

University of  
Calgary Swim Club  
March 7-9, 2025

# 2025 Alberta Trials

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*Michael Phelps*

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You can't put a limit on anything. The more you dream, the farther you get. I can only control my own performance. If I do my best, then I can feel good at the end of the day.

## Let the Racing Commence

On Friday, the Dinos congregated on the deck at MNP. It was time to test the hard work from the past 6 months. While each swimmer had their own specific goals, it was clear that the UCSC swimmers came ready to race. Peak performance was targeted and as the afternoon progressed the Dinos were on track to achieve great things.



Racing yourself to a personal best, making it through to a second swim or achieving a new time standard were common goals. As swimmers discussed race strategies with their coaches it was clear the swimmers were focused and determined to perform at their best. Even if a race didn't go as planned the swimmers did an outstanding job analyzing their races, taking feedback and moving on to their next event.

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*Rocky Balboa*

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Every champion was once a contender that refused to give up.

## Qualify for Alberta Championships

### Achieving the Standard or Winning the Final

Many swimmers had the goal of making it through to the Alberta Championships in Edmonton. In order to do this, it's quite simple... get yourself the championship standard or race your heart out to win the final in your age group. Either of these methods punches your ticket to the meet.

Congratulations to the following swimmers for making the cut!

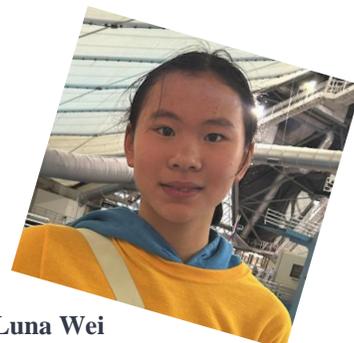
**Sophia  
Zhou**



**Shawn Chan**



**Luna Wei**



**Ezra Canji**



**Luyi  
Zong**



**Emmett  
McLean**



**Justin Nguyen**



**Griffin Hartwell**



**Maxim Kocsis-Illes**



**Danika Hirst**



**Isabelle Lam**



**Aiya Kinawi**



**Zhan  
Zhang**



**Jude Canji**



## **A Whole Club Effort**

As the waters settle and swimmers, coaches and parents settle back into their weekly routines., reflecting back on the weekend has nothing but positive outcomes. The University of Calgary Swim Club hosted an outstanding meet. A big thanks you to the parents for not only supporting our swimmers but coming together to produce a quality meet. For the swimmers, take the experience from the weekend to adjust or set new goals. “Being a great swimmer isn’t about winning, it’s about pushing your boundaries until the pool feels too small.”

**Well done Dinos! Stay strong and persist!**