

Club Records : Girls Short Course
Updated: October 6, 2025

	10&U	11	12	13	14	15	16	17	18&O	Open	
50 Free	28.60	27.70	27.44	26.49	26.29	25.43	25.43	25.71	25.03	25.03	50 Free
	Kristen Pomerleau (98)	Maxine Clark (20)	Teagan McKenzie (17)	Maxine Clark (22)	Eliza Housman (19)	Kamryn Cannings (21)	Kamryn Cannings (22)	Elizabeth Ling (19)	Rebecca Smith (23)	Rebecca Smith (23)	
100 Free	1:02.31	1:00.24	59.95	56.44	56.32	54.53	54.40	55.51	52.68	52.68	100 Free
	Maxine Clark (19)	Maxine Clark (19)	Teagan McKenzie (17)	Maxine Clark (21)	Maxine Clark (22)	Kamryn Cannings (21)	Kamryn Cannings (22)	Lindsay Delmar (10)	Rebecca Smith (22)	Rebecca Smith (22)	
200 Free	2:22.56	2:11.08	2:10.94	2:01.73	1:59.59	1:57.52	1:57.14	1:58.20	1:52.15	1:52.15	200 Free
	Kristen Pomerleau (98)	Maxine Clark (19)	XinYao Peng (21)	Maxine Clark (21)	Maxine Clark (22)	Kamryn Cannings (21)	Kamryn Cannings (22)	Lindsay Delmar (10)	Rebecca Smith (22)	Rebecca Smith (22)	
400 Free	5:03.77	4:44.28	4:37.00	4:21.15	4:16.50	4:11.64	4:13.13	4:11.87	4:05.91	4:05.91	400 Free
	Maxine Clark (18)	Maxine Clark (19)	Teagan McKenzie (17)	Maxine Clark (21)	Maxine Clark (22)	Kamryn Cannings (21)	Maxine Clark (24)	Lindsay Delmar (10)	Rebecca Smith (21)	Rebecca Smith (21)	
800 Free	11:14.95	9:38.83	9:37.89	9:08.98	8:49.00	8:34.32	8:43.35	8:47.41	8:27.48	8:27.48	800 Free
	Maxine Clark (18)	Maxine Clark (19)	XinYao Peng (21)	Kamryn Cannings (19)	Maxine Clark (22)	Erin Holland (88)	Erin Holland (89)	Erin Holland (91)	Danica Ludlow (18)	Danica Ludlow (18)	
1500 Free	21:05.10	19:34.83	18:36.31	17:29.82	17:16.07	16:31.56	17:00.69	16:55.25	16:27.96	16:27.96	1500 Free
	Jennifer Misurelli (03)	Kate Rendall (12)	Kate Rendall (13)	Maxine Clark (21)	Mandy Bell (02)	Erin Holland (89)	Erin Holland (90)	Erin Holland (91)	Erin Holland (89)	Erin Holland (89)	
50 Back	33.58	32.34	30.60	29.82	28.09	27.30	27.70	28.35	27.35	27.30	50 Back
	Maxine Clark (19)	Alexis Yuan (23)	Teagan McKenzie (17)	Alexis Yuan (24)	Hilary Guo (24)	Sienna Rodgers (23)	Sienna Rodgers (24)	Elizabeth Ling (19) Jordan Greber (23)	Hanna Kubas (09)	Sienna Rodgers (23)	
100 Back	1:11.50	1:08.22	1:05.59	1:03.66	1:02.05	59.17	59.34	59.60	56.88	56.88	100 Back
	Kirsten Pomerleau (98)	Alexis Yuan (23)	Teagan McKenzie (17)	Sienna Rodgers (21)	Sienna Rodgers (22)	Sienna Rodgers (23)	Sienna Rodgers (24)	Ella Varga (21)	Katy Murdoch (09)	Katy Murdoch (09)	
200 Back	2:33.00	2:26.17	2:20.69	2:17.19	2:15.48	2:12.83	2:13.72	2:06.79	2:03.31	2:03.31	200 Back
	Kirsten Pomerleau (98)	Courtney Zatylny (07)	Teagan McKenzie (17)	Teagan McKenzie (18)	Hilary Guo (24)	Teagan McKenzie (19)	Maria Cosic (23)	Ella Varga (21)	Katy Murdoch (09)	Katy Murdoch (09)	
