

## 12 Stream Training Schedule 2026-2027

| 12A | MONDAY         | TUESDAY        | WEDNESDAY      | THURSDAY        | FRIDAY         | SATURDAY       |
|-----|----------------|----------------|----------------|-----------------|----------------|----------------|
|     |                |                |                | 6:00-7:30am CH  |                |                |
|     |                |                |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     |                | 6:00-7:30pm UC | 6:00-7:00pm UC | 4:00-6:00pm CH  | 6:00-6:45pm UC | 4:30-6:00pm UC |
| 12B | MONDAY         | TUESDAY        | WEDNESDAY      | THURSDAY        | FRIDAY         | SATURDAY       |
|     |                | 6:00-7:30am CH |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     |                | 6:00-7:30pm UC | 6:00-7:00pm UC | 4:00-6:00pm CH  | 6:45-7:30pm UC | 4:30-6:00pm UC |
| 12C | MONDAY         | TUESDAY        | WEDNESDAY      | THURSDAY        | FRIDAY         | SATURDAY       |
|     |                |                |                | 6:00-7:30am CH  |                |                |
|     |                |                |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     | 6:00-7:30pm UC |                | 4:00-5:00pm SD | 5:45-7:00pm UC  | 6:00-7:30pm UC | 4:30-6:00pm UC |
| 12D | MONDAY         | TUESDAY        | WEDNESDAY      | THURSDAY        | FRIDAY         | SATURDAY       |
|     |                | 6:00-7:30am CH |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     |                |                |                |                 |                |                |
|     | 6:00-7:30pm UC |                | 5:00-6:00pm SD | 5:45 -7:00pm UC |                | 4:30-6:00pm UC |

UC – University of Calgary / CH – Churchill / SD - Shouldice

**As of July 17, 2026 – Land training TBC**