



NATIONAL DEVELOPMENT SCHEDULE 2025-2026

NATIONAL DEV	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	5:30-7:30am UC	5:30-7:30am UC			5:30-7:30am UC	7:30-9:15am UC
						Weights 9:15-10:15am
		Weights 5:00-6:00pm				
		6:00-7:30pm UC	4:00-5:30pm UC	4:00-5:30pm UC	6:00-7:30pm UC	
				Weights 5:45-7:00pm		