

12 A - June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CSI	2 Dryland 5:00pm 6:00 - 7:15pm UofC	3 6:00 - 7:00pm UofC	4 Dryland 5:00pm 6:00 - 7:15pm UofC	5 6:00am - 7:30am Churchill	6 Trex Meet No workout	7 Trex Meet No workout
8 Trex meet	9 Dryland 5:00pm 6:00 - 7:15pm UofC	10 6:00 - 7:00pm UofC	11 Dryland 5:00pm 6:00 - 7:15pm UofC	12 6:00am - 7:30am Churchill	13 Festival - Lethbridge 6:00 - 7:30pm UofC	14 Festival - Lethbridge 4:30 - 6:00pm UofC
15 Festival - Lethbridge	16 Dryland 5:00pm 6:00 - 7:15pm UofC	17 6:00 - 7:00pm UofC	18 Dryland 5:00pm 6:00 - 7:15pm UofC	19 6:00am - 7:30am Churchill	20 Steve Brown Meet 6:00 - 7:30pm UofC	21 Steve Brown Meet 4:30 - 6:00pm UofC
22 Steve Brown Meet	23 Dryland 5:00pm 6:00 - 7:15pm UofC	24 6:00 - 7:00pm UofC	25 Team Champs 2	26 6:00am - 7:30am Churchill	27 SA Trials - Medicine Hat 6:00 - 7:30pm UofC	28 SA Trials - Medicine Hat 4:30 - 6:00pm UofC
29 SA Trials - Medicine Hat	30 Dryland 5:00pm 6:00 - 7:00pm UofC					

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)