

Executive Meeting Minutes

09/29/2025

29 Sept 2025 / 7:00 PM / Google Meet

ATTENDEES

Francine Vickery (President), Jenny Gardiner (Vice President), Mariana Carrasco-Teja (Registrar), Adrienne Friesen (Treasurer), Alex Kouzas (Head Coach), Jessica McKenzie (Secretary)

ABSENT

Alex Fraser (Member at Large)

Minutes

Meeting called to order at 7:02

Acceptance of Agenda

Moved by Francine, accepted by all

Acceptance of Previous Meeting Minutes (28 July 2025)

Moved by Francine, accepted by all

Follow up from previous meeting

- no

Officer Reports

- President: nothing to report
- Vice President: working hard at getting new members in; sent our many invites; 1 new member; 9 that have said they'd like to do trial swims
- Treasurer: later
- Registrar: 47 swimmers; 35 purchased full year membership-> concern over if one swimmer registered or not, will figure it out
 - says "paid" but payout never received on Stripe so will need to follow up on PoolQueue
 - Mariana will ask if there was charge on swimmers card
 - short 8 swimmers
 - 2 people remaining the still need to register with SwimBC
- Secretary: nothing to report
- Head Coach:

New Business

- Waitlist management discussion
 - [link](#) to Mariana's awesome form
 - just need to put link on website that connects to form and Jen and Mariana will monitor
- Registration tracking doc - discuss what we need from this

document or if it can be discontinued

- tab laborious to fill out->Adrienne will delete (archive) [other sheet](#)
- [Mariana's PoolQueue](#) sheet may be more useful so will put on drive so have quick access to email addresses
- Budget review based on registration to date
 - ~\$5000 short for budget
 - be mindful of costs when booking pools for later in the season
- Pool request for pool next summer (Due early November)
 - McPherson?
 - will send out request and see what we get; can bring it forward at the AGM when have clearer idea what our options are; other option is to have AM swim at UBC
- Pool request for UBC (Due Oct 6)
 - will repeat request as previously
 - might be helpful to check in again about interest in morning swims->good time to introduce may be spring/summer sessions
- Coaches registrations in Swim BC
 - Mariana will email SwimBC: how do we deal with SwimBC registration of coaches that are also coaching somewhere else? Already registered with another club/swimming with another club
- Schedule the AGM
 - November 15th on the campus after practice @ 630
- Kyle's email
 - Time Trials - A low-stakes way for everyone to benchmark progress. For competitive swimmers, this looks like timed events (50, 100, 200, etc.). For non-competitive swimmers, it could be challenges like "how many laps in 10 minutes." It creates a safe space for those interested in competing, while giving everyone a way to see improvement.
 - Consistent Training Structure - With multiple part-time coaches, practices sometimes lack progression. I'd like to see us set up a system where one or two coaches oversee training cycles and progression, and assistant coaches deliver them with their own touch. This keeps practices consistent while still flexible. We could review the plan every 3-4 months to keep it fresh.
 - Meet Planning - Highlight a few targeted meets each season that athletes can work toward. This helps competitive swimmers stay focused and lets the rest of the team support them.
 - put it back to Kyle to propose a date...we're all open to picking an on-schedule practice and turning it into a time trial

ACTION ITEMS

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NEXT MEETING PLANNING

Scheduled for October 29, 2025 @630

MEETING ADJOURNMENT

Meeting was adjourned at 8:19