



University of Calgary Swim Club Youth FitSwim

Rocky Ridge YMCA
Youth ages 11-17

Session 1:	September 11 – November 2*
Session 2:	November 6 – December 21
Session 3:	January 15 – March 7*
Session 4:	March 11 – May 2*
Session 5:	May 6 – June 27*

Training Times for all Sessions:

Mondays – Rocky Ridge YMCA
7:30 – 8:30pm

Tuesdays – Rocky Ridge YMCA
7:45pm – 8:45pm

Thursday – Rocky Ridge YMCA
7:00pm – 8:00pm

*No training October 9, February 19, April 1, May 20

Cost \$390.00 per session

Coaching provided by the University of Calgary Swim Club.
To register please email us at manager@calgaryswimming.com or
ucsc@ucalgary.ca
www.calgaryswimming.com