12 D - May 2025						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				6:00 - 7:00pm UofC	2 Lethbridge meet	3 Lethbridge meet
4 Lethbridge meet	5	6:00am - 7:30am Churchill 6:00 - 7:00pm UofC	7 Dryland - 5pm 6:00 - 7:15pm UofC	6:00 - 7:00pm UofC	9 Dryland - 5pm 6:00 - 7:30pm UofC	10 4:30 - 6:00pm UofC
11		6:00am - 7:30am Churchill	Dryland - 5pm		Dryland - 5pm	17 4:30 - 6:00pm UofC
18		6:00am - 7:30am Churchill	21 UCSC Banquet		Dryland - 5pm	24 No workout
25	26	27 6:00am - 7:30am Churchill	28	29	30	31

Dryland - 5pm 6:00 - 7:15pm UofC

6:00 - 7:00pm UofC

6:00 - 7:00pm UofC

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)

Dryland - 5pm 6:00 - 7:30pm UofC

4:30 - 6:00pm UofC