



TRURO CENTURIONS

2025–2026 Annual General Meeting Report

A Season of Excellence, Growth, and Community

The 2025–2026 season will be remembered as one of the most successful and transformative years in the recent history of the Truro Centurions Swim Club. Throughout the year, our athletes, coaches, volunteers, officials, sponsors, and families came together to create an environment where performance, personal growth, and community engagement flourished. From record-breaking swims and program expansion to successful hosted competitions and increased community involvement, this season showcased the strength of our club and the exciting momentum we continue to build.

The accomplishments of our athletes and the continued growth of the club also earned recognition beyond the pool. Throughout the season, the Truro Centurions were featured in local media on multiple occasions, highlighting athlete achievements, innovative programming, club culture, and the positive impact our organization continues to have throughout the Truro community.

Athlete Performance and Development

Athlete development remains at the heart of everything we do, and this season produced remarkable results across all training groups. Through hard work, perseverance, and a commitment to continuous improvement, Centurion swimmers achieved an impressive **1,269 personal best performances**, broke **52 club records**, and established **11 new Nova Scotia provincial records**, including several records that had stood for decades.

These achievements are a testament not only to the dedication and resilience of our athletes but also to the expertise and vision of our coaching staff, who continue to foster an environment where athletes are encouraged to pursue excellence while enjoying the sport.

Coaching Leadership and Recognition

Under the leadership of Head Coach **Meghan Todd**, the club continued to strengthen its positive, athlete-centered culture focused on excellence, inclusion, and long-term development. Meghan's energy, enthusiasm, and unwavering commitment to her athletes have had a tremendous impact on the growth and success of the organization.

Her ability to inspire confidence, motivate athletes, and create an environment where swimmers feel supported, challenged, and valued has been instrumental to the success we experienced throughout the season. The club also benefits greatly from the dedication of our assistant coaches and junior assistant coaches, whose mentorship, leadership, and commitment contribute significantly to both athlete development and the overall strength of our programs.

The excellence of our coaching staff was recognized provincially when Meghan Todd received the **2025–2026 Development Coach of the Year Award**, an honour voted on by head coaches from swim clubs across Nova Scotia.

The club was equally proud to see President **Angela Hickox** recognized as the recipient of the **2025–2026 Volunteer of the Year Award**, acknowledging her exceptional leadership, dedication, and countless contributions to the continued success of the Truro Centurions Swim Club.

Program Growth and Innovation

A major highlight of the season was the introduction of the **Centurion Skills Program**, an initiative designed for young athletes interested in competitive swimming who are not yet ready to commit to a traditional swim team environment.

The program exceeded expectations, providing a welcoming pathway into the sport while helping participants build confidence, develop fundamental swimming skills, and experience the positive culture of the club. In addition to its impact on young swimmers, the initiative created valuable opportunities for junior coaches to strengthen their teaching, leadership, and mentorship abilities, helping develop the next generation of coaching talent within our organization.

The club also experienced significant growth within the **Nova Tech Graduate Training Group**, which doubled in size during the season. This growth reflects strong athlete retention and demonstrates our ability to provide meaningful opportunities for swimmers as they progress through and beyond traditional age-group programming. Across all levels of the club, athletes displayed increasing confidence, technical proficiency, resilience, and competitive maturity.

Building a Championship Culture

While athletic success was a defining feature of the year, the culture of the Truro Centurions remains one of our greatest achievements.

This commitment to sportsmanship and teamwork was recognized at Winter Provincials when the Truro Centurions received the **Team Spirit Award**. This honour reflects the core values that define our club: respect, encouragement, positivity, teamwork, and sportsmanship.

Our swimmers continue to demonstrate that excellence is measured not only by results but also by how we support one another, represent our club, and contribute to the broader swimming community.

Investing in Athlete Success

Throughout the season, the club made several strategic investments designed to enhance athlete development and strengthen program delivery.

New training equipment was purchased, including a waterproof heart-rate monitoring system, while additional resources were directed toward coach education and athlete programming. A new printer was also acquired to support club operations.

These investments ensure our athletes continue to benefit from modern training tools, high-quality coaching resources, and an environment that supports long-term success both in and out of the pool.

Hosting Exceptional Competitions

The Truro Centurions proudly hosted four successful competitions during the 2025–2026 season, welcoming athletes and families from across Nova Scotia.

Our signature **Candy Cane Invitational** attracted nearly 400 swimmers and remains one of the province's premier competitions. The **Nova Tech Explosion** continued to provide exceptional opportunities for developmental athletes, while the inaugural **12 & Under Festival** introduced an exciting new competitive experience focused on younger swimmers entering the sport.

The success of these events reflects the tremendous commitment of our volunteers and officials while further strengthening Truro's reputation as one of Nova Scotia's premier swimming event hosts.

Officials and Volunteers: The Foundation of Our Success

Our officials and volunteers continue to be the backbone of the Truro Centurions.

Whether serving on deck, organizing competitions, coordinating hospitality, timing races, fundraising, or supporting club events, their efforts make every aspect of our organization possible.

This year, under the leadership of Head Official **Pete Davis**, the club experienced substantial growth in officiating capacity. Pete's commitment to recruiting, onboarding, and supporting new officials encouraged many parents to become actively involved in competitive swimming, strengthening the club's ability to host high-quality events while ensuring the long-term sustainability of our programs.

We are sincerely grateful to every volunteer and official whose contributions make the athlete experience possible.

Community Engagement and Fundraising

Community engagement and fundraising continued to be areas of significant growth throughout the season.

A major highlight was the launch of a refreshed identity for **The Big Swim** under the theme "**Where Endurance Meets Community Strength**", supported by the hashtag **#fuelthelane**. The response from participants, sponsors, and community members exceeded expectations, resulting in substantial growth in participation and fundraising.

The success of the event demonstrated the tremendous support our community continues to show for local athletes and the opportunities the club provides.

The contributions of our sponsors continue to have a direct and meaningful impact on the athlete experience. Sponsor support helps fund equipment purchases, coach development opportunities, enhanced athlete programming, and future infrastructure initiatives. These partnerships play a critical role in the sustainability and continued growth of our club.

Giving Back

Giving back to our community remains an important part of the Centurion experience.

During the Candy Cane Invitational, athletes and families supported the local food bank through the collection of donations. Swimmers also participated in the annual community clean-up initiative, helping maintain the RECC grounds while demonstrating leadership, pride, and civic responsibility.

These initiatives reinforce the values of service, gratitude, and community involvement that are central to our club culture.

Celebrating Our Graduating Athletes

This season, we proudly celebrated the graduation of three exceptional senior athletes, affectionately known as "**The Big 3**": **Phoebe, Audrey, and Ava**. Each has continued their journey as part of varsity level sport, a reflection of their talent, commitment, and years of dedication to the sport.

Phoebe, Audrey, and Ava have each made a lasting contribution to the Truro Centurions through their leadership, mentorship, perseverance, and competitive excellence. Their impact extends well beyond their performances in the pool; they have helped shape the culture of the club and have set a strong example for younger athletes to follow.

We are grateful for the legacy they leave behind and wish them every success as they continue to grow, compete, and pursue new opportunities in the years ahead.

Looking Ahead

As preparations begin for the **Truro Centurions' 50th Anniversary in 2027**, we look forward to celebrating the athletes, coaches, volunteers, officials, parents, and supporters who have shaped our club over the past five decades.

A key initiative in the coming year will be the launch of a capital campaign to support the purchase of a new electronic scoreboard for the Wilson's Aquatic Centre at the RECC. This project will enhance the competition experience for athletes and spectators while strengthening Truro's capacity to host regional and provincial swimming events.

Closing Remarks

Thank you to Swim Nova Scotia for your continued support, leadership, and commitment to advancing the sport across the province.

The continued success of the Truro Centurions is built on the collective commitment of our athletes, coaches, volunteers, officials, sponsors, families, parents, and guardians. Your countless hours of volunteering, fundraising, travelling, organizing, timing, cheering, and supporting our athletes make everything we do possible.

With a strong foundation in athlete development, volunteer commitment, and community support, the Truro Centurions are well-positioned for continued growth and success. The achievements of the 2025–2026 season celebrate an extraordinary year and point to the exciting opportunities ahead.

Respectfully submitted,

**Angela Hickox, President
Truro Centurions Swim Club**