

12 A - November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 NCSA Fall Invitational 6:00 - 7:30pm UofC	2 NCSA Fall Invitational 4:30 - 6:00pm UofC
3 NCSA Fall Invitational	4 Dryland 5:00pm 6:00 - 7:15pm UofC	5 6:00 - 7:00pm UofC	6 Dryland 5:00pm 6:00 - 7:15pm UofC	7 6:00am - 7:00am Churchill	8 6:00 - 7:30pm UofC	9 Cascade Speed Meet 4:30 - 6:00pm UofC
10 Cascade Speed Meet	11 4:00 - 5:00pm UofC	12 6:00 - 7:00pm UofC	13 Dryland 5:00pm 6:00 - 7:15pm UofC	14 6:00am - 7:00am Churchill	15 6:00 - 7:30pm UofC	16 4:30 - 6:00pm UofC
17 Dryland 5:00pm 6:00 - 7:15pm UofC	18 6:00 - 7:00pm UofC	19 Dryland 5:00pm 6:00 - 7:15pm UofC	20 6:00am - 7:00am Churchill	21 UCSC November Invitational	22 UCSC November Invitational	23
24 UCSC November Invitational	25 5:00 - 6:00pm UofC	26 6:00 - 7:00pm UofC	27 Dryland 5:00pm 6:00 - 7:15pm UofC	28 6:00am - 7:00am Churchill	29 6:00 - 7:30pm UofC	30 4:30 - 6:00pm UofC

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)