50 Breast	38.33	36.99	34.98	33.27	32.76	32.00	32.21	31.49	30.20	30.20	50 Breast
	Cate McCord (03)	Jordan Lloyd (18)	Meghan Sutherland (23)	Callie Cardiff (24)	Hayleigh Haines (23)	Hayleigh Haines (24)	Katie Graboski (22)	Allison Long (09)	Alexanne Lepage (24)	Alexanne Lepage (24)	
100 Breast	1:24.96	1:20.06	1:14.91	1:12.39	1:11.77	1:09.99	1:10.40	1:08.00	1:05.30	1:05.30	100 Breast
	Cate McCord (03)	Evangeline Blais (97)	Michelle Hastings (84)	Hayleigh Haines (22)	Hayleigh Haines (23)	Hayleigh Haines (24)	Tara Sloan (96)	Tara Sloan (97)	Alexanne Lepage (24)	Alexanne Lepage (24)	
200 Breast	3:05.97	2:55.51	2:41.30	2:39.28	2:38.32	2:34.97	2:30.70	2:27.10	2:21.79	2:21.79	200 Breast
	Cate McCord (03)	Alicia L'Archeveque (16)	Michelle Hastings (84)	Meghan Sutherland (23)	Allison long (05)	Kelsey Crocker (12)	Tara Sloan (96)	Tara Sloan (97)	Alexanne Lepage (24)	Alexanne Lepage (24)	
50 Fly	31.12	29.61	29.43	28.00	28.10	27.09	26.31	27.22	25.79	25.79	50 Fly
	Maxine Clark (19)	Maxine Clark (19)	Kamryn Cannings (18)	Maxine Clark (22)	Maxine Clark (22)	Kamryn Cannings (21)	Kamryn Cannings (22)	Lindsay Delmar (10)	Rebecca Smith (21)	Rebecca Smith (21)	
100 Fly	1:08.67	1:06.13	1:05.46	1:01.23	1:00.72	58.97	58.73	59.42	57.14	57.14	100 Fly
	Maxine Clark (19)	Maxine Clark (19)	Kamryn Cannings (18)	Maxine Clark (21)	Maxine Clark (22)	Kamryn Cannings (21)	Kamryn Cannings (22)	Lindsay Delmar (10)	Rebecca Smith (21)	Rebecca Smith (21)	
200 Fly	2:46.75	2:27.82	2:27.67	2:15.89	2:13.59	2:10.14	2:10.07	2:10.74	2:10.74	2:10.07	200 Fly
	Maxine Clark (18)	Maxine Clark (18)	Michelle Hastings (84)	Kamryn Cannings (19)	Maxine Clark (22)	Kamryn Cannings (21)	Kamryn Cannings (22)	Lindsay Delmar (10)	Lindsay Delmar (10)	Kamryn Cannings (21)	
100 IM	1:12.69	1:11.34	1:09.62	1:04.44	1:05.11	1:05.00	1:03.17	1:03.24	59.37	59.37	100 IM
	Maxine Clark (19)	Alexis Yuan (23)	Mya Harrington (23)	Maxine Clark (22)	Maxine Clark (22)	Kimberly Song (18)	Kamryn Cannings (22)	Alicia L'Archeveque (21)	Erica Morningstar (11)	Erica Morningstar (11)	
200 IM	2:41.34	2:30.45	2:26.78	2:19.69	2:14.70	2:13.24	2:14.02	2:12.85	2:06.97	2:06.97	200 IM
	Maxine Clark (18)	Alexis Yuan (23)	Alexandra Lys (98)	Maxine Clark (21)	Maxine Clark (22)	Maxine Clark (23)	Maxine Clark (24)	Jordan Greber (23)	Erica Morningstar (11)	Erica Morningstar (11)	
400 IM	6:10.10	5:23.61	5:16.19	4:57.19	4:56.88	4:50.65	4:48.21	4:46.11	4:34.90	4:34.90	400 IM
	Haley Strange (08)	Maxine Clark (19)	Kelly Kaye (87)	Callie Cardiff (24)	Meghan Sutherland (24)	Rachel Wigginton (22)	Allison McCloy (15)	Rachel Wigginton (24)	Joanne Malar (99)	Joanne Malar (99)	
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**2025-2026
Records**



**Alberta
record**



**Canadian
Record**