the Deck Entry Rules for this competition:</p> <p><input checked="" type="checkbox"/> Only event deck entries are permitted for swimmers already entered in the competition.</p> <p><input checked="" type="checkbox"/> Fee: \$20</p>
RELAY NAME SUBMISSION:	<p>Relay Cards or Forms must be returned to the Admin Desk.</p> <p><input checked="" type="checkbox"/> The Relay Name submission deadline is 2:00pm.</p>
SCRATCHES & POSITIVE CHECK IN RULES:	<p>The following are the Scratch deadlines for this competition.</p> <p><input checked="" type="checkbox"/> There is a scratch deadline for:</p> <p><input checked="" type="checkbox"/> All events</p> <p><input checked="" type="checkbox"/> Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session.</p>

	The following are the Positive Check-in deadlines for this competition. <input checked="" type="checkbox"/> There is no positive check-in required for this competition.
PENALTIES:	<input checked="" type="checkbox"/> No penalty shall be imposed for late or day of scratches and No-Shows
OFFICIAL SPLIT TIMES:	Meet management requires that any coach wishing to rely on a time achieved by the swimmer for an interval shorter than the total distance of the event shall so advise the Referee at least 30 minutes prior to the commencement of the session in which the event will take place. <input checked="" type="checkbox"/> Not all Official Split requests can be accommodated.
SWIM OFFS:	None.
RECORDS:	<input checked="" type="checkbox"/> Swim times achieved at this competition will NOT be used for applications of provincial and national records.
MEET RESULTS:	Official Results will be posted within 48 hours of completion of the meet to www.swimming.ca <input checked="" type="checkbox"/> Unofficial Results will be posted at the meet. <input checked="" type="checkbox"/> Unofficial Meet Mobile applications results will be available.
SCORING:	The following scoring will be applied: <input checked="" type="checkbox"/> No Scoring
AWARDS:	The following will be awarded: <input checked="" type="checkbox"/> Individual award ribbons for top 6 in each age group and each event; Heat winner ribbons, Bell Ringer prizes for select heats / heat winners. Individual award ribbons for top 6 in each Para event, with heat winner ribbons.
ADDITIONAL INFORMATION:	Limited seating for spectators. Two spectators per swimmer recommended.

Schedule of Events

Session 1 Saturday, April 12, 2025 Warm-up: 12:40pm -- Start: 1:35pm	
Event Number	Stroke
1	Mixed 9&U 25 Freestyle
2	Mixed 12&U 50 Freestyle
301	Mixed Para 50 Freestyle
3	Mixed 9&U 25 Breaststroke
4	Mixed 12&U 50 Breaststroke
5	Mixed 9&U 25 Backstroke
302	Mixed Para 50 Backstroke
6	Mixed 12&U 50 Backstroke
7	Mixed 9&U 25 Butterfly
8	Mixed 12&U 50 Butterfly
101	Mixed 12&U 8 x 25 Freestyle Relay