

JUNE 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	UCSC TREX MEET at U of C	UCSC TREX MEET at U of C
8	UCSC TREX MEET at U of C	TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	SA FESTIVAL MEET in Lethbridge TREX A 3:00-4:30pm UofC TREX B 3:00-4:30pm UofC TREX C 3:00-4:30pm UofC
15	SA FESTIVAL MEET in Lethbridge	TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	TREX A 3:00-4:30pm UofC TREX B 3:00-4:30pm UofC TREX C 3:00-4:30pm UofC
22	TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	TEAM CHAMPS at U of C LAST DAY OF TREX 2024-2025 season HAPPY SUMMER everyone			
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* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)