

12 B - March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 4:30 - 6:00pm UofC
2	3 Dryland - 5pm 6:00 - 7:15pm UofC	4 6:00am - 7:30am Churchill	5 6:00 - 7:15pm UofC	6 Dryland - 5pm 6:00 - 7:00pm UofC	7 6:00 - 7:30pm UofC SA Winter Provincial Trials	8 4:30 - 6:00pm UofC SA Winter Provincial Trials
9 SA Winter Provincial Trials	10 Dryland - 5pm 6:00 - 7:15pm UofC	11 6:00am - 7:30am Churchill	12 6:00 - 7:15pm UofC	13 Dryland - 5pm 6:00 - 7:00pm UofC	14 6:00 - 7:30pm UofC	15 3:00pm - 4:30pm UofC NCSA Spring Invitational
16 NCSA Spring Invitational	17 Dryland - 5pm 6:00 - 7:15pm UofC	18 6:00am - 7:30am Churchill	19 5:00 - 6:00pm UofC	20 Dryland - 5pm 6:00 - 7:00pm UofC SA Provincial Championships	21 5:00 - 6:00pm UofC SA Provincial Championships	22 No workout SA Provincial Championships
23 SA Provincial Championships	24 Training break	25 Training break	26 Training break	27 Training break	28 Training break	

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)