

12 B - November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 NCSA Fall Invitational 6:00 - 7:30pm UofC	2 NCSA Fall Invitational 4:30 - 6:00pm UofC
3 NCSA Fall Invitational	4 Dryland - 5pm 6:00 - 7:15pm UofC	5 6:00am - 7am Churchill	6 6:00 - 7:15pm UofC	7 Dryland - 5pm 6:00 - 7:00pm UofC	8 6:00 - 7:30pm UofC	9 Cascade Speed Meet 4:30 - 6:00pm UofC
10 Cascade Speed Meet	11 4:00 - 5:00pm UofC	12 6:00am - 7am Churchill	13 6:00 - 7:15pm UofC	14 Dryland - 5pm 6:00 - 7:00pm UofC	15 6:00 - 7:30pm UofC	16 4:30 - 6:00pm UofC
17 Dryland - 5pm 6:00 - 7:15pm UofC	18 6:00am - 7am Churchill	19 6:00 - 7:15pm UofC	20 Dryland - 5pm 6:00 - 7:00pm UofC	21 UCSC November Invitational	22 UCSC November Invitational	23 UCSC November Invitational
24 UCSC November Invitational	25 5:00 - 6:00pm UofC	26 6:00am - 7am Churchill	27 6:00 - 7:15pm UofC	28 Dryland - 5pm 6:00 - 7:00pm UofC	29 6:00 - 7:30pm UofC	30 4:30 - 6:00pm UofC

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)