

12 C - June 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
CSI	6:00 - 7:15pm UofC	Dryland - 5pm 6:00 - 7:00pm UofC	6:00 - 7:15pm UofC	6:00am - 7:30am Churchill	Trex meet No Workout	Trex meet No Workout
8	9	10	11	12	13	14
Trex meet	6:00 - 7:15pm UofC	Dryland - 5pm 6:00 - 7:00pm UofC	6:00 - 7:15pm UofC	6:00am - 7:30am Churchill	Festival _ Lethbridge 6:00 - 7:30pm UofC	Festival _ Lethbridge 4:30 - 6:00pm UofC
15	16	17	18	19	20	21
Festival _ Lethbridge	6:00 - 7:15pm UofC	Dryland - 5pm 6:00 - 7:00pm UofC	6:00 - 7:15pm UofC	6:00am - 7:30am Churchill	Steve Brown 6:00 - 7:30pm UofC	Steve Brown 4:30 - 6:00pm UofC
22	23	24	25	26	27	28
Steve Brown	6:00 - 7:15pm UofC	Dryland - 5pm 6:00 - 7:00pm UofC	Team Champs 2	6:00am - 7:30am Churchill	SA Trials - Medicine Hat Dryland - 5pm 6:00 - 7:30pm UofC	SA Trials - Medicine Hat 4:30 - 6:00pm UofC
29	30					
SA Trials - Medicine Hat	6:00 - 7:00pm UofC					

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)