MARCH 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 TREX A 3:00-4:30pm UofC TREX B 3:00-4:30pm UofC TREX C 3:00-4:30pm UofC
2	3 TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	4 TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	5 TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	6 TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	7	8 TREX A 3:00-4:30pm UofC TREX B 3:00-4:30pm UofC TREX C 3:00-4:30pm UofC
9	10 TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	11 TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	12 TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	13 TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	14 NCSA Spring Invite at Seton	15 NO PRACTICE NCSA Spring Invite at Seton
16 NCSA Spring Invite at Seton	17 TREX A 4:00-5:00pm FH TREX B 5:00-6:00pm FH	18 TREX A 5:00-6:00pm FH TREX C 4:00-5:00pm FH	19 TREX B 4:00-5:00pm FH TREX C 5:00-6:00pm FH	20 TREX A 4:20-5:20pm FH TREX B 5:00-6:00pm FH TREX C 4:00-5:00pm FH	21	22 NO PRACTICE - Spring Break begins
23	24 NO PRACTICE - Spring Break	25 NO PRACTICE - Spring Break	26 NO PRACTICE - Spring Break	27 NO PRACTICE - Spring Break	28	29 practice resumes on Monday March 31

* All workouts will be at the University of Calgary pool unless otherwise noted (CH= Churchill, SD=Shouldice, FH=Foothills)