2024 Christmas Cracker Swim Meet



Technical bulletin

Brewer Pool – December 1, 2024



# MEET ORGANIZERS

**Meet Managers:** Todd Williams and Marybeth Creskey

**Competition Coordinator:** William Van Straaten

**Officials Chair:** Reuben Ludmer

# MEET FORMAT

Swimming Canada rules will govern this meet. One session meet for 12&U and Para athletes. Events are all timed finals, where all ages and genders are seeded together from slowest to fastest. Results will be published according to the following age and gender categories: 9&U, 10, 11, 12, and Para events (open age events).

|  |  |
| --- | --- |
| Event Number | Stroke |
| 1 | Mixed 9&U *25 Freestyle* |
| 2 | Mixed 12&U *50 Freestyle* |
| 301 | Mixed Para *50 Freestyle* |
| 3 | Mixed 9&U *25 Breaststroke* |
| 4 | Mixed 12&U *50 Breaststroke* |
| 5 | Mixed 9&U *25 Backstroke* |
| 302 | Mixed Para *50 Backstroke* |
| 6 | Mixed 12&U *50 Backstroke* |

# TIMELINES

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Session #** | **Age Group** | **Warm-up** | **Session Start** | **Session End (estimate)** |
| 1 | All | 1) 12:15-12:40pm 2) 12:40-1:05pm | 1:10pm | 4:00pm |

# SCRATCHES

Scratches are to be made at the Admin Desk 30 minutes prior to the start of each session.

# DECK ENTRIES

Deck entries are permitted for swimmers already entered in the competition, and only if empty lanes are available, no new heats will be created. Deck entries are to be made at the Admin Desk 30 minutes prior to the start of each session. Deck entries will be marked EXHIBITION.

# OFFICIAL SPLITS

Official Split Forms are available at the Admin Desk. Requests are to be made at the Admin Desk 30 minutes prior to the start of each session. Not all Official Split requests can be accommodated.

# START / Finish protocol

Flyover starts required for all heats except Backstroke and PARA events (as required). Swimmers are to stay in the pool and only exit after the next heat starts.

# HEAT SHEETS AND RESULTS

Printed Heat Sheets will be posted and will be available for coaches at the Admin Desk. Results will be posted as soon as possible and will be available at https://swimottawa.ca/event/swott-12under-christmas-cracker and on Meet Mobile. No programs will be sold.

# FIRST AID and emergencies

There are lifeguards on duty for any problems that may occur. In the event of an emergency please follow instructions from lifeguards.

# POOL RULES

* Eating food is not permitted within 6 ft from the pool.
* Please throw garbage in the garbage/recycling bins.
* Swimmers should wear footwear in the Brewer Pool lobby and other non-aquatic areas of the facility.

# HOSPITALITY

Coaches, volunteers and officials are invited to the hospitality room, located on site. We will be serving snacks. We will not provide bottles of water during the meet, so please bring your own refillable bottle.

# CHANGE ROOMS AND LOCKERS

Lockers are available in the change rooms for free. You must bring your own lock. We are not responsible for theft, lost or misplaced items.

# WARM-UP

Swimmers and coaches must comply with the Competition Warm-Up Safety Procedure of Swimming Canada. These rules will be posted at both ends of the pool.

[Competition-warm-up-safety-procedures](https://www.swimming.ca/wp-content/uploads/2023/09/Swimming-Canada-Competition-Warm-Up-Safety-Procedures-2020.pdf)

During warm-ups, no swimmer shall dive except during the last 10 minutes in the assigned sprint lane(s). At that time, all swimmers will have to swim in one direction in the sprint lanes.

**Warm up** will be split into two 25-minute groups assigned by club

Warm Up #1 – 12:15pm-12:40pm – ABSC, CPWD, GSH, ROCS

Warm Up #2 – 12:40pm-1:05pm – SWOTT, CWAVE, PARA swimmers