

12 A - February 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 UCSC GP
2 UCSC GP	3 Dryland 5:00pm 6:00 - 7:15pm UofC	4 6:00 - 7:00pm UofC	5 Dryland 5:00pm 6:00 - 7:15pm UofC	6 6:00am - 7:30am Churchill	7 6:00 - 7:30pm UofC	8 4:30 - 6:00pm UofC
9	10 Dryland 5:00pm 6:00 - 7:15pm UofC	11 6:00 - 7:00pm UofC	12 Dryland 5:00pm 6:00 - 7:15pm UofC	13 6:00am - 7:30am Churchill	14 6:00 - 7:30pm UofC	15 4:30 - 6:00pm UofC
16	17 NO Workout	18 6:00 - 7:00pm UofC	19 Dryland 5:00pm 6:00 - 7:15pm UofC	20 6:00am - 7:30am Churchill	21 5:00 - 6:15pm UofC	22 UCSC February Invitational
23 UCSC February Invitational	24 6:00 - 7:15pm UofC	24 6:00 - 7:00pm UofC	25 Dryland 5:00pm 6:00 - 7:15pm UofC	26 6:00am - 7:30am Churchill	27 6:00 - 7:30pm UofC	28

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)