

12 D - November 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 NCSA Fall Invitational 6:00 - 7:30pm UofC	2 NCSA Fall Invitational 4:30 - 6:00pm UofC
3 NCSA Fall Invitational	4	5 6:00am - 7:00am Churchill 6:00 - 7:00pm UofC	6 Dryland - 5pm 6:00 - 7:15pm UofC	7 6:00 - 7:00pm UofC	8 Dryland - 5pm 6:00 - 7:30pm UofC	9 4:30 - 6:00pm UofC
10	11	12 6:00am - 7:00am Churchill 6:00 - 7:00pm UofC	13 Dryland - 5pm 6:00 - 7:15pm UofC	14 6:00 - 7:00pm UofC	15 Dryland - 5pm 6:00 - 7:30pm UofC	16 4:30 - 6:00pm UofC
17	18	19 6:00am - 7:00am Churchill 6:00 - 7:00pm UofC	20 Dryland - 5pm 6:00 - 7:15pm UofC	21 6:00 - 7:00pm UofC	22 UCSC November Invitational	23 UCSC November Invitational
24 UCSC November Invitational	25	26 6:00am - 7:00am Churchill 6:00 - 7:00pm UofC	27 Dryland - 5pm 6:00 - 7:15pm UofC	28 6:00 - 7:00pm UofC	29 Dryland - 5pm 6:00 - 7:30pm UofC	30 4:30 - 6:00pm UofC

\* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)