

March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			26	27	28	1
					5:45am Activation 6:00am-7:30am UofC 4:00-5:00pm Weights (G1) UofC 5:00-6:00pm Weights (G2) UofC	OFF DAY (NO SWIM)
2	3	4	5	6	7	8
9:30am-10:30am Weights (G1) 10:30am-12:30am UofC 12:30pm-1:30pm Weights (G2)	No Swim (Off)	3:45pm Activation 4:00-6:00pm CH	5:15am Activation 5:30am-7:30am UofC 3:45pm Activation 4:00-6:00pm SD	3:45pm Activation 4:00-6:00 CH	5:15am Activation 5:30am-7:30am UofC (WITH ND) 4:00pm-5:00pm Weights UofC PROVINCIAL TRIALS	PROVINCIAL TRIALS
9	10	11	12	13	14	15
9:30am-10:30am Weights (G1) 10:30am-12:30pm UofC 12:30pm-1:30pm Weights (G2)	No Swim (Off)	3:45pm Activation 4:00-6:00pm CH	5:45am Activation 6:00am-7:30am UofC 3:45pm Activation 4:00-6:00pm SD	3:45pm Activation 4:00-6:00pm CH	5:45am Activation 6:00am-7:30am UofC 4:00-5:00pm Weights (G1) 5:00-6:00pm Weights (G2)	LETHBRIDGE PRONGHORN
16	17	18	19	20	21	22
9:30am-10:30am Weights (G1) 10:30am-12:30pm UofC 12:30pm-1:30pm Weights (G2)	No Swim (Off)	3:45pm Activation 4:00-6:00pm CH	NO AM (OFF) TRAVEL TO EDM DAY	LAST DAY BEFORE SPRING BREAK (NOT IN EDM) 3:45pm Activation 4:00-6:00pm CH	PROVINCIAL CHAMPS	PROVINCIAL CHAMPS
23	24	25	26	27	28	29
LETHBRIDGE PRONGHORN	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
PROVINCIAL CHAMPS						

UC = University of Calgary, CH= Churchill, SD=Shouldice, FH=Foothills